

# DEER PATH POOL SCHEDULE

JANUARY 5-31

Monday		
Time	Program	Lanes
5-7 AM	Lap Swim	All Lanes
7-7:15 AM	Closed for Safety Break	All Lanes
7:15 AM-1 PM	Lap Swim	All Lanes
1-4 PM	Lap Swim	L 1-4
1-2:30 PM	Open Swim	L 5-6
2:30-4 PM	HCRHS Swim Team	L 1 -4
4-7:45 PM	Closed for Programs	All Lanes
7:45-8:15 PM	Swim Team	L 1-3
7:45-8:30 PM	Lap Swim	L 4-6

Wednesday		
Time	Program	Lanes
5-7 AM	Lap Swim	All Lanes
7-7:15 AM	Closed for Safety Break	All Lanes
7:15-9:45 AM	Lap Swim	All Lanes
10-11 AM	Lap Swim	L 1 - 2
10-10:45 AM	Aquadynamix	L 3-6
11-11:45 AM	Lap Swim	L 1 - 3
11-11:45 AM	PPW (Deep End Only)	L 5-6
11:45 AM-1 PM	Lap Swim	All Lanes
1-4 PM	Lap Swim	L 5-6
1-2:30 PM	Open Swim	L 5-6
2:30-4 PM	HCRHS Swim Team	L 1-4
4-7:15 PM	Closed for Programs	All Lanes
7:45-8:15 PM	Swim Team	L 1-3
7:45-8:30 PM	Lap Swim	L 4-6

Friday		
Time	Program	Lanes
5-7 AM	Lap Swim	All Lanes
7-7:15 AM	Closed for Safety Break	All Lanes
7:15-11:30 AM	Lap Swim	All Lanes
11:30 AM-1 PM	Lap Swim	L 1 - 4
11:30 AM-1 PM	Silver Otters Splash	L 5-6
1-2:30 PM	Lap Swim	L 5-6
1-2:30 PM	Open Swim	L 5-6
2:30-4 PM	HCRHS Swim Team	L 1 -4
4-7:15 PM	Closed for Programs	All Lanes
7:45-8:15 PM	Swim Team	L 1-3
7:45-8:30 PM	Lap Swim	L 4-6

Saturday		
Time	Program	Lanes
7 AM-1 PM	Closed for Programs	All Lanes
1-5:30 PM	Lap Swim	L 1-4
1-5:30 PM	Family Swim	L 5-6

**Children 12 and younger must participate in a swimming skills assessment** and will be provided a colored wristband based on their swimming ability. Once tested, each time a child comes into the Y for open or family swim they will need to acquire their color-appropriate wristband from the Welcome Center when checking in. For additional information, please review our [Test, Mark, Protect Parent Guidelines](#).

**IMPORTANT NOTE:** While we try to adhere to this schedule, it may change due to unexpected circumstances. If programs are not running, such as swim team or private lessons, those lanes will be available for lap swim.

Tuesday		
Time	Program	Lanes
5-7 AM	Lap Swim	All Lanes
7-7:15 AM	Closed for Safety Break	All Lanes
7:15-9 AM	Lap Swim	All Lanes
9-9:45 AM	Lap Swim	L 1-3
10-10:45 AM	Aquadynamix	L 3-6
10-10:45 AM	Lap Swim	L 1
10:45-11:30 AM	Lap Swim	All Lanes
11:30 AM-1 PM	Silver Otters Splash	L 5-6
11 AM-1 PM	Lap Swim	L 1-4
1-4 PM	Lap Swim	L 1-4
1-2:30 PM	Open Swim	L 5-6
2:30-4 PM	HCRHS Swim Team	L 1 -4
4-8:30 PM	Close for Programs	All Lanes

Thursday		
Time	Program	Lanes
5-5:30 AM	Lap Swim	All Lanes
5:30-6:30 AM	Swim Team	L 1-3
5:30-6:30 AM	Lap Swim	L 4 - 6
6:30-7 AM	Lap Swim	All Lanes
7-7:15 AM	Closed for Safety Break	All Lanes
7:15-10 AM	Lap Swim	All Lanes
10-10:45 AM	Aquadynamix	L 3-6
10-10:45 AM	Lap Swim	L 2
10:45-11:30 AM	Lap Swim	All Lanes
11:30 AM-1 PM	Silver Otters Splash	L 5-6
1-4 PM	Lap Swim	L 5-6
1-2:30 PM	Open Swim	L 5-6
2:30-4 PM	HCRHS Swim Team	L 1 -4
4-7:30 PM	Closed for Programs	All Lanes
7:30 - 8:30	Lap Swim	L 1-5

Sunday		
Time	Program	Lanes
7-9 AM	Lap Swim	All Lanes
9 AM-1 PM	Closed for Programs	All Lanes
1-5:30 PM	Lap Swim	L 1-4
1-4 PM	Family Swim	L 5-6
4-5:30 PM	Special Olympics	L 5-6

## Key

**Lap Swim:** Generally reserved for swimmers 12+ using the lane productively

**Personal Water Workout (PWW):** Independent water walking, jogging, or aqua fitness

**OPEN SWIM:** Lanes are available for all types of swimmers including lap swimmers, aqua jogging, and families. During open swim, please share lanes with swimmers doing similar activities.

**Family Swim:** Lap lanes are removed aside from safety lines. Open space is available for swimmers of all ages to swim recreationally.