



**RIVER CROSSING YMCA**

**FALL**

**PROGRAM GUIDE**

**Easton / Phillipsburg | Sept 8–Oct 31, 2025**

Welcome to River Crossing YMCA's summer program guide. We are pleased to provide clean facilities and safe programs to help you meet your health and wellness needs now more than ever.

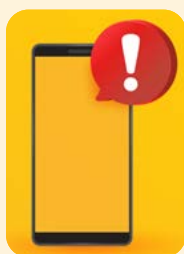
### IT PAYS TO BELONG.

As a member you have a full list of facility amenities and program benefits! [Click here to learn more.](#)

### PROGRAM REGISTRATION DATES

- **Family Members:** July 23 (online, phone or in-person)
- **Member:** July 25 (online, phone or in-person)
- **Non-member:** July 28 (online, phone or in-person)

**NOT A MEMBER?** [Click here](#) to join today!



#### KNOW BEFORE YOU GO. Sign up for text alerts.

Receive notifications about changes, cancellations and closures for branch-specific programs including:

- building opening delays and closures
- pool closures
- group exercise class changes and cancellations

Sign up for alerts: [Click here to sign up.](#)

Having trouble opting in? Or already in the system but need to add new locations? [Click here](#) to email Brittney for help.

### MONTHLY DRAFTS

For our regular youth and adult sports and swim programs, arts and enrichment classes, **we have transitioned to monthly drafts instead of requiring re-registration for a session with the exception of seasonal programs and leagues.** Register for your youth swim, sports or personal training program and we'll continue to bill you monthly until you request to stop! Super convenient and helpful in establishing schedules for your family! [Click here to learn more.](#)



#### Financial Assistance

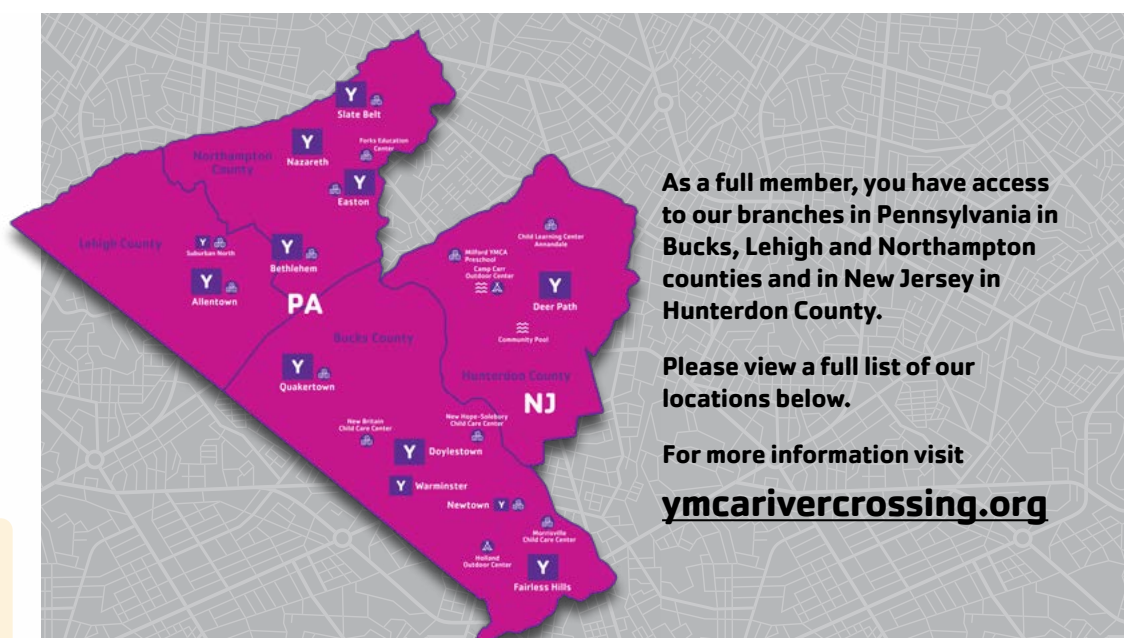
At the Y, we believe in making a positive impact on individuals and families in need. Financial assistance is available for membership, programs and child care through an application process. For full information and application details [click here or scan the QR code.](#)



**UPCOMING EVENTS AT THE Y!** [Click here to learn more.](#)

### HOLIDAYS

In observance of holidays, the Y will be closed on 9/1 for Labor Day.



As a full member, you have access to our branches in Pennsylvania in Bucks, Lehigh and Northampton counties and in New Jersey in Hunterdon County.

Please view a full list of our locations below.

For more information visit [ymcarivercrossing.org](http://ymcarivercrossing.org)

