

RIVER CROSSING YMCA | DEER PATH BRANCH

GYM SCHEDULE

October 1- October 31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	OCTOBER CLOSURES	KEY
5AM-9:15AM OPEN GYM	5AM-10:45AM OPEN GYM	5AM-10:15 AM OPEN GYM	5AM-10AM OPEN GYM	5AM-10:45AM OPEN GYM	7-8 AM OPEN GYM	7-9:30 AM OPEN GYM		FREE MEMBER CLASSES
9:30AM-10:30AM YOUTH PROGRAMMING	11 AM-2 PM PICKLEBALL	10:30 AM-12 PM PICKLEBALL LESSONS	10:30-12:15 PM GROUP FITNESS CLASS	11 AM-2 PM PICKLEBALL	8 AM-2:30 PM MARTIAL ARTS	9:30 AM-12 PM OBSTACLE NINJA	10/13 Gym Closed for full day child care	PARENT CHILD (MONTHLY FEE)
10:30 AM-12:15 PM GROUP FITNESS CLASS	2:15 AM-9:00 PM OPEN GYM	12-2 PM PICKLEBALL	12:30-3:30 PM PICKLEBALL	2:15-4 PM OPEN GYM	3-6 PM OPEN GYM	1-3 PM PICKLEBALL	10/10 Gym closed 4-9 for MEGA Ninja Event	YOUTH SPORTS (MONTHLY FEE)
12:15 PM-4:45 PM OPEN GYM		2:15 PM-9 PM OPEN GYM	3:30 PM-9 PM OPEN GYM	5:30-6PM SWIM TEAM		3:15-6 PM OPEN GYM	10/7 Gym Closed 9-1 for CMO	ADULT LEAGUES (MONTHLY FEE)
2:00 PM- 2:40 PM YOUTH PROGRAMMING				7 PM-8 PM YOUTH PROGRAMMING				wim Team (1/2 Gym Open)
5PM-6PM YOUTH BASKETBALL				8 PM-9 PM OPEN GYM				COURT RESERVE PICKLEBALL
5:30-6PM SWIM TEAM								
6:45-8:30PM MARTIAL ARTS								