

# FAIRLESS HILLS POOL SCHEDULE

MAY

| Monday        |                      |           |
|---------------|----------------------|-----------|
| Time          | Program              | Lanes     |
| 5-7:55 AM     | Lap Swim             | L 1-4     |
| 5-7:55 AM     | PWW                  | L 5-6     |
| 8-9 AM        | Lap Swim             | L 1-2     |
| 8-8:45 AM     | Aqua Deep Water      | L 3-6     |
| 9-10 AM       | Lap Swim             | L 1-2     |
| 9-9:45 AM     | Aqua Aerobics        | L 3-6     |
| 10 AM-3:45 PM | Private Swim Lessons | L 1       |
| 10 AM-3:45 PM | Open Swim            | L 2-6     |
| 3:45-7:45 PM  | Closed for Programs  | All Lanes |
| 7:45-8:30 PM  | Lap Swim             | L 1-3     |
| 7:45-8:30 PM  | Open Swim            | L 4-6     |

| Thursday      |                      |           |
|---------------|----------------------|-----------|
| Time          | Program              | Lanes     |
| 5-7:55 AM     | Lap Swim             | L 1-4     |
| 5-7:55 AM     | PWW                  | L 5-6     |
| 8-9 AM        | Lap Swim             | L 1-2     |
| 8-8:45 AM     | Aqua Aerobics        | L 3-6     |
| 9-10 AM       | Lap Swim             | L 1-2     |
| 9-9:45 AM     | Aqua Interval        | L 3-6     |
| 10 AM-3:45 PM | Private Swim Lessons | L 1       |
| 10 AM-3:45 PM | Open Swim            | L 2-6     |
| 3:45-7:45 PM  | Closed for Programs  | All Lanes |
| 7:45-8:30 PM  | Lap Swim             | L 1-3     |
| 7:45-8:30 PM  | Open Swim            | L 4-6     |

| Sunday       |                      |       |
|--------------|----------------------|-------|
| Time         | Program              | Lanes |
| 7-9AM        | Lap Swim             | L 1-4 |
| 7-9AM        | PWW                  | L 5-6 |
| 9 AM-12 PM   | Lifeguard Training   | L 1-2 |
| 9 AM-12 PM   | Lap Swim             | L 3-6 |
| 9 AM-5:30 PM | Private Swim Lessons | L 1   |
| 12-4 PM      | Lap Swim             | L 2-3 |
| 12-4 PM      | Family Swim          | L 4-6 |
| 4-5:30 PM    | Lap Swim             | L 2-6 |

| Tuesday       |                                  |           |
|---------------|----------------------------------|-----------|
| Time          | Program                          | Lanes     |
| 5-7:55 AM     | Lap Swim                         | L 1-4     |
| 5-7:55 AM     | PWW                              | L 5-6     |
| 8-9 AM        | Lap Swim                         | L 1-2     |
| 8-8:45 AM     | Aqua Aerobics                    | L 3-6     |
| 9-10 AM       | Lap Swim                         | L 1-2     |
| 9-9:45 AM     | Aqua Interval                    | L 3-6     |
| 10 AM-3:45 PM | Private Swim Lessons             | L 1       |
| 10 AM-3:45 PM | Open Swim                        | L 2-6     |
| 3:45-7:45 PM  | Closed for Programs              | All Lanes |
| 7-7:45 PM     | Swim Team & Private Swim Lessons | L 1-3     |
| 7-7:45 PM     | Aqua Zumba                       | L 4-6     |
| 7:45-8:30 PM  | Lap Swim                         | L 1-3     |
| 7:45-8:30 PM  | Open Swim                        | L 2-6     |

| Friday        |                                   |       |
|---------------|-----------------------------------|-------|
| Time          | Program                           | Lanes |
| 5-7:55 AM     | Lap Swim                          | L 1-4 |
| 5-7:55 AM     | PWW                               | L 5-6 |
| 8-9 AM        | Lap Swim                          | L 1-2 |
| 8-8:45 AM     | Aqua Deep Water                   | L 3-6 |
| 9-10 AM       | Lap Swim                          | L 1-2 |
| 9-9:45 AM     | Aqua Aerobics                     | L 3-6 |
| 10 AM-3:45 PM | Private Swim Lessons              | L 1   |
| 10 AM-3:45 PM | Open Swim                         | L 2-6 |
| 3:45-6 PM     | Private Swim Lessons              | L 6   |
| 3:45-6 PM     | Lap Swim                          | L 4-5 |
| 6-8:30 PM     | Family Swim                       | L 4-6 |
| 3:45-8:30 PM  | Swim Team & Lifeguarding Training | L 1-3 |