#### Allentown

425 South 15th Street  
Allentown, PA 18102

[Click here](#) for hours and amenities

#### Bethlehem

430 East Broad Street  
Bethlehem, PA 18018

[Click here](#) for hours and amenities

#### Deer Path

144 West Woodschurch Road  
Flemington, NJ 08822

[Click here](#) for hours and amenities

#### Doylestown

2500 Lower State Road  
Doylestown, PA 18901

[Click here](#) for hours and amenities

#### Easton/Phillipsburg

1225 West Lafayette Street  
Easton, PA 18042

[Click here](#) for hours and amenities

#### Fairless Hills

601 South Oxford Valley Road  
Fairless Hills, PA 19030

[Click here](#) for hours and amenities

#### Nazareth

33 South Main Street  
Nazareth, PA 18064

[Click here](#) for hours and amenities

#### Newtown

190 South Sycamore Street  
Newtown, PA 18940

[Click here](#) for hours and amenities

#### Quakertown

401 Fairview Avenue  
Quakertown, PA 18951

[Click here](#) for hours and amenities

#### Slate Belt

315 West Pennsylvania Avenue  
Pen Argyl, PA 18072

[Click here](#) for hours and amenities

#### Suburban North

880 Walnut Street  
Catasauqua, PA 18032

[Click here](#) for hours and amenities

#### Warminster

624 York Road  
Warminster, PA 18974

[Click here](#) for hours and amenities



## FITNESS

We offer state-of-the-art wellness centers and group exercise studios, focused on the health and wellbeing of each of our members. Our wellness centers are open and spacious and well equipped with a variety of cardio, selectorized strength machines, free weight and functional training equipment.

## FITNESS EQUIPMENT ORIENTATION

Fitness Equipment Orientations will acclimate you with the Wellness Center, teaching you how to use the equipment safely and effectively. [Click here to register.](#)

## FITNESS CONSULTATIONS

Available free every 90 days, book an appointment with a fitness professional for guidance and support to help you reach your goals. [InBody Body Composition Scans](#) are available at select branches.

## FITNESS TRAINING

Experienced trainers will design a program specific for you and help you create sustainable lifestyle changes to meet your health and wellness goals – no matter where you are in your journey. For questions, prices or to book a training package [click here](#) or scan the QR code.



## GROUP EXERCISE

Group exercise classes are included free with membership. [Click here](#) for schedules and reservations.



We are pleased to provide online access to group exercise classes and family and youth programs through our virtual platform, Y Wellbeing 24/7. Included with your membership, our virtual platform Y Wellbeing 24/7 is your solution to wellness conveniently available anytime, anywhere! Experience over 75+ weekly live group exercise classes and 1,000s of classes on demand including yoga, meditation, family and youth programming, sports performance training, HIIT, strength training, Pilates, chronic disease prevention, nutrition and more!

 [Scan the QR code or click here to access Y Wellbeing 24/7](#)



## FALL PROGRAMS

Scan or [click here](#) to view program registration information online.



## GYMNASIUM

Available at Bethlehem, Deer Path, Doylestown, Easton, Fairless Hills, Quakertown, Slate Belt and Suburban North. Our gymnasiums are available for open gym, basketball and pickleball. To view our gymnasium schedules [click here](#).

## AQUATICS

Available at Bethlehem, Deer Path, Doylestown, Easton, Fairless Hills, Nazareth, Quakertown, Slate Belt and Warminster. [Click here to learn more.](#)

In addition to our aquatics and swim programs, we offer lap swim, open/family swim, a whirlpool (Deer Path, Doylestown, Easton, Slate Belt) and aquatic group exercise classes. All aquatic exercise classes are available via a reservation system.

## SWIM LESSONS

Swim instruction is available for all ages, including teens and adults, with options for private and semi-private lessons. Dive into our programs to enhance your swimming skills and confidence today! [Click here to learn more.](#)



## DOYLESTOWN SKATEPARK HOURS

Mon-Thurs 4:30-8 PM; Fri 4:30-9 PM  
Sat & Sun 12-6 PM

Hours and availability are subject to change due to weather conditions.

[Click here for more information.](#)

## METRO ESPORTS GAMING LOUNGE HOURS

**Doylestown Lounge**  
Mon-Fri | 2:30-9 PM  
Sat & Sun | 2-6 PM

**Warminster Lounge**  
Mon-Thurs | 5-7 PM  
Fri | 3-7 PM  
Sat & Sun | 9 AM-2 PM

**Fairless Hills Lounge**  
Mon-Thurs | 3-7 PM; Fri | 3-8 PM  
Sat & Sun | 2-5 PM



## STAY & PLAY

Child care while you work out! Make the most of your visit while we look after kids aged 3 months to 6th grade. This service is free to members with adult and family memberships, ensuring you can focus on your workout knowing your children are safe and supervised.

[Click here for more information.](#)





## CHILD CARE and SCHOOL AGE CHILD CARE



### REGISTRATION OPEN!

[Click here for Child Care](#)

[Click here for School Age Child Care](#)

### Camp Carr RV Campground Annandale, NJ

Reservations are now open for the season! Secure your spot today for a getaway filled with relaxation and adventure. Open April 1–October 31.

[Click here to make your reservation.](#)

## JOIN IN SEPTEMBER PAY NO JOIN FEE!

Visit our website for details.

### Member Referral Program

Current members will receive \$30 in Y Bucks when they refer a friend who joins the Y! Visit the Welcome Center to learn more.

# beCAUSE together we're touching lives



This is a membership about community, caring and cause! You are supporting vital community programs in a meaningful way where everyone benefits!

SCAN THE QR CODE OR [CLICK HERE](#) TO LEARN MORE!

River Crossing YMCA is the nonprofit charity transforming millions of dollars into moments of impact. [Click here](#) to learn more.



## FIND YOUR POTENTIAL. FIND YOUR Y. For a better us.®

Enjoy a career with a future and the opportunity to make a lasting difference in the lives of those around you.

- Includes FREE YMCA membership & reduced membership and program fees for the family
- FREE virtual wellness platform for the entire family
- Competitive hourly pay rates
- Friendly, caring team environment
- Nurturing employee onboarding program

Apply online at [ymcarivercrossing.org/hr](https://ymcarivercrossing.org/hr) or  
in person at the Welcome Center at one of our branches!

