

SLATE BELT POOL SCHEDULE

March

Monday		
Time	Program	Lanes
6-8:15 AM	Lap Swim	L 1-4
6-8:15 AM	PWW	L 5-6
8:15-10 AM	Lap Swim	L 1-3
8:15-9 AM	Aquacise	L 4-6
9:15-10 AM	Aquacise	L 4-6
10 AM-12:30 PM	Lap Swim	L 2-4
10 AM-12:30 PM	Private Lessons	L 1
10 AM-12:30 PM	Open Swim	L 5-6
12:30-4:45 PM	POOL CLOSED	All Lanes
4:45-5:30 PM	Aqua Fitness	L 4-6
5-7 PM	Swim Lessons	L 1-3
7-8:30 PM	POOL CLOSED	All Lanes

Wednesday		
Time	Program	Lanes
6-8:15 AM	Lap Swim	L 1-4
6-8:15 AM	PWW	L 5-6
8:15-10 AM	Lap Swim	L 1-3
8:15-9 AM	Aquacise	L 4-6
9:15-10 AM	Aquacise	L 4-6
10 AM-12:30 PM	Lap Swim	L 2-4
10 AM-12:30 PM	Private Lessons	L 1
10 AM-12:30 PM	Open Swim	L 5-6
12:30-4:45 PM	POOL CLOSED	All Lanes
5-7 PM	Swim Lessons	All Lanes
7-8:30 PM	POOL CLOSED	All Lanes

Friday		
Time	Program	Lanes
6 AM-3 PM	POOL CLOSED	All Lanes
3-7 PM	Lap Swim	L 1-3
3-7 PM	Family Swim	L 4-6
7-8:30 PM	POOL CLOSED	All Lanes

Saturday		
Time	Program	Lanes
All Day	POOL CLOSED	All Lanes

Children 12 and younger must participate in a swimming skills assessment and will be provided a colored wristband based on their swimming ability. Once tested, each time a child comes into the Y for open or family swim they will need to acquire their color-appropriate wristband from the Welcome Center when checking in. For additional information, please review our [Test, Mark, Protect Parent Guidelines](#).

IMPORTANT NOTE: While we try to adhere to this schedule, it may change due to unexpected circumstances. If programs are not running, such as swim team or private lessons, those lanes will be available for lap swim.

Tuesday		
Time	Program	Lanes
6 AM-1 PM	POOL CLOSED	All Lanes
1-6 PM	Lap Swim	L 2-4
1-8:30 PM	Private Lessons	L 1
1-6:00 PM	Open Swim	L 5-6
6-6:45 PM	PWW	L 4-6
6-6:45 PM	Lap Swim	L 2-3
6:45-8:30 PM	Lap Swim	L 2-4
6:45-8:30 PM	Open Swim	L 5-6

Thursday		
Time	Program	Lanes
6 AM-1 PM	POOL CLOSED	All Lanes
1-4:45 PM	Lap Swim	L 2-4
1-4:45 PM	Open Swim	L 5-6
1-8:30 PM	Private Lessons	L 1
4:45-6:45 PM	Lap Swim	L 2-3
4:45-5:30 PM	Aqua Step	L 4-6
5:30-6 PM	Open Swim	L 4-6
6-6:45 PM	PWW	L 4-6
6:45-8:30 PM	Lap Swim	L 2-4
6:45-8:30 PM	Open Swim	L 5-6

Sunday		
Time	Program	Lanes
7-11:30 AM	Lap Swim	L 2-4
7-11:30 AM	Private Lessons	L 1
7-11:30 AM	Open Swim	L 5-6
11:30 AM-12:15 PM	Lap Swim	L 1-3
11:30 AM-12:15 PM	Aqua Step <i>Pop Up Only**</i>	L 4-6
12:15-2:30 PM	Lap Swim	L 1-4
12:15-2:30 PM	Family Swim	L 5-6

Key
Lap Swim: Generally reserved for swimmers 12+ using the lane productively
Personal Water Workout (PWW): Independent water walking, jogging, or aqua fitness
OPEN SWIM: Lanes are available for all types of swimmers including lap swimmers, aqua jogging, and families. During open swim, please share lanes with swimmers doing similar activities.
Family Swim: Lap lanes are removed aside from safety lines. Open space is available for swimmers of all ages to swim recreationally.
Pop Up Only: Pop up only group exercise classes are scheduled on a monthly basis and will not occur every Sunday. Dates will be provided on a flyer at the Welcome Center and posted to the monthly schedule once confirmed.

We apologize for the scheduled pool closures and encourage members to find an alternative time to use our pools. Please see the grid below for the current Lehigh Valley Region pool schedule. Detailed pool schedules for all River Crossing YMCA branches are available online at www.ymcarivercrossing.org.