

RIVER CROSSING YMCA | DEER PATH BRANCH

GYM SCHEDULE

November 1- November 30

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	NOVEMBER CLOSURES	KEY
5AM-9:15AM OPEN GYM	5AM-10:45AM OPEN GYM	5AM-10:15 AM OPEN GYM	5AM-10AM OPEN GYM	5AM-10:45AM OPEN GYM	7-8 AM OPEN GYM	7-9:30 AM OPEN GYM		FREE MEMBER CLASSES
9:30AM-10:30AM YOUTH PROGRAMMING	11 AM-2 PM PICKLEBALL	10:30 AM-12 PM PICKLEBALL LESSONS	10:30-12:15 PM GROUP FITNESS CLASS	11 AM-2 PM PICKLEBALL	8 AM-2:30 PM MARTIAL ARTS	9:30 AM-12 PM OBSTACLE NINJA	11/4 Gym Closed for full day child care	PARENT CHILD (MONTHLY FEE)
10:30 AM-12:15 PM GROUP FITNESS CLASS	2:15 PM- 4:45 PM OPEN GYM	12-2 PM PICKLEBALL	12:30-3:30 PM PICKLEBALL	2:15-4 PM OPEN GYM	3-6 PM OPEN GYM	1-3 PM PICKLEBALL	11/6 Gym Closed for full day child care	YOUTH SPORTS (MONTHLY FEE)
12:15 PM-4:45 PM OPEN GYM	5 PM- 7 PM PRESEASON BASKETBALL	2:15 PM-9 PM OPEN GYM	3:30 PM-4:45 PM OPEN GYM	5:30-6PM SWIM TEAM		3:15-6 PM OPEN GYM	11/7 Gym Closed for full day child care	ADULT LEAGUES (MONTHLY FEE)
2:00 PM- 2:40 PM YOUTH PROGRAMMING	7 PM- 9 PM OPEN GYM		5 PM- 6PM VOLLEYBALL	6 PM- 7 PM OPEN GYM			11/27 Branch closed for Thanksgiving	Swim Team (1/2 Gym Open)
2:15 PM-9 PM OPEN GYM			6 PM-9 PM OPEN GYM	7 PM-8 PM YOUTH PROGRAMMING				COURT RESERVE PICKLEBALL
5PM-6PM YOUTH BASKETBALL				8 PM-9 PM OPEN GYM				
5:30-6PM SWIM TEAM								
6:45-8:30PM MARTIAL ARTS								