### RIVER CROSSING YMCA PHONE APP

Our app includes a “find a class” feature, electronic access to schedules and links to our reservation system and virtual wellness platform. Keep track of your workouts and participate in member challenges. Turn on notifications, and you’ll receive push notifications when there is important information and closures.

#### HOW TO INSTALL:

1. Visit your app store.
2. Search for “River Crossing YMCA”
3. Download to your phone
4. Use your personal information to create an account



Scan to download our app  
for Android users or  
[click here](#) to download.



Scan to download our app  
for iPhone users or  
[click here](#) to download.



Available on the  
App Store

GET IT ON  
Google Play



# METRO ESPORTS

EARLY FALL 2025

Back to school programs with a return to regular hours, weekly events, exciting programs, and so much more!



## EVERY WEEK

### FORTNITE FRIDAY

DOYLESTOWN + FAIRLESS HILLS

Every Friday, 4-6 PM at Metro Esports. Compete in modes like Box Fights and Zone Wars to win Metro Coins for gaming gear and merch. Rookie or pro, the competition is fierce!

Every Friday | 4:00 PM

### ATHLETE ARCADE

AT FAIRLESS HILLS

Every Thursday, strengthen your game both on the court and digitally to dominate in games like NBA2K, EA FC, and more! From drills and scrimmages on the court, to tactics and gameplay in the esports lounge.

Every Thursday | 6:30 PM

### TRAINING GROUNDS

AT WARMINSTER

A weekly video game development clinic that helps gamers grow from casual to competitive. Focus on popular game titles and learn core mechanics, strategy, and healthy habits!

Every Saturday | 12:00 PM

## PARTY RENTALS

You can rent a Metro Esports facility for your own birthday party or event! Let your event host guide your party through unique challenges, competitions, and free play for the best birthday a gamer could have.

Visit [metroesports.gg/party](https://metroesports.gg/party) for more info



## DOYLESTOWN

MON - FRI: 2:30 PM to 9:00 PM  
SAT - SUN: 2:00 PM to 6:00 PM

### MINECRAFT & CODE

An introduction to JavaScript coding in this 8-week program. Learn a foundational skill set in programming and digital design through Minecraft's creative environment.

Sept 6 to Oct 25 | Every Saturday at 12 PM

### ESPORTS BOOTCAMP

Boost your skills and compete at a higher level while receiving individualized esports coaching, practice building your own training plan, and coordinating advanced team play.

September 15 @ 4PM | Valorant

October 13 @ 4PM | Marvel Rivals

### SENSORY FRIENDLY GAME TIME

An afternoon of gaming for Ability students, where everyone can play sensory-friendly casual games in a safe and welcoming space.

Saturday, September 20 | 12 PM

### DAY OFF SCHOOL ROBLOX & CODE

An introduction to game development in this 8-week program. Learn a foundational skill set in programming to create and test mini-games in Roblox Studio.

Tuesday, September 23 | 8 AM to 5 PM

### DAY OFF SCHOOL ESPORTS & SPORTS

Esports and sports crossover in this day off school camp. A blend of physical and virtual skill-building, teamwork, and fun.

Tuesday, October 21 | 8 AM to 5 PM

## WARMINSTER

### DAY OFF SCHOOL BUILD-A-PC

Spend the day off school learning how to build your very own gaming computer! Take apart, reassemble, and play games on Metro PCs.

Tuesday, October 14 | 8 AM to 5 PM

## FAIRLESS HILLS

MON - THU: 3:00 PM to 7:00 PM  
FRI: 3:00 PM to 8:00 PM  
SAT - SUN: 2:00 PM to 5:00 PM

### GAME ON!

GET MOVIN' MOTION GAMES

For active older adults. Get moving and have fun with interactive games that keep you energized! Add light movement to your routine through motion-based video games from virtual sports to fitness challenges.

Thursday, September 18 | 10 AM

### DAY OFF SCHOOL ESPORTS & SPORTS

Esports and sports crossover in this day off school camp. A blend of physical and virtual skill-building, teamwork, and fun.

Tuesday, September 23 | 8 AM to 5 PM

### GAME DESIGN IN UNITY

Intro to video game design in the world-renowned Unity Engine. Guided by professional instructors, develop your skills in animation, character creation, and world design with hands-on game development experience.

Oct 4 to Nov 22 | Every Saturday at 10 AM

### SENSORY FRIENDLY GAME TIME

An afternoon of gaming for Ability students, where everyone can play sensory-friendly casual games in a safe and welcoming space.

Saturday, October 11 | 12 PM

MON - THU: 5:00 PM to 7:00 PM  
FRI: 3:00 PM to 7:00 PM  
SAT - SUN: 9:00 AM to 2:00 PM

### GAME ON!

PUZZLING BRAIN GAMES

For active older adults. Exercise your puzzle solving skills in this program which offers a relaxed space to challenge your thinking, improve cognitive skills, and enjoy a rewarding gaming session.

Tuesday, October 14 | 10 AM

## GROUP SWIM LESSONS

Questions? Contact Vanessa Rex  
at [vrax@ymcarivercrossing.org](mailto:vrax@ymcarivercrossing.org)

**NEW! All group swim lessons are now offered as a 12-month draft - no need to reregister during the year!**

**MONTHLY DRAFT - Members \$66 / Non-members \$109**

**All group swim lessons are 40 minutes unless noted otherwise**

Please select your child's level based on their age and ability. Not sure which level is appropriate?

