

BETHLEHEM POOL SCHEDULE

May

Monday		
Time	Program	Lanes
5-6 AM	Master's Swim	All Lanes
6-8 AM	Lap Swim	L 1-3
6-8 AM	PWW	L 4
8-8:30 AM	Lap Swim	L 1-2
8-8:30 AM	PWW	L 3-4
8:30-9:15 AM	Lap Swim	L 1
8:30-9:15 AM	PWW	L 2-4
9:15-10:30 AM	Lap Swim	L 1-2
9:15-10:30 AM	PWW	L 3-4
10:30-11:15 AM	Aqua Stretch	All Lanes
11:15 AM-12:30 PM	Lap Swim	L 1-2
11:15 AM-12:30 PM	Family Swim	L 3-4
12:30-3 PM	POOL CLOSED	All Lanes
3-5 PM	Lap Swim	L 1-3
3-5 PM	PWW	L 4
5:30-8 PM	Swim Team	L 1-3
5-8 PM	Private Lesson	L 4
8-8:30 PM	POOL CLOSED	All Lanes

Wednesday		
Time	Program	Lanes
5-6 AM	Master's Swim	All Lanes
6-8:30 AM	Lap Swim	L 1-3
6-8:30 AM	PWW	L 4
8:30-10:15 AM	Lap Swim	L 1
8:30-9:15 AM	Aqua Deep Water	L 2-4
9:30-10:15 AM	Aqua Fitness	L 2-4
10:30-11:15 AM	Aqua Stretch	All Lanes
11:15 AM-12:30 PM	Lap Swim	L 1-3
11:15 AM-12:30 PM	PWW	L 4
12:30-3 PM	POOL CLOSED	All Lanes
3-5 PM	Lap Swim	L 1-3
3-5 PM	PWW	L 4
5:30-8 PM	Swim Team	L 1-3
5-8 PM	Private Lesson	L 4
8-8:30 PM	POOL CLOSED	All Lanes

Friday		
Time	Program	Lanes
5-6 AM	Master's Swim	All Lanes
6-8:30 AM	Lap Swim	L 1-3
6-8:30 AM	PWW	L 4
8:30-9:15 AM	Lap Swim	L 1
8:30-9:15 AM	Aqua Deep Water	L 2-4
9:30-10:15 AM	Lap Swim	L 1
9:30-10:15 AM	Aqua Fitness	L 2-4
10:30-11:15 AM	Aqua Stretch	All Lanes
11:15 AM-12:30 PM	Lap Swim	L 1-2
11:15 AM-12:30 PM	Family Swim	L 3-4
12:30-8:30 PM	POOL CLOSED	All Lanes

Tuesday		
Time	Program	Lanes
5-7 AM	Master's Swim	All Lanes
7-9:30 AM	Lap Swim	L 1-3
7-9:30 AM	PWW	L 4
9:30 AM-1 PM	POOL CLOSED	All Lanes
1-4 PM	Lap Swim	L 1-2
1-4 PM	PWW	L 3-4
4-4:45 PM	Lap Swim	L 1-2
4-4:45 PM	Family Swim	L 3-4
4:45-6:15 PM	Closed for Programs	All Lanes
6:15-7 PM	Lap Swim	L 1
6:15-7 PM	Aqua Blast	L 2-4
7-8:30 PM	Lap Swim	All Lanes

Thursday		
Time	Program	Lanes
5-7 AM	Master's Swim	All Lanes
7-9:30 AM	Lap Swim	L 1-3
7-9:30 AM	PWW	L 4
9:30 AM-1 PM	POOL CLOSED	All Lanes
1-4:30 PM	Lap Swim	L 1-2
1-4:30 PM	PWW	L 3-4
4:30-5:55 PM	Closed for Programs	All Lanes
5:55-7 PM	Lap Swim	L 1
6:15-7 PM	Aqua Blast	L 2-4
7-8:30 PM	Lap Swim	All Lanes

Saturday		
Time	Program	Lanes
7-9 AM	Lap Swim	L 1-3
7-9 AM	PWW	L 4
9-11:45 AM	Closed for Programs	All Lanes
11:45 AM-1:30 PM	Lap Swim	L 1-2
11:45 AM-1:30 PM	Family Swim	L 3
11:45 AM-2:30 PM	Private Lesson	L 4
1:30-2:30 PM	Lap Swim	L 1-2
1:30-2:30 PM	Pool Rentals	L 3-4

Sunday		
Time	Program	Lanes
All Day	POOL CLOSED	All Lanes

ONE TIME POOL EVENTS		
5/1-5/3	Lifeguard Class	2 Lanes
5/22, 5/24, 5/31	Lifeguard Class	2 Lanes

Key		
Lap Swim: Generally reserved for swimmers 12+ using the lane productively		
Personal Water Workout (PWW): Independent water walking, jogging, or aqua fitness		
OPEN SWIM: Lanes are available for all types of swimmers including lap swimmers, aqua jogging, and families. During open swim, please share lanes with swimmers doing similar activities.		
Family Swim: Lap lanes are removed aside from safety lines. Open space is available for swimmers of all ages to swim recreationally.		

Children 12 and younger must participate in a swimming skills assessment and will be provided a colored wristband based on their swimming ability. Once tested, each time a child comes into the Y for open or family swim they will need to acquire their color-appropriate wristband from the Welcome Center when checking in. For additional information, please review our [Test, Mark, Protect Parent Guidelines](#).

IMPORTANT NOTE: While we try to adhere to this schedule, it may change due to unexpected circumstances. If programs are not running, such as swim team or private lessons, those lanes will be available for lap swim.

We apologize for the scheduled pool closures and encourage members to find an alternative time to use our pools. Please see the grid below for the current Lehigh Valley Region pool schedule. Detailed pool schedules for all River Crossing YMCA branches are available online at www.ymcarivercrossing.org.