| Key                                  |  |
|--------------------------------------|--|
| <b>Lap Swim:</b>                     | Generally reserved for children 12+ using the lane productively  |
| <b>Personal Water Workout (PWW):</b> | Independent water walking, jogging, or aqua fitness  |
| <b>OPEN SWIM:</b>                    | Lanes are available for all types of swimmers including lap swimmers, aqua jogging, and families. During open swim, please share lanes with swimmers doing similar activities. |
| <b>Family Swim:</b>                  | Lap lanes are removed aside from safety lines. Open space is available for swimmers of all ages to swim recreationally.  |

| Wednesday      |                              |           |
|----------------|------------------------------|-----------|
| Time           | Program                      | Lanes     |
| 5-7:55 AM      | Lap Swim                     | L 1-4     |
| 5-7:55 AM      | PWW                          | L 5-6     |
| 8-9 AM         | Lap Swim                     | L 1-2     |
| 8-8:45 AM      | Aqua Deep Water              | L 3-6     |
| 9-10 AM        | Lap Swim                     | L 1-2     |
| 9-9:45 AM      | Aqua Aerobics                | L 3-6     |
| 10 AM-3:45 PM  | Group & Private Swim Lessons | L 1       |
| 10 AM-12:10 PM | Open Swim                    | L 2-6     |
| 12:15-1 PM     | Silver Sneakers Splash       | L 3-6     |
| 12:15-1 PM     | Lap Swim                     | L 1-2     |
| 1-3:45 PM      | Open Swim                    | L 2-6     |
| 1-3:45 PM      | Private Swim Lessons         | L 1       |
| 3:45-7:45 PM   | Closed for Programs          | All Lanes |
| 7:45-8:30 PM   | Lap Swim                     | L 1-3     |
| 7:45-8:30 PM   | Open Swim                    | L 4-6     |

| Saturday     |   |           |
|--------------|---|-----------|
| Time         | Program                                   | Lanes     |
| 7-7:55 AM    | Lap Swim                                  | L 1-4     |
| 7-7:55 AM    | PWW                                       | L 5-6     |
| 8-8:45 AM    | Swim Team & Private Swim Lessons          | L 1-3     |
| 8-8:45 AM    | Aqua Zumba                                | L 4-6     |
| 8:45 AM-1 PM | Closed for Programs                       | All Lanes |
| 1-5:30 PM    | Lifeguard Training & Private Swim Lessons | L 1-2     |
| 1-5:30 PM    | Lap Swim                                  | L 3       |
| 1-5:30 PM    | Family Swim                               | L 4-6     |

| ONE TIME POOL CLOSURES |  |       |
|------------------------|--|-------|
| Time                   | Date   | Lanes |
| 1-5:30 PM              | <b>Fox Lifeguard Course on May 2</b>             | L 1-2 |
| 1-5:30 PM              | <b>Fox Lifeguard Course on May 3</b>             | L 1-2 |
| 6 - 8:30 PM            | <b>Swim Team: Friday Night Splash on May 8</b>   | L 1-6 |
| 1-5:30 PM              | <b>Fox Lifeguard Course on May 9</b>             | L 1-2 |
| 1-5:30 PM              | <b>Fox Lifeguard Course on May 10</b>            | L 1-2 |
| 7 AM - 5:30 PM         | <b>Branch is CLOSED on May 25 (Memorial Day)</b> | L 1-6 |
| 9 AM-5:30 PM           | <b>Lifeguard Training on May 30</b>              | L 1-2 |

**Children 12 and younger must participate in a swimming skills assessment** and will be provided a colored wristband based on their swimming ability. Once tested, each time a child comes into the Y for open or family swim they will need to acquire their color-appropriate wristband from the Welcome Center when checking in. For additional information, please review our [Test, Mark, Protect Parent Guidelines](#).

**IMPORTANT NOTE:** While we try to adhere to this schedule, it may change due to unexpected circumstances. If programs are not running, such as swim team or private lessons, those lanes will be available for lap swim.

Pool schedules for River Crossing YMCA branches are available online at [www.ymcarivercrossing.org](http://www.ymcarivercrossing.org)