[View our Swim Lesson selector here](#)

### Parent & Child Swim Lessons

#### B / Water Exploration

Parents work with their toddlers to learn fundamental safety and pre-swimming skills like floating, blowing bubbles, paddle stroke and kicking. Skills are taught in the context of repetitive songs, fun activities and drills which reinforce physical learning and encourage positive interaction.

Age	Day	Time
19 mos-4 yrs	Sat	10:55-11:35 AM

### Preschool Swim Lessons

#### 1 / Water Acclimation

Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with underwater exploration and learn how to safely exit the water if they fall in.

Age	Day	Time
3-5 yrs	Tue	4:30-5:10 PM
3-5 yrs	Thu	4:30-5:10 PM
3-5 yrs	Thu	5:15-5:55 PM
3-5 yrs	Sat	9:25-10:05 AM
3-5 yrs	Sat	10:55-11:35 AM

#### 2 / Water Movement

Students focus on body position and control, directional change and forward movement in the water while continuing to learn personal water safety skills including paddle stroke, floating, treading water and safely exiting the water should they fall in.

3-5 yrs	Tue	5:15-5:55 PM
3-5 yrs	Thu	4:30-5:10 PM
3-5 yrs	Sat	10:10-10:50 AM

#### 3 / Water Stamina

Students continue to learn personal water safety skills and learn to swim to safety from a longer distance using a swim/float/swim sequence. Rhythmic breathing and the purposeful integration of arm and leg movements are taught.

3-5 yrs	Tue	6-6:40 PM
3-5 yrs	Sat	8:40-9:20 AM

### School Age Swim Lessons

#### 1 / Water Acclimation

Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with underwater exploration and learn how to safely exit the water if they fall in.

Age	Day	Time
6-12 yrs	Thu	6-6:40 PM
6-12 yrs	Sat	10:10-10:50 AM

#### 2 / Water Movement

Students focus on body position and control, directional change and forward movement in the water while continuing to learn personal water safety skills including paddle stroke, floating, treading water and safely exiting the water should they fall in.

6-12 yrs	Tue	4:30-5:10 PM
6-12 yrs	Thu	5:15-5:55 PM
6-12 yrs	Sat	9:25-10:05 AM

#### 3 / Water Stamina

Students continue to learn personal water safety skills and learn to swim to safety from a longer distance using a swim/float/swim sequence. Rhythmic breathing and the purposeful integration of arm and leg movements are taught.	6-12 yrs	Tue	5:15-5:55 PM
	6-12 yrs	Thu	6-6:40 PM
<b>4 / Stroke Introduction</b>			
Students develop stroke technique in front and back crawl and are introduced to breaststroke and butterfly kick. Water safety is reinforced through treading water and elementary backstroke. Diving is introduced.	6-12 yrs	Tue	6-6:40 PM
<b>5 / Stroke Development</b>			
Students perfect rotary breathing and backstroke while learning breaststroke, butterfly and starts and turns. Emphasis is on improving technique and endurance. Personal water safety continues through treading, water and sidestroke.	6-12 yrs	Sat	8:40-9:20 AM

PRIVATE SWIM LESSONS

Questions? Contact Jen Storz  
at jstorz@ymcarivercrossing.org

Private Swim Lessons		Age	Member FLAT FEE	Non-member FLAT FEE	
<b>Private Swim Lessons</b> <i>1:1 Ratio Student / Instructor</i>	30 minutes - (4) lessons	3 yrs+	\$151	\$249	
	30 minutes - (8) lessons	3 yrs+	\$296	\$488	
<b>Semi-Private Swim Lessons</b> <i>2:1 Ratio Student / Instructor</i>	30 minutes - (4) lessons	3 yrs+	\$104	\$172	(pricing is per person)
	30 minutes - (8) lessons	3 yrs+	\$204	\$337	(pricing is per person)

SWIM TEAM

Questions? Contact neysbluefins@ymcarivercrossing.org

Nazareth/Easton Blue Fins		Group	Member MONTHLY Drafted Sept-Feb
<b>Competitive Swim Team</b>		<b>10 &amp; under</b>	\$630
Our Swim Team is a YMCA and USA Swimming sanctioned team with a mission to develop good swimmers and great kids. Our swimmers achieve success at all levels of competition. We provide the foundation for our athletes to excel based on their talent, skills and level of commitment.		<b>11 &amp; over</b>	\$690
		<b>High school swimmer</b>	\$414

# FAMILY & COMMUNITY

## All Branches | Fall

### AMERICAN RED CROSS CLASSES

Questions? Contact Anahita Mir  
at [amir@ymcarivercrossing.org](mailto:amir@ymcarivercrossing.org)

Please visit website for full details on all American Red Cross

#### Lifeguarding Training with Deep Water (Blended Full Course)

Members \$340 / Non-members \$390

15 yrs+ for all branch locations :e at all class dates is required to complete certification

##### Bethlehem

October **Fri Oct 17** (5 PM-9 PM) - **Sun Oct 19** (9 AM-6 PM) - **Sun Oct 26** (9 AM-6 PM)

##### Deer Path

October **Sat Oct 11** (9 AM-5 PM) - **Sun Oct 12** (9 AM-5 PM) - **Sun Oct 19** (9 AM-5 PM)

November **Sat Nov 15** (9 AM-5 PM) - **Sun Nov 16** (9 AM-5 PM) - **Sun Nov 23** (9 AM-5 PM)

