Wednesday 12/24			
Time	Program	Lanes	
5 AM-12:30 PM	Lap Swim	L 1-5	
5 AM-12:30 PM	PWW	L 6	
Pool closes at 12:30 PM. Building closes at 1 PM			

Thursday 12/25		
Time	Program	Lanes
	POOL & BUILDING CLOSED	

Friday 12/26			
Time	Program	Lanes	
5 AM-2:30 PM	Lap Swim	L 2-5	
5 AM-2:30 PM	PWW	L 6	
5 AM-3 PM	Private Lessons	L 1	
3-5 PM	QCSD Swim Team	L 1-5	
3-5 PM	Lap Swim	L 6	
5-8 PM	Private Lessons & Swim Team	L1; L3-6	
5-8 PM	Lap Swim	L 2	
8-8:30 PM	Lap Swim	All Lanes	

Saturday 12/27			
Time	Program	Lanes	
7-8:45 AM	Lap Swim	L 1-2	
7-8:45 AM	Swim Team	L 3-6	
9 AM-1:30 PM	Lap Swim	L 1-5	
9 AM-1:30 PM	PWW	L 6	
1:30-4:30 PM	Lap Swim	L 1-4	
1:30-4:30 PM	Family Swim	L 5-6	
4:30-5:30 PM	Lap Swim	L 1-5	
4:30-5:30 PM	PWW	L 6	

Sunday 12/28			
Time	Program	Lanes	
7-9 AM	Lap Swim	L 1-5	
7 AM-1:30 PM	PWW	L 6	
9 AM-2 PM	Lap Swim	L 2-5	
9 AM-2 PM	Private Lessons	L 1	
2-4:30 PM	Lap Swim	L 1-4	
1:30-4:30 PM	Family Swim	L 5-6	
4:30-5:30 PM	Lap Swim	L 1-5	
4:30-5:30 PM	PWW	L 6	

Key

Lap Swim: Generally reserved for swimmers 12+ using the lane productively

Personal Water Workout (PWW): Independent water walking, jogging, or aqua fitness

OPEN SWIM: Lanes are available for all types of swimmers including lap swimmers, aqua jogging, and families. During open swim, please share lanes with swimmers doing similar activities.

Family Swim: Lap lanes are removed aside from safety lines. Open space is available for swimmers of all ages to swim recreationally.

Monday 12/29			
Time	Program	Lanes	
5 AM-12 PM	Lap Swim	L 1-5	
5 AM-12 PM	PWW	L 6	
12-1 PM	Lap Swim	L 1-2	
12-1 PM	Aqua Zumba	L 3-6	
1-2:30 PM	Lap Swim	L 2-5	
1-2:30 PM	PWW	L 6	
1-2:30 PM	Private Lessons	L 1	
2:30-3 PM	Lap Swim	L 1-5	
3-5 PM	QCSD Swim Team	L 1-5	
3-5 PM	Lap Swim	L 6	
5-7:30 PM	Private Lessons	L 1	
5-8 PM	Swim Team	L 3-6	
5-7:30 PM	Lap Swim	L 2	
7:30-8:30 PM	Masters Swim	L 3-6	
8-8:30 PM	Lap Swim	L 1-2	

Tuesday 12/30			
Time	Program	Lanes	
5-6:30 AM	Lap Swim	L 1-3	
5-6:30 AM	CBR Swim Team	L 4-5	
5-8:55 AM	PWW	L 6	
6:30-9 AM	Lap Swim	L 1-5	
9-10:00 AM	Lap Swim	L 1	
9-9:45 AM	Aqua Interval	L 2-6	
10-11 AM	Lap Swim	L 1-3	
10-11 AM	PWW	L 4-6	
11 AM-3 PM	Lap Swim	L 2-5	
11 AM-3 PM	PWW	L 6	
11 AM-3 PM	Private Lessons	L 1	
3-5 PM	QCSD Swim Team	L 1-5	
3-5 PM	Lap Swim	L 6	
5-8:30 PM	Private Lessons	L 1	
5-8 PM	Swim Team	L 3-6	
5-8 PM	Lap Swim	L 2	
8-8:30 PM	Lap Swim	L 1-5	
8-8:30 PM	PWW	L 6	

Wednesday 12/31			
Time	Program	Lanes	
5 AM-12:30 PM	Lap Swim	L 1-5	
5 AM-12:30 PM	PWW	L 6	
Pool closes at 12:30 PM. Building closes at 1 PM			

Children 12 and younger must participate in a swimming skills assessment and will be provided a colored wristband based on their swimming ability. Once tested, each time a child comes into the Y for open or family swim they will need to acquire their color-appropriate wristband from the Welcome Center when checking in. For additional information, please review our Test, Mark, Protect Parent Guidelines.

IMPORTANT NOTE: While we try to adhere to this schedule, it may change due to unexpected circumstances. If programs are not running, such as swim team or private lessons, those lanes will be available for lap swim.

Thursday 1/1			
Time	Program	Lanes	
8 AM-12:30 PM	Lap Swim	L 1-5	
8 AM-12:30 PM	PWW	L 6	
Pool closes at 12:30 PM. Building closes at 1 PM			

Friday 1/2			
Time	Program	Lanes	
5-8:55 AM	Lap Swim	L 1-5	
5-8:55 AM	PWW	L 6	
9-9:45 AM	Lap Swim	L 1	
9-9:45 AM	Aqua Zumba	L 2-6	
10-10:45 AM	Lap Swim	L 1-3	
10-10:45 AM	PWW	L 4-6	
11 AM-2:55 PM	Lap Swim	L 2-5	
11 AM-2:55 PM	PWW	L 6	
11 AM-2:55 PM	Private Lessons	L 1	
3-5 PM	QCSD Swim Team	L 1-5	
3-5 PM	Lap Swim	L 6	
5-8 PM	Private Lessons & Swim Team	L 1; L 3-6	
5-8 PM	Lap Swim	L 2	
8-8:30 PM	Lap Swim	All Lanes	

Saturday 1/3			
Time	Program	Lanes	
7-8:55 AM	Lap Swim	L 1-2	
7-8:45 AM	Swim Team	L 3-6	
9 AM-1:30 PM	Lap Swim	L 5	
9 AM-1:30 PM	PWW	L 6	
9 AM-1:30 PM	Swim Lessons	L 1-4	
1:30-4:30 PM	Lap Swim	L 1-4	
1:30-4:30 PM	Family Swim	L 5-6	
4:30-5:30 PM	Lap Swim	L 1-5	
4:30-5:30 PM	PWW	L 6	

Sunday 1/4			
Time	Program	Lanes	
7-7:55 AM	Lap Swim	L 1-4	
7-7:55 AM	PWW	L 5-6	
8-9 AM	Lap Swim	L 1-4	
8-8:50 AM	Aqua Zumba	L 5-6	
9 AM-2 PM	Lap Swim	L 2-5	
9 AM-1:30 PM	PWW	L 6	
9 AM-2 PM	Private Lessons	L 1	
2-4:30 PM	Lap Swim	L 1-4	
1:30-4:30 PM	Family Swim	L 5-6	
4:30-5:30 PM	Lap Swim	L 1-5	
4:30-5:30 PM	PWW	L 6	

Pool schedules for River Crossing YMCA branches are available online at ymcarivercrossing.org