DOYLESTOWN WATER PARK POOL SCHEDULE

NOVEMBER

| Monday | | |
|-------------------|----------------------|---------------------|
| Time | Program | Lanes |
| 5-8 AM | Open Swim | All Areas |
| 8-9 AM | Open Swim | Beach & Cove |
| 8-9 AM | Gentle Aqua | L 3-5 |
| 9-11:15 AM | Open Swim | Beach & Cove, L 3-4 |
| 9-11:15 AM | Swim lessons | L 5 |
| 11:15 AM-12:15 PM | Aqua Tone & Stretch | All Areas |
| 12:15-3 PM | Open Swim | All Areas |
| 3-4:45 PM | Lap Swim | L3 |
| 3-4:45 PM | Open Swim | Beach, Cove |
| 3-4:45 PM | Private Swim Lessons | L 4-5 |
| 4:45-7:45 PM | Closed for Programs | All Areas |
| 7:45-9:30 PM | Open Swim | All Areas |

| | Tuesday | | |
|-------------------|----------------------|---------------------|--|
| Time | Program | Lanes | |
| 5-8 AM | Open Swim | All Areas | |
| 8-9 AM | Aqua Yoga | All Areas | |
| 9-11:45 AM | Open Swim | Beach & Cove, L 3-4 | |
| 9-11:45 AM | Swim lessons | L 5 | |
| 11:45 AM-12:45 PM | PWW | All Areas | |
| 12:45-3 PM | Open Swim | All Areas | |
| 3-4:45 PM | Lap Swim | L3 | |
| 3-4:45 PM | Open Swim | Beach, Cove | |
| 3-4:45 PM | Private Swim Lessons | L 4-5 | |
| 4:45-7:45 PM | Closed for Programs | All Areas | |
| 7:45-9:30 PM | Open Swim | All Areas | |

| Wednesday | | |
|--------------------|----------------------|---------------------|
| Time | Program | Lanes |
| 5-8 AM | Open Swim | All Areas |
| 8-9 AM | Open Swim | Beach & Cove |
| 8-9 AM | Cardio Splash | L 3-5 |
| 9-11:30 AM | Open Swim | Beach & Cove, L 3-4 |
| 9-11:30 AM | Private Swim lessons | L 5 |
| 11:30 AM- 12:30 PM | M Aqua Arthritis | All Areas |
| 12:30-3 PM | Open Swim | All Areas |
| 3-4 PM | Lap Swim | L3 |
| 3-4 PM | Open Swim | Beach, Cove |
| 3-4:45 PM | Private Swim Lessons | L 4-5 |
| 4-7:45 PM | Closed for Programs | All Areas |
| 7:45-9:30 PM | Open Swim | All Areas |

| | Thursday | |
|-------------------|----------------------|--------------|
| Time | Program | Lanes |
| 5-6 AM | Open Swim | All Areas |
| 6-7 AM | Open Swim | Beach & Cove |
| 6-7 AM | Aqua Tabata | L 3-5 |
| 7-8 AM | Open Swim | All Areas |
| 8-9 AM | Aqua Yoga | All Areas |
| 9-10:15 AM | Open Swim | All Areas |
| 10:15- 11:45 AM | Closed for Programs | All Areas |
| 11:45 AM-12:45 PM | PWW | All Areas |
| 12:45-3 PM | Open Swim | All Areas |
| 3-4:45 PM | Lap Swim | L3 |
| 3-4:45 PM | Open Swim | Beach, Cove |
| 3-4:45 PM | Private Swim Lessons | L 4-5 |
| 4:45-7:45 PM | Closed for Programs | All Areas |
| 7:45-9:30 PM | Open Swim | All Areas |

| Friday | | |
|-------------------|----------------------|---------------------|
| Time | Program | Lanes |
| 5-8 AM | Open Swim | All Areas |
| 8-9 AM | Open Swim | Beach & Cove |
| 8-9 AM | Aqua Zumba | L 3-5 |
| 9-11:30 AM | Open Swim | Beach & Cove, L 3-4 |
| 9-11:30 AM | Private Swim lessons | L 5 |
| 11:30 AM-12:30 PM | Aqua Arthritis | All Areas |
| 12:30-1:30 PM | Deep water cardio | All Areas |
| 1:30-3 PM | Open Swim | All Areas |
| 3-6 PM | Lap Swim | L3 |
| 3-7 PM | Open Swim | Beach, Cove |
| 3-6 PM | Private Swim Lessons | L 4-5 |
| 6-7 PM | Closed for Programs | L 3-5 |
| 7-8:30 PM | Private Swim Lessons | L 4-5 |
| 7-8:30 PM | Open Swim | Beach, Cove, L 3 |
| | | |

| Saturday | | |
|------------|----------------------|-----------------|
| Time | Program | Lanes |
| 7-9 AM | Open Swim | Beach, Cove, L5 |
| 7-9 PM | Lap Swim | L3-4 |
| 9 AM-12 PM | Closed for Programs | All Areas |
| 12-1 PM | Open Swim | Beach & Cove |
| 12-1 PM | Private Swim Lessons | L 3-5 |
| 1-2 PM | Open Swim | All Areas |
| 2-5:30 PM | Family Swim | All Areas |

| Sunday | | |
|------------|----------------------|--------------|
| Time | Program | Lanes |
| 7-9 AM | Open Swim | All Areas |
| 9 AM-12 PM | Closed for Programs | All Areas |
| 12-1 PM | Open Swim | Beach & Cove |
| 12-1 PM | Private Swim Lessons | L 3-5 |
| 1-2 PM | Open Swim | All Areas |
| 2-5:30 PM | Family Swim | All Areas |

IMPORTANT NOTE: While we try to adhere to this schedule, it may change due to unexpected circumstances. If programs are

not running, such as swim team or private lessons, those lanes will

Key

Lap Swim: Generally reserved for swimmers 12+ using the lane productively.

Personal Water Workout (PWW): Independent water walking, jogging, or aqua fitness

OPEN SWIM: Lanes are available for all types of swimmers including lap swimmers, aqua jogging, and families. During open swim, please share lanes with swimmers doing similar activities.

Family Swim: Lap lanes are removed aside from safety lines. Open space is available for swimmers of all ages to swim recreationally. Pool elements will be turned on and the water slide will be available as long as we can safely operate it.

| POOL CLOSURES | | | |
|---------------|-----------|-------|--|
| Date | Time | Lanes | |
| November 4 | 1:30-3 PM | All | |
| November 26 | 1:30-3 PM | All | |
| November 28 | 1:30-3 PM | All | |

Lanes will be closed to members during the above times due to scheduled pool events.

Children 12 and younger must participate in a swimming skills assessment and will be provided a colored wristband based on their swimming ability. Once tested, each time a child comes into the Y for open or family swim they will need to acquire their color-appropriate wristband from the Welcome Center when checking in. For additional information, please review our <u>Test, Mark, Protect Parent Guidelines</u>.

be available for lap swim.

Pool schedules for River Crossing YMCA branches are available online at www.ymcarivercrossing.org