##### Doylestown

September **Fri Sep 26** (4-9 PM) - **Sat Sep 27** (9 AM-6 PM) - **Sun Sep 28** (9 AM-6 PM)

November **Fri Nov 7** (4-9 PM) - **Sat Nov 8** (9 AM-6 PM) - **Sun Nov 9** (9 AM-6 PM)

##### Fairless Hills

November **Fri Nov 7** (5-9 PM) - **Sat Nov 8** (9 AM-6 PM) - **Sat Nov 15** (9 AM-6 PM)

##### Quakertown

October **Fri Oct 10** (4-9 PM) - **Sat Oct 11** (9 AM-6 PM) - **Sun Oct 12** (9 AM-6 PM)

October **Fri Oct 24** (4-9 PM) - **Sat Oct 25** (9 AM-6 PM) - **Sun Oct 26** (9 AM-6 PM)

November **Fri Nov 21** (4-9 PM) - **Sat Nov 22** (9 AM-6 PM) - **Sun Nov 23** (9 AM-6 PM)

December **Fri Dec 12** (4-9 PM) - **Sat Dec 13** (9 AM-6 PM) - **Sun Dec 14** (9 AM-6 PM)

##### Slate Belt

September **Fri Sep 26** (5-9 PM) - **Sat Sep 27** (9 AM-6 PM) - **Sat Oct 4** (9 AM-6 PM)



November	<b>Fri Nov 14</b> (5-9 PM) - <b>Sat Nov 15</b> (9 AM-6 PM) - <b>Sun Nov 16</b> (9 AM-6 PM)
December	<b>Fri Dec 12</b> (5-9 PM) - <b>Sat Dec 13</b> (9 AM-6 PM) - <b>Sat Dec 20</b> (9 AM-6 PM)

### Lifeguarding Recertification Training

**Members \$180 / Non-members \$200**      **15 yrs+ for all branch locations**      **All classes 9 AM-6 PM unless noted otherwise**

#### Deer Path

September 28	Sun	9 AM-6 PM
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#### Doylestown

December 6	Sat	9 AM-6 PM
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#### Fairless Hills

October 11	Sat	9 AM-6 PM
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#### Quakertown

September 21	Sun	9 AM-6 PM
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October 19	Sun	9 AM-6 PM
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November 2	Sun	9 AM-6 PM
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#### Bethlehem

September 21	Sun	9 AM-6 PM
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November 16	Sun	9 AM-6 PM
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### Lifeguarding Instructor Training (Blended Full Course)

**Members \$415 / Non-members \$475**      **17 yrs+ for all branch locations**      **Attendance at all class dates is required to complete certification**

#### Doylestown

**December**      **Fri Dec 19** (4-9 PM) - **Sat Dec 20** (9 AM-6 PM) - **Sun Dec 21** (9 AM-6 PM)

### Lifeguarding Instructor Recertification Training (Blended Full Course)

**Members \$180 / Non-members \$210**      **17 yrs+ for all branch locations**      **All classes 9 AM-6 PM unless noted otherwise**

**Doylestown**

<b>Saturday</b>	Sat Aug 16
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<b>Saturday</b>	Sat Oct 18
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<b>Saturday</b>	Sat Nov 1
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**Babysitter's Training with Pediatric First Aid/CPR/AED (Blended Full Course)****Members \$115 / Non-members \$150****12 yrs+ for all branch locations****All classes 9:30 AM-3:30 PM unless noted otherwise****Doylestown**

<b>Thursday</b>	Thu Aug 21
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<b>Saturday</b>	Sat Sep 13
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<b>Saturday</b>	Sat Oct 4
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<b>Saturday</b>	Sat Nov 15
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<b>Saturday</b>	Sun Dec 7
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**ARC Adult and Pediatric First Aid/CPR/AED with Administering Emergency Oxygen (Blended Full Course)****Members \$115 / Non-members \$150****15 yrs+ for all branch locations****Bethlehem**

Sat Aug 16 (11 AM-2 PM)	Sun Oct 12 (10 AM-1 PM)
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Sun Sep 7 (10 AM-1 PM)	Mon Oct 20 (5 PM-8 PM)
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Fri Sep 26 (5 PM-8 PM)	Sun Nov 9 (10 AM-1 PM)
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Sun Sep 28 (10 AM-1 PM)	Sun Nov 16 (10 AM-1 PM)
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**Deer Path**

Sat Sep 13 (11 AM-2 PM)	Tue Nov 11 (10 AM-1 PM)
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Mon Oct 13 (3:30 PM-6:30 PM)	Sat Dec 13 (1 Pm-4 PM)
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**Doylestown**

Sun Aug 17 (10 AM-1 PM)	Tue Sep 23 (5:15-8:15 PM)	Tue Nov 4 (5:15-8:15 PM)	Sun Dec 7 (10 AM-1 PM)
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Tue Aug 19 (5:15 PM-8:15 PM)	Tue Oct 7 (5:15-8:15 PM)	Sun Nov 9 (10 AM-1 PM)	Tue Dec 9 (5:15-8:15 PM)
Tue Sep 9 (5:15-8:15 PM)	Tue Oct 14 (5:15-8:15 PM)	Tue Nov 11 (5:15-8:15 PM)	Tue Dec 16 (5:15-8:15 PM)
Sun Sep 14 (10 AM-1 PM)	Sun Oct 25 (10 AM-1 PM)	Tue Nov 18 (5:15-8:15 PM)	
Tue Sep 16 (5:15-8:15 PM)	Tue Oct 28 (5:15-8:15 PM)	Tue Dec 2 (5:15-8:15 PM)	

