

RIVER CROSSING YMCA | DEER PATH BRANCH

GYM SCHEDULE

September 1- September 30

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	SEPTEMBER CLOSURES	KEY
5AM-9:15AM OPEN GYM	5AM-10:45AM OPEN GYM	5AM-9:15AM OPEN GYM	5AM-10AM OPEN GYM	5AM-10:45AM OPEN GYM	7-8 AM OPEN GYM	7-9:30 AM OPEN GYM		FREE MEMBER CLASSES
9:30AM-10:30AM YOUTH PROGRAMMING	11 AM-2 PM PICKLEBALL	9:15-10:30 AM BABY NINJA	10:30-12:15 PM GROUP FITNESS CLASS	11 AM-2 PM PICKLEBALL	8 AM-2:30 PM MARTIAL ARTS	9:30 AM-12 PM OBSTACLE NINJA	Monday, 9/1 CLOSED	PARENT CHILD (MONTHLY FEE)
10:30 AM-12:15 PM GROUP FITNESS CLASS	2:15 AM-9:00 PM OPEN GYM	10:30 AM-2 PM PICKLEBALL LESSONS/ ALL-LEVEL PICKLEBALL	12:30-3:30 PM PICKLEBALL	2:15-4 PM OPEN GYM	3-6 PM OPEN GYM	1-3 PM PICKLEBALL	Programs start 9/8	YOUTH SPORTS (MONTHLY FEE)
12:15 PM-4:45 PM OPEN GYM		2:15-5:30PM OPEN GYM	3:30-4:30 PM OPEN GYM	4:15-8 PM YOUTH PROGRAMMING		3:15-6 PM OPEN GYM		ADULT LEAGUES (MONTHLY FEE)
5PM-6PM YOUTH BASKETBALL		5:30-6PM SWIM TEAM	4:30-5:30 PM YOUTH PROGRAMMING	5:30-6PM SWIM TEAM				wim Team (1/2 Gym Open)
6:45-8:30PM MARTIAL ARTS		5:45-9PM OPEN GYM	6-9 PM OPEN GYM	8-9 PM OPEN GYM				COURT RESERVE PICKLEBALL