## **BETHLEHEM POOL SCHEDULE**

## **APRTI 28-1UNF 1**

Monday			
Time	Program	Lanes	
5-6 AM	Master's Swim	All Lanes	
6-8 AM	Lap Swim	L 1-3	
6-8 AM	PWW	L 4	
8-8:30 AM	Lap Swim	L 1-2	
8-8:30 AM	PWW	L 3-4	
8:30-9:15 AM	Lap Swim	L 1	
8:30-9:15 AM	Hydro	L 2-4	
9:15-10:30 AM	Lap Swim	L 1-2	
9:15-10:30 AM	PWW	L 3-4	
10:30-11:15 AM	Arthritis	All Lanes	
11:15 AM-12:30 PM	Lap Swim	L 1-2	
11:15 AM-12:30 PM	Family Swim	L 3-4	
12:30-9 PM	POOL CLOSED	All Lanes	

Wednesday			
Time	Program	Lanes	
5-6 AM	Master's Swim	All Lanes	
6-8:30 AM	Lap Swim	L 1-3	
6-8:30 AM	PWW	L 4	
8:30-10:15 AM	Lap Swim	L 1	
8:30-9:15 AM	Aqua Surge	L 2-4	
9:30-10:15 AM	Aqua Fit	L 2-4	
10:30-11:15 AM	Arthritis	All Lanes	
11:15 AM-12:30 PM	Lap Swim	L 1-3	
11:15 AM-12:30 PM	PWW	L 4	
12:30-9 PM	POOL CLOSED	All Lanes	

Friday			
Time	Program	Lanes	
5-6 AM	Master's Swim	All Lanes	
6-8 AM	Lap Swim	L 1-3	
6-8 AM	PWW	L 4	
8-9:30 AM	Lap Swim	L 1-2	
8-9:30 AM	PWW	L 3-4	
9:30-10:15 AM	Lap Swim	L 1	
9:30-10:15 AM	Aqua Fitness	L 2-4	
10:30-11:15 AM	Arthritis	All Lanes	
11:15 AM-12:30 PM	Lap Swim	L 1-2	
11:15 AM-12:30 PM	Family Swim	L 3-4	
12:30-9 PM	POOL CLOSED	All Lanes	

Sunday		
Time	Program	Lanes
All Day	POOL CLOSED	All Lanes

Children 12 and younger must participate in a swimming skills assessment and will be provided a colored wristband based on their swimming ability. Once tested, each time a child comes into the Y for open or family swim they will need to acquire their color-appropriate wristband from the Welcome Center when checking in. For additional information, please review our Test, Mark, Protect Parent Guidelines.

Tuesday			
Time	Program	Lanes	
5-7 AM	Master's Swim	All Lanes	
7 AM-1 PM	POOL CLOSED	All Lanes	
1-4 PM	Lap Swim	L 1-2	
1-4 PM	PWW	L 3-4	
4-4:45 PM	Lap Swim	L 1-2	
4-4:45 PM	Family Swim	L 3-4	
4:45 PM-7 PM	Lap Swim	L 1	
4:45-6:15 PM	Swim Lessons	L 2-4	
6:15-7 PM	Aqua Blast	L 2-4	
7-8:30 PM	Open Swim	All Lanes	

Thursday			
Time	Program	Lanes	
5-7 AM	Master's Swim	All Lanes	
7 AM-1 PM	POOL CLOSED	All Lanes	
1-4:30 PM	Lap Swim	L 1-2	
1-4:30 PM	PWW	L 3-4	
4:30-6:15 PM	Closed for Programs	All Lanes	
6:15-7 PM	Lap Swim	L 1	
6:15-7 PM	Aqua Blast	L 2-4	
7-8:30 PM	Open Swim	All Lanes	

Saturday			
Time	Program	Lanes	
7-9 AM	Lap Swim	L 1-3	
7-9 AM	PWW	L 4	
9-11:40 AM	Closed for Programs	All Lanes	
11:40 AM-1:30 PM	Lap Swim	L 1-3	
11:40 AM-1:30 PM	PWW	L 4	
1:30-2:30 PM	Lap Swim	L 1-2	
1:30-2:30 PM	Pool Rentals	L 3-4	

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Lap Swim: Generally reserved for swimmers 12+ using the lane productively
Personal Water Workout (PWW): Independent water walking, jogging, or aqua fitness
<b>OPEN SWIM:</b> Lanes are available for all types of swimmers including lap swimmers, aqua jogging, and families. During open swim, please share lanes with swimmers doing similar activities.
Family Swim: Lap lanes are removed aside from safety lines. Open space is available for swimmers of all ages to swim

IMPORTANT NOTE: While we try to adhere to this schedule, it may change due to unexpected circumstances. If programs are not running, such as swim team or private lessons, those lanes will be available for lap swim.

We apologize for the scheduled pool closures and encourage members to find an alernative time to use our pools. Please see the grid below for the current Lehigh Valley Region pool schedule. Detailed pool schedules for all River Crossing YMCA branches are available online at <a href="https://www.ymcarivercrossing.org">www.ymcarivercrossing.org</a>.

LVR Pool Schedule - Effective 4/28/25				
	Bethlehem	Easton	Slate Belt	Nazareth
Monday	5 AM-12:30 PM	5 AM-12:30 PM	1-8:30 PM	1-8:30 PM
Tuesday	1-8:30 PM	1-8:30 PM	6 AM-12:30 PM	5 AM-12:30 PM
Wednesday	5 AM-12:30 PM	5 AM-12:30 PM	1-8:30 PM	1-8:30 PM
Thursday	1-8:30 PM	1-8:30 PM	6 AM-12:30 PM	5 AM-12:30 PM
Friday	5 AM-12:30 PM	5 AM-12:30 PM	CLOSED	CLOSED
Saturday	7 AM-2:30 PM	7 AM-2:30 PM	CLOSED	CLOSED
Sunday	CLOSED	CLOSED	7 AM-2:30 PM	7 AM-2:30 PM