#### Easton

Sat Aug 23 (11 AM-2 PM)	Sat Oct 18 (10 AM-1 PM)	Sat Dec 6 (10 AM-1 PM)	
Sat Aug 30 (11 AM-2 PM)	Sun Oct 26 (10 AM-1 PM)		
Sat Sep 6 (10 AM-1 PM)	Sat Nov 8 (10 AM-1 PM)		

#### Fairless Hills

Sun Aug 17 (11 AM-2 PM)	Fri Sep 12 (5 PM-8 PM)	Sun Oct 12 (10 AM-1 PM)	Sun Nov 16 (10 AM-1 PM)
Fri Aug 22 (5 PM-8 PM)	Sun Sep 14 (10 AM-1 PM)	Sun Oct 19 (10 AM-1 PM)	Sun Dec 7 (10 AM-1 PM)
Sun Aug 24 (11 AM-2 PM)	Sun Sep 28 (10 AM-1 PM)	Sun Nov 2 (10 AM-1 PM)	Sun Dec 14 (10 AM-1 PM)
Sun Sep 7 (10 AM-1 PM)	Sun Oct 5 (10 AM-1 PM)	Sun Nov 9 (10 AM-1 PM)	Sun Dec 21 (10 AM-1 PM)

#### Round Valley

Sat Aug 16 (1 PM-4 PM)	Mon Nov 17 (5 PM-8 PM)		
Thu Sep 25 (4 PM-7 PM)	Fri Dec 19 (5 PM-8 PM)		
Sat Oct 18 (12 PM-3 PM)			

#### Quakertown

Sat Aug 9 (10 AM-1 PM)	Wed Sep 17 (6:30-9:30 PM)	Wed Oct 15 (6:30-9:30 PM)	Wed Dec 10 (6:30-9:30 PM)
Wed Aug 13 (6:30-9:30 PM)	Sun Sep 21 (10 AM-1 PM)	Wed Nov 12 (6:30-9:30 PM)	Sun Dec 14 (10 AM-1 PM)
Sat Aug 23 (10 AM-1 PM)	Sun Oct 5 (10 AM-1 PM)	Sun Nov 16 (10 AM-1 PM)	



## YOUTH &amp; TEEN SPORTS

Contact Kevon Allen with questions  
at [kallen@ymcarivercrossing.org](mailto:kallen@ymcarivercrossing.org)

Fall Youth Leagues (Starting Sept 2025)	Member FLAT FEE	Non-member FLAT FEE	Age	Day	Time	Location
Fall Season runs 8 weeks from September 6-November 1. Registration deadline August 31.						Located at Stockertown Borough
<b>Soccer League</b>						
Teams will meet 2 times per week. They will participate in a one hour practice and one hour game. Practices will be scheduled on weekday evenings, depending on the coach and field availability. Games are played on Saturdays. Game times will vary based on age groups.						
	\$84	\$139	3-4 yrs	Sat	9 AM-2 PM	
	\$84	\$139	5-6 yrs	Sat	9 AM-2 PM	
	\$84	\$139	7-9 yrs	Sat	9 AM-2 PM	
	\$84	\$139	10-13 yrs	Sat	9 AM-2 PM	

RCY Travel Leagues			Member FLAT FEE	Non-member FLAT FEE	Age Group	Day & Time	Location
Fall Season runs 8 weeks from September 20-November 8. Registration deadline September 13.							
River Crossing YMCA Flag Football League							
The RCY Boys & Girls Flag Football Leagues are designed for young athletes from all counties to develop their skills, build confidence and compete against others across our association. Players will refine techniques, learn team dynamics and participate in exciting game settings, all while fostering friendships and leadership qualities. Perfect for the player looking to take their game to the next level.							
Inter-Y Play Dates: October 4, October 18, November 8							
All teams will participate in regional game play on October 4 & October 18. We will attempt to schedule one home game and one away game for each team. The season will conclude with an Association-Wide tournament at our Doylestown location on November 8.			\$175	n/a	Boys - 13 yrs & under	to be determined	
			\$175	n/a	Girls - 13 yrs & under	to be determined	
			All players must be 13 years old or younger at the start of the season, September 20, 2025.				

<b>River Crossing YMCA Girls Volleyball League</b>					
Season runs 12 weeks from January 5 - March 28. Registration deadline December 21.					
The Girls Volleyball League is designed for young athletes from all counties to develop their volleyball skills, build confidence and compete against others across our association. This team-based program is the perfect next step for those who have completed our skills clinic, offering an opportunity to put their training into action in a supportive, competitive environment. Players will refine techniques, learn team dynamics and participate in exciting matches, all while fostering friendships and leadership qualities. All players must be River Crossing YMCA members.					
Teams will practice 2x per week. Times will be determined at a later date. Our teams will play regional games in January and February, to be scheduled at a later date. They will also play in our association-wide tournament on March 21, 2026.					
League is charged as monthly draft fee collected on the 1st of each month, January to March					
	\$96	--	Gr 6-7	to be determined	
	\$96	--	Gr 8-9	to be determined	

Youth Basketball Leagues (Beginning December 2025)	Member FLAT FEE	Non-member FLAT FEE	Age	Day	Time	Location
Jr. Sixers runs from December 2-February 10 with no games on 12/30. Registration deadline is November 16.						All players receive a reversible Junior Sixers jersey.
<b>Junior Sixers Basketball</b>						
Each session will be 1 hour split between skill development and instructional game play. Each player will receive a reversible Junior Sixers jersey. Team size will be capped at 10 players.						
	\$130	\$240	8-9 yrs	Wed	5:30-6:30 PM	Gymnasium
	\$130	\$240	10-12 yrs	Wed	6:45-7:45 PM	Gymnasium
Jr. Sixers League Night will be determined at a later date. All families will have an opportunity to purchase tickets to the game.						

