

RIVER CROSSING YMCA | Bethlehem

AUXILIARY GYM SCHEDULE

MAY 1 - MAY 31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	KEY
6:00 AM - 9:30 AM OPEN GYM	6:00 AM - 10:00 AM OPEN GYM	6:00 AM - 9:30 AM OPEN GYM	6:00 AM - 9:30 AM OPEN GYM	6:00 AM - 9:30 AM OPEN GYM	8:00 AM - 8:30 AM OPEN GYM	9:00 AM - 11:00 OPEN GYM	FREE MEMBER CLASSES
9:30 AM - 10:15 AM AOA FITNESS	10:00AM - 10:45AM AOA YOGA	9:30 AM - 10:30 AM LOW IMPACT FITNESS	9:30 AM - 10:15 AM AOA YOGA	9:30 AM - 10:15 AM FITNESS FUSION	8:30 AM - 9:15 AM HITT	11:00 AM - 2:00 PM OPEN GYM	PARENT CHILD (MONTHLY FEE)
10:15 AM - 10:30 AM AOA FITNESS CLEAN UP	10:45 AM - 11:00 AM AOA YOGA CLEAN UP	10:30 AM - 11:15 AM AOA FITNESS	10:15 AM - 10:30 AM AOA YOGA CLEAN UP	10:15 AM - 4:30 PM OPEN GYM	9:15 PM - 4:00 PM OPEN GYM		YOUTH SPORTS (MONTHLY FEE)
10:30 AM - 4:15 PM OPEN GYM	11:00 AM - 4:30 PM OPEN GYM	11:15 AM - 11:30 AM AOA FITNESS CLEAN UP	10:30 AM - 5:45 PM OPEN GYM	4:30 PM - 5:15 PM SCHOOL AGE			GYMNASTICS (MONTHLY FEE)
4:15 PM - 5:15 PM SCHOOL AGE	4:30 PM - 5:30 PM SCHOOL AGE	11:30 AM - 4:30 PM OPEN GYM	5:45 PM -6:30PM NERF ACADEMY 6-12 YRS	5:15 PM - 9:00 PM OPEN GYM			YOUTH LEAGUES (MONTHLY FEE)
5:15 PM - 6:00PM BASKETBALL 3-5 YRS	5:30 PM - 9:00 PM OPEN GYM	4:30 PM - 5:15 PM SCHOOL AGE	6:30 PM - 9:00 PM OPEN GYM				ADULT LEAGUES (MONTHLY FEE)
6:00 PM - 9:00 PM OPEN GYM		5:15 PM -9:00 PM OPEN GYM					ADULT PICKUP SPORTS (FREE MEMBER)
							YOUTH FITNESS (MONTHLY FEE)
							FAMILY EVENT (FUN FAMILY FRIDAYS & PARENTS NIGHT OUT)
							RENTAL
							CHILDCARE