## **FAIRLESS HILLS POOL SCHEDULE**

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Monday		
Time	Program	Lanes
5-8 AM	Lap Swim	L 1-4
5-7:55 AM	PWW	L 5-6
8-9 AM	Lap Swim	L 1-3
8-8:45 AM	Aqua Deep Water	L 4-6
9-10 AM	Lap Swim	L 1-2
9-9:45 AM	Aqua Aerobics	L 3-6
10-3:45 PM	Private Swim Lessons	L 1
10-12:15 PM	Open Swim	L 2-6
12:15-2:45 PM	Closed for Programs	All Lanes
2:45-3:45 PM	Aqua Bucks Camp	L 1
2:45-3:45 PM	Open Swim	L 2-6
3:45-7 PM	Closed for Programs	All Lanes
7-7:45 PM	Lap Swim	L 3
7-8:30 PM	Lifeguard Training	L 1-2
7:45-8:30 PM	Open Swim	L 3-6

	Thursday	
Time	Program	Lanes
5-8 AM	Lap Swim	L 1-4
5-7:55 AM	PWW	L 5-6
8-9 AM	Lap Swim	L 1-3
5-7:55 AM	PWW	L 5-6
8-9 AM	Lap Swim	L 1-3
8-8:45 AM	Aqua Aerobics	L 4-6
9-10 AM	Lap Swim	L 1-2
9-9:45 AM	Aqua Interval	L 3-6
10-12:15 PM	Private Swim Lessons	L 1
10-12:15 PM	Open Swim	L 2-6
12:15-2:45 PM	Closed for Programs	All Lanes
2:45-3:45 PM	Aqua Bucks Camp	L 1
2:45-3:45 PM	Open Swim	L 2-6
3:45-7 PM	Closed for Programs	All Lanes
7-7:45 PM	Lap Swim	L 3
7-8:30 PM	Lifeguard Training	L 1-2
7:45-8:30 PM	Open Swim	L 3-6

Sunday		
Time	Program	Lanes
7-9AM	Lap Swim	L 1-4
7-9AM	PWW	L 5-6
9 AM-2 PM	Lifeguard Training	L 1-2
9 AM-12 PM	Lap Swim	L 3-6
9 AM-5:30 PM	Private Swim Lessons	L 1
12-2 PM	Lap Swim	L 3
2-4 PM	Lap Swim	L 2-3
12-4 PM	Family Swim	L 4-6
4-5:30 PM	Lap Swim	L 2-6

Tuesday			
Time	Program	Lanes	
5-8 AM	Lap Swim	L 1-4	
5-7:55 AM	PWW	L 5-6	
8-9 AM	Lap Swim	L 1-3	
8-8:45 AM	Aqua Aerobics	L 4-6	
9-10 AM	Lap Swim	L 1-2	
9-9:45 AM	Aqua Interval	L 3-6	
10-11:30 AM	Private Swim Lessons	L 1	
10-11:25 AM	Open Swim	L 2-6	
11:30 AM - 12:15 PM	Lap Swim	L 1-2	
11:30 AM-12:15 PM	Silver Sneakers Splash	L 3-6	
12:15-2:45 PM	Closed for Programs	All Lanes	
2:45-3:45 PM	Aqua Bucks Camp	L 1	
2:45-3:45 PM	Open Swim	L 2-6	
3:45-7 PM	Closed for Programs	All Lanes	
7-7:45 PM	Aqua Zumba	L 4-6	
7-7:45 PM	Lap Swim	L 3	
7-8:30 PM	Lifeguard Training	L 1-2	
7:45-8:30 PM	Open Swim	L 3-6	

Friday		
Time	Program	Lanes
5-8 AM	Lap Swim	L 1-4
5-8 AM	PWW	L 5-6
8-9 AM	Lap Swim	L 1-3
8-8:45 AM	Aqua Deep Water	L 4-6
9-10 AM	Lap Swim	L 1-2
9-9:45 AM	Aqua Aerobics	L 3-6
10-3:45 PM	Private Swim Lessons	L 1
10-12 PM	Open Swim	L 2-6
12:15- 2:45 PM	Closed for Programs	All Lanes
2:45 -3:45 PM	Aqua Bucks Camp	L 1
2:45 - 6 PM	Open Swim	L 2-6
6-8:30 PM	Family Swim	L 4-6
7-8:30 PM	Lifeguard Training	L 1-2
7:45-8:30 PM	Lap Swim	L 3

ADDITIONAL OPEN SWIM TIMES			
12:15 - 2:45 PM	August 29	L 2-6	
3:45-7 PM	August 25-30	L 2-6	
There will be no programming during these time frames, so the following lanes will be available for <b>Open Swim.</b>			
following lanes will be available for <b>Open Swim.</b>			

## TIME TO SHINE CLOSURE

The pool will be **CLOSED** from Tuesday, September 2 - Tuesday, September 7 for our yearly time to shine cleaning. The pool will reopen Monday, September 8 at 5 AM.

Wednesday		
Time	Program	Lanes
5-8 AM	Lap Swim	L 1-4
5-7:55 AM	PWW	L 5-6
8-9 AM	Lap Swim	L 1-3
8-8:45 AM	Aqua Deep Water	L 4-6
9-10 AM	Lap Swim	L 1-2
9-9:45 AM	Aqua Aerobics	L 3-6
10-12:15 PM	Group & Private Swim Les	aL 1
10-12:15 PM	Open Swim	L 2-6
12:15-2:45 PM	Closed for Programs	All Lanes
2:45-3:45 PM	Aqua Bucks Camp	L 1
2:45-3:45 PM	Open Swim	L 2-6
3:45-7 PM	Closed for Programs	All Lanes
7-7:45 PM	Aqua Zumba	L 4-6
7-7:45 PM	Lap Swim	L 3 - 6
7-8:30 PM	Lifeguard Training	L 1-2
7:45-8:30 PM	Open Swim	L 3-6

Saturday		
Time	Program	Lanes
7-7:55 AM	Lap Swim	L 1-4
7-7:55 AM	PWW	L 5-6
8-8:45 AM	Lap Swim	L 1-3
8-8:45 AM	Aqua Zumba	L 4-6
9 AM-12 PM	Closed for Programs	All Lanes
12-1 PM	Lap Swim	L 3-6
12-2 PM	Group & Private Swim L	es: L 1-2
2-4:45 PM	Private Swim Lessons	L 1
1-5:30 PM	Lap Swim	L 2-3
1-5:30 PM	Family Swim	L 4-6

## Key

**Lap Swim:** Generally reserved for swimmers 12+ using the lane productively.

Personal Water Workout (PWW): Independent water walking, jogging, or agua fitness

**OPEN SWIM:** Lanes are available for all types of swimmers including lap swimmers, aqua jogging, and families. During open swim, please share lanes with swimmers doing similar activities.

Family Swim: Lap lanes are removed aside from safety lines. Open space is available for swimmers of all ages to swim recreationally.

Children 12 and younger must participate in a swimming skills assessment and will be provided a colored wristband based on their swimming ability. Once tested, each time a child comes into the Y for open or family swim they will need to acquire their color-appropriate wristband from the Welcome Center when checking in. For additional information, please review our Test, Mark, Protect Parent Guidelines.

**IMPORTANT NOTE: While we try to adhere to this schedule, it may change due to unexpected circumstances.** If programs are not running, such as swim team, private lessons, or lifeguard training, those lanes will be available for lap swim.