Youth Sports Classes			Member MONTHLY	Non-member MONTHLY	Age	Day	Time	Location
MONTHLY DRAFT - Members \$43 / Non-members \$71 - for all 40 minute classes						(60-min classes are priced as indicated below)		
Tiny Teammates								
Play a variety of sports and games while promoting skill development, self-confidence, movement, teamwork, sportsmanship, and fun. Sports include basketball, soccer, floor hockey, football, baseball and more!					3-5 yrs	Thu	10-10:40 AM	Gym A
					3-5 yrs	Thu	5:40-6:20 PM	Gym A
Ultimate Sports								
Rotate through different ultimate games. Games include NERF games, Obstacle courses, Dodgeball, Capture the Flag and more. Each class focuses on different skills used in gameplay					6-12 yrs	Thu	6:30-7:10 PM	Gym A
Obstacle Ninja								
Run through an obstacle course like a ninja! Train to do just that with strength and conditioning exercises, daily challenges, and ninja courses.					3-5 yrs	Wed	5:40-6:20 PM	Mind Body Studio
					6-8 yrs	Wed	6:30-7:10 PM	Mind Body Studio
Basketball								
A basketball skill development program designed to teach and strengthen fundamental techniques, including dribbling, shooting, passing, and defense, while building confidence and game awareness.			\$65	\$107	3-5 yrs	Mon	5:30-6:30 PM	Gym A
			\$65	\$107	6-8 yrs	Mon	6:45-7:45 PM	Gym A
			\$65	\$107	9-11 yrs	Tue	5:30-6:30 PM	Gym A
			\$65	\$107	12-15 yrs	Tue	6:45-7:45 PM	Gym A

Free Classes for Youth Members				Age	Day	Time	Location
<b>Jump, Run, Tumble Fun</b>							
Play on our indoor gymnastic equipment playground. Great place to let out some energy. This is an open gym style program, with no instructor. Parent/Guardian required to stay with children.				0-5 yrs	Fri	10:30-11:30 AM	Mind Body Studio

ARTS & HUMANITIES

Contact Kevon Allen with questions  
at [kallen@ymcarivercrossing.org](mailto:kallen@ymcarivercrossing.org)

Art	Member MONTHLY	Non-member MONTHLY	Age	Day	Time	Location
<b>Mixed Arts</b>						
Learn different styles of art using a variety of fun techniques. Art projects will include watercolors, paint, markers, pastels, and more!	\$43	\$71	4-6 yrs	Tue	5:40-6:20 PM	AP Room
	\$43	\$71	7-10 yrs	Tue	6:40-7:20 PM	AP Room

ADULT SPORTS

Adult Leagues		Age	Day	Time	Location
TEAM REGISTRATION - \$368 per team					
FREE AGENT REGISTRATION - \$57 per person		Interested in playing in an adult league but need a team? Sign up as a Free Agent and be placed on a team!			
Co-Ed Adult Volleyball League (Sept 22-Dec 15)					
Each team plays once a week at either 6 PM, 7 PM, or 8 PM. Games are best out of 3 and last approx. 45 minutes. Each team will have SIX players on the court at once (co-ed will need to have THREE females and THREE males).		18 yrs+	Mon	6-9 PM	Gymnasium

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<b>Women's Volleyball League</b> (Sept 26-Dec 19) Adult Women's league. Each team plays once a week at either 6 PM, 7 PM, or 8 PM. Games are best out of 3 and last approx. 45 minutes. I team will have SIX players on the court at once.					
	18 yrs+	Fri	6-9 PM	Gymnasium	

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FAMILY & COMMUNITY

Easton | Fall

FAMILY & COMMUNITY

Contact Kevon Allen with questions  
at [kallen@ymcarivercrossing.org](mailto:kallen@ymcarivercrossing.org)

Family Events	Date	Time	Location
<b>Family Fun Nights</b> Join us for Family Fun Nights! Each Friday one of our branches will host a free activity for our family memberships.			
Only one member of the family needs to register.			
<b>College Friday Night Lights</b> - Enjoy a night of Friday Night College Football and some pizza, Watching Florida State v.s Virginia.	Fri 9/26	6:30-8 PM	All Purpose Room
<b>Flick 'n Float</b> - Enjoy a movie while floating in our pool. Flotation devices allowed for optimum rela	Fri 11/14	6:30-8:30 PM	Pool

Community Events	Date	Time	Location
<b>Welcoming Week Potluck</b> - Families, YMCA members and community members are invited to our annual Welcoming week potuck. Registration will be available closer to the date.	Fri 9/19	to be determined	Welcome Center

