



RIVER CROSSING YMCA

SUMMER

PROGRAM GUIDE

Bethlehem | Jun 9–Aug 24, 2025

Welcome to River Crossing YMCA's summer program guide. We are pleased to provide clean facilities and safe programs to help you meet your health and wellness needs now more than ever.

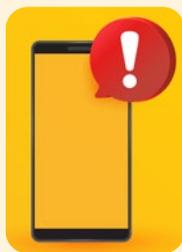
IT PAYS TO BELONG.

As a member you have a full list of facility amenities and program benefits! [Click here to learn more.](#)

PROGRAM REGISTRATION DATES

- **Family Members: Apr 16** (online, phone or in-person)
- **Member: Apr 18** (online, phone or in-person)
- **Non-member: Apr 21** (online, phone or in-person)

NOT A MEMBER? [Click here](#) to join today!



KNOW BEFORE YOU GO. Sign up for text alerts.

Receive notifications about changes, cancellations and closures for branch-specific programs including:

- building opening delays and closures
- pool closures
- group exercise class changes and cancellations

Sign up for alerts: [Click here to sign up.](#)

Having trouble opting in? Or already in the system but need to add new locations? [Click here](#) to email Brittney for help.

MONTHLY DRAFTS

For our regular youth and adult sports and swim programs, arts and enrichment classes, we have transitioned to monthly drafts instead of requiring re-registration for a session with the exception of seasonal programs and leagues. Register for your youth swim, sports or personal training program and we'll continue to bill you monthly until you request to stop! Super convenient and helpful in establishing schedules for your family! [Click here to learn more.](#)



Financial Assistance

At the Y, we believe in making a positive impact on individuals and families in need. Financial assistance is available for membership, programs and child care through an application process. For full information and application details [click here or scan the QR code.](#)



UPCOMING EVENTS AT THE Y! [Click here to learn more.](#)



KIDS TRIATHLON: August 10, 6:30-11:45 AM

Youth ages 3-15 are invited to compete in a triathlon designed for their age group. [Click here to register.](#)



As a full member, you have access to our branches in Pennsylvania in Bucks, Lehigh and Northampton counties and in New Jersey in Hunterdon County.

Please view a full list of our locations below.

For more information visit ymcarivercrossing.org

Allentown

425 South 15th Street
Allentown, PA 18102

[Click here](#) for hours and amenities

Bethlehem

430 East Broad Street
Bethlehem, PA 18018

[Click here](#) for hours and amenities

Deer Path

144 West Woodschurch Road
Flemington, NJ 08822

[Click here](#) for hours and amenities

Doylestown

2500 Lower State Road
Doylestown, PA 18901

[Click here](#) for hours and amenities

Easton/Phillipsburg

1225 West Lafayette Street
Easton, PA 18042

[Click here](#) for hours and amenities

Fairless Hills

601 South Oxford Valley Road
Fairless Hills, PA 19030

[Click here](#) for hours and amenities

Nazareth

33 South Main Street
Nazareth, PA 18064

[Click here](#) for hours and amenities

Newtown

190 South Sycamore Street
Newtown, PA 18940

[Click here](#) for hours and amenities

Quakertown

401 Fairview Avenue
Quakertown, PA 18951

[Click here](#) for hours and amenities

Slate Belt

315 West Pennsylvania Avenue
Pen Argyl, PA 18072

[Click here](#) for hours and amenities

Suburban North

880 Walnut Street
Catasauqua, PA 18032

[Click here](#) for hours and amenities

Warminster

624 York Road
Warminster, PA 18974

[Click here](#) for hours and amenities

FITNESS

We offer state-of-the-art wellness centers and group exercise studios, focused on the health and wellbeing of each of our members. Our wellness centers are open and spacious and well equipped with a variety of cardio, selectorized strength machines, free weight and functional training equipment.

FITNESS EQUIPMENT ORIENTATION

Fitness Equipment Orientations will acclimate you with the Wellness Center, teaching you how to use the equipment safely and effectively. [Click here to register.](#)



FITNESS CONSULTATIONS

Available free every 90 days, book an appointment with a fitness professional for guidance and support to help you reach your goals. [InBody Body Composition Scans](#) are available at select branches.

FITNESS TRAINING

Experienced trainers will design a program specific for you and help you create sustainable lifestyle changes to meet your health and wellness goals - no matter where you are in your journey. For questions, prices or to book a training package [click here](#) or scan the QR code.



GROUP EXERCISE

Group exercise classes are included free with membership. [Click here](#) for schedules and reservations.

GYMNASIUM

Available at Bethlehem, Deer Path, Doylestown, Easton, Fairless Hills, Quakertown, Slate Belt and Suburban North. Our gymnasiums are available for open gym, basketball and pickleball. To view our gymnasium schedules [click here](#).

AQUATICS

Available at Bethlehem, Deer Path, Doylestown, Easton, Fairless Hills, Nazareth, Quakertown, Slate Belt and Warminster. [Click here to learn more.](#)

In addition to our aquatics and swim programs, we offer lap swim, open/family swim, a whirlpool (Deer Path, Doylestown, Easton, Slate Belt) and aquatic group exercise classes. All aquatic exercise classes are available via a reservation system.

