Monday	
Time	Program
5 AM-5 PM	PWW
5-7:30 PM	Family Swim

Tuesday	
Time	Program
5 AM-5 PM	PWW
5-7:30 PM	Open Swim

Wednesday	
Time	Program
5 AM-8:30 PM	PWW

Thursday		
Time	Program	
5 AM-5 PM	PWW	
5-7:30 PM	Open Swim	

Friday	
Time	Program
5 AM-5 PM	PWW
5-7:30 PM	Family Swim

Saturday	
Time	Program
5 AM-5 PM	PWW
1:30-4:30 PM	Family Swim

IMPORTANT NOTE: While we try to adhere to this schedule, it may change due to unexpected circumstances. If programs are not running, such as swim team or private lessons, those lanes will be available for lap swim.

Sunday	
Time	Program
7-11 AM	PWW
11 AM-1:30 PM	Open Swim
1:30-4:30 PM	Family Swim

One Time Events
6/1-6/8
No Programing
6/6-6/8
Lifeguard course using 2 lanes
Lanes will be closed to members during the above

Children 12 and younger must participate in a swimming skills assessment and will be provided a colored wristband based on their swimming ability. Once tested, each time a child comes into the Y for open or family swim they will need to acquire their color-appropriate wristband from the Welcome Center when checking in. For additional information, please review our <a href="Test">Test</a>, <a href="Mark, Protect Parent">Mark</a>, <a href="Protect Parent">Protect Parent</a> <a href="Guidelines">Guidelines</a>.

Pool schedules for River Crossing YMCA branches are available online at <a href="mailto:ymcarivercrossing.org">ymcarivercrossing.org</a>

## Key

**Lap Swim:** Generally reserved for swimmers 12+ using the lane productively

**Personal Water Workout (PWW):** Independent water walking, jogging, or aqua fitness

**OPEN SWIM:** Lanes/areas are available for all types of swimmers including lap swimmers, aqua jogging, and families. During open swim, please share lanes with swimmers doing similar activities.

**Family Swim:** Lap lanes are removed aside from safety lines. Open space is available for swimmers of all ages to swim recreationally.