Parents Night Out	Member FLAT FEE	Non-member FLAT FEE	Age	Date	Time	Location
<b>Parent's Night Out (PNO)</b>			3-12 yrs	Fri	5:30-9 PM	Stay & Play
Kids enjoy a fun evening at the Y and parents can enjoy a night out! Includes games, a craft, pizza, snacks, and a movie. - Registration for two or three children pricing must be completed over the phone or in person to receive the reduced rate. Member rate available to children with a youth or family membership.	\$33	\$54	(1) child			
	\$45	\$74	(2) children (requires phone / in-person registration)			
	\$54	\$89	(3) children (requires phone / in-person registration)			
	\$9	\$15	Each additional child			
Fall 2025 - Sept 12, Oct 10, Nov 7, Dec 5						

STAY & PLAY

Questions? Contact Nancylee Marks,  
[nmarks@ymcarivercrossing.org](mailto:nmarks@ymcarivercrossing.org)

<b>Member Use - Open Hours</b>	<a href="#">Visit our website for more detailed information</a>		
Children 6 Months through 11 years can play and have fun in Stay & Play while you workout or utilize the facility. Stay & Play is provided free of charge for up to two hours per day to Adult, Adult Couple, Family 1 and Family 2 membership type categories.	6 mos-11 yrs	Mon-Thu 8:30-11:30 AM Mon-Thu 4-7:30 PM	Fri 8:30-11:30 AM Sat 8:30 AM-12:30 PM
<b>Try Our Sitter Service!</b>	<b>90 minutes or 3 hours</b> <b>Prices start at \$19 member / \$31 non-member</b>		
For ages 3-12 years - Offered during Stay & Play hours to those who need to leave the Y campus for errands, appointments, shopping, etc. Registration required prior to drop-off.			

<b>PARTIES &amp; RENTALS</b>	<a href="#">Visit our website for all of our party options</a>
<b>Celebrate your next party at the Y!</b>	<b>Available Saturday &amp; Sunday</b> <b>Prices start at \$275</b>
Choose a Traditional Party or Pool Party. All parties include one hour in the gymnasium, studio or pool, followed by one hour in a party room.	

## WELLNESS TOOLS &amp; PROGRAMS

## Wellness Classes &amp; Workshops

**Immersive Sound Meditation Class** (12 yrs+)

Experience the transformative benefits of sound meditation, supporting anxiety relief, emotional release, focus and overall well-being. Get comfortable with provided yoga mats or bring your own blankets and pillows for added relaxation.

LOCATION	DAY	TIME	MEMBER	NON-MEMBER
Studio	Thu	6:30-7:15 PM	\$0	\$20

**Aug 28, Sept 11, Oct 9, Nov 6**

*Participants 12-15 yrs must be accompanied by an adult*

*All YMCA River Crossing wellness programs and personal training packages are available for ages 12 years and older unless otherwise noted.*

## PERSONAL TRAINING

Questions? Contact Chloe Ghirardi  
at [cghirardi@ymcarivercrossing.org](mailto:cghirardi@ymcarivercrossing.org)

## Personal Training Club

Join the PT Club and get one-on-one time with a personal fitness trainer who can help you meet your goals or get started on your fitness journey. Club prices are lower than package pricing. Clients may carry over one unused session per month. Fees run as a continual draft on the 1st of the month with no need to reregister each month.

*There is a three month minimum commitment in order to receive the discounted pricing.*

MONTHLY RATES	MEMBER	MEMBER	MEMBER
Monthly Package Options	30 minutes	45 minutes	60 minutes
(4) Sessions (1 per week)	\$104	\$152	\$199
(8) Sessions (2 per week)	\$208	\$303	\$398
(12) Sessions (3 per week)	\$313	\$455	\$597

## Personal Training

**Personal Training Packages**

One-on-one time with a personal fitness trainer who can help you to meet your goals or get started on your fitness journey.

ONE TIME FEE	MEMBER	NON-MEMBER	MEMBER	NON-MEMBER	MEMBER	NON-MEMBER
Package Options	30 minutes	45 minutes	60 minutes			
(5) Sessions	\$150	\$248	\$214	\$353	\$278	\$459
(10) Sessions	\$278	\$459	\$403	\$665	\$530	\$875

**First Time Personal Training Client Promotion**

Special pricing for first time clients. All sessions must be used within 60 days of purchase.

(3) Sessions - 45 minutes	\$95	--
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## Partner Training

**Partner Training Packages**

There's no better way to stay motivated than to train with a friend. Partner Training allows you both to train, side-by-side with a Personal Trainer and stay on target!

ONE TIME FEE / PRICING IS PER PERSON	MEMBER	NON-MEMBER	MEMBER	NON-MEMBER
Package Options	45 minutes	60 minutes		
(5) Sessions	\$133	\$219	\$173	\$285
(10) Sessions	\$232	\$383	\$309	\$510

Team Training		ONE TIME FEE / PRICING IS PER PERSON	MEMBER	NON-MEMBER	MEMBER	NON-MEMBER
<b>Team Training Packages</b>		<b>Package Options</b>	<b>45 minutes</b>		<b>60 minutes</b>	
There's no better way to stay motivated than to train with a friend. Partner Training allows you both to train, side-by-side with a Personal Trainer and stay on target!	<b>3 People</b>	(5) Sessions	\$69	\$114	\$87	\$144
		(10) Sessions	\$122	\$201	\$156	\$257
	<b>4 People</b>	(5) Sessions	\$58	\$96	\$78	\$129
		(10) Sessions	\$99	\$163	\$139	\$229
	<b>5 People</b>	(5) Sessions	\$48	\$79	\$69	\$114
		(10) Sessions	\$82	\$135	\$122	\$201