SWIM LESSONS

Swim instruction is available for all ages, including teens and adults, with options for private and semi-private lessons. Dive into our programs to enhance your swimming skills and confidence today! [Click here to learn more.](#)



DOYLESTOWN SKATEPARK HOURS

Mon-Thurs 4:30-8 PM; Fri 4:30-9 PM
Sat & Sun 12-6 PM

Hours and availability are subject to change due to weather conditions.

[Click here for more information.](#)

METRO ESPORTS GAMING LOUNGE HOURS

Doylestown Lounge
Mon-Fri | 2:30-9 PM
Sat & Sun | 2-6 PM

Warminster Lounge
Mon, Wed, Fri | 3-7 PM
Tues, Thurs | 5-7 PM
Sat & Sun | 9 AM-12 PM

Fairless Hills Lounge
Mon-Thurs | 3-7 PM
Fri | 3-8 PM; Sat & Sun | 2-5 PM



Teamwork • Leadership • Safety • Inclusion

[Click here for more information.](#)

STAY & PLAY

Child care while you work out! Make the most of your visit while we look after kids aged 3 months to 6th grade. This service is free to members with adult and family memberships, ensuring you can focus on your workout knowing your children are safe and supervised.

[Click here for more information.](#)



	OPENS MON JUNE 16!	CAMP CARR OUTDOOR POOL Mon-Thurs: 6-8 PM; Fri: 5-8 PM; Sat & Sun: 12-7 PM
	OPENS SAT MAY 24!	EASTON EDDYSIDE POOL Mon-Fri: 12-7 PM; Open on even numbered days only
	OPENS SAT MAY 24!	EASTON HEIL POOL Mon-Fri: 12-7 PM; Open on odd numbered days only
	OPENS MON JUNE 21!	HOLLAND OUTDOOR CENTER Mon & Wed: 5-7 PM; Sat & Sun: 12-5 PM
	OPENS SAT MAY 24!	SOLECO POOL, MANAGED BY RIVER CROSSING YMCA Mon-Sun: 12-8 PM




Scan or [click here](#) to view program registration information online

**CHILD CARE and
SCHOOL AGE CHILD CARE**



**Camp Carr RV Campground
Annandale, NJ**

Reservations are now open for the season! Secure your spot today for a getaway filled with relaxation and adventure. Open April 1–October 31.

[Click here to make your reservation.](#)

REGISTRATION OPEN!

[Click here for Child Care](#)
[Click here for School Age Child Care](#)

**Don't miss out,
SUMMER CAMPS
are filling fast!**
[Click here to register.](#)



Member Referral Program

Current members will receive \$30 in Y Bucks when they refer a friend who joins the Y! Visit the Welcome Center to learn more.

beCAUSE together we're touching lives

This is a membership about community, caring and cause! You are supporting vital community programs in a meaningful way where everyone benefits!

SCAN THE QR CODE OR [CLICK HERE TO LEARN MORE!](#)



River Crossing YMCA is the nonprofit charity transforming millions of dollars into moments of impact. [Click here](#) to learn more.



**FIND YOUR
POTENTIAL.
FIND YOUR Y.**

For a better us.®

Enjoy a career with a future and the opportunity to make a lasting difference in the lives of those around you.

- Includes FREE YMCA membership & reduced membership and program fees for the family
- FREE virtual wellness platform for the entire family
- Competitive hourly pay rates
- Friendly, caring team environment
- Nurturing employee onboarding program

Apply online at ymcarivercrossing.org/hr or in person at the Welcome Center at one of our branches!

RIVER CROSSING YMCA PHONE APP

Our app includes a “find a class” feature, electronic access to schedules and links to our reservation system and virtual wellness platform. Keep track of your workouts and participate in member challenges. Turn on notifications, and you'll receive push notifications when there is important information and closures.

HOW TO INSTALL:

1. Visit your app store.
2. Search for “River Crossing YMCA”
3. Download to your phone
4. Use your personal information to create an account



Scan to download our app for Android users or [click here](#) to download.



Scan to download our app for iPhone users or [click here](#) to download.



METRO ESPORTS

SUMMER 2025

Summer camp registration available, and opportunities for party rentals!



EVERY WEEK

FORTNITE FRIDAY

AT DOYLESTOWN

Every Friday, 5-7 PM at Metro Esports. Compete in modes like Box Fights and Zone Wars to win Metro Coins for gaming gear and merch. Rookie or pro, the competition is fierce!

Every Friday | 5:00 PM

THE STORM - FORTNITE

AT FAIRLESS HILLS

Every Monday, battle it out in rotating Fortnite modes as a group or solo player. Win Metro Coins, redeemable for gaming gear, merch, and so much more!

Every Monday | 5:00 PM

IMPORTANT!

ALL LOCATIONS

Hours are changing for all locations to accommodate for summer camps! Be sure to check for our new schedule.



PARTY RENTALS

You can rent a Metro Esports facility for your own birthday party or event! Let your event host guide your party through unique challenges, competitions, and free play for the best birthday a gamer could have.

Visit metroesports.gg for more info

DOYLESTOWN

MON - FRI: 4:30 PM to 8:30 PM
SAT - SUN: 2:00 PM to 6:00 PM



GAMING & ESPORTS CAMP

Morning camp with exciting challenges, team-based activities, and guided free play across a variety of games.

June 16 to August 29 | Monday to Friday from 9AM to 12PM



WARMINSTER

FRI: 4:30 PM to 8:00 PM
SAT - SUN: 9:00 AM to 2:00 PM

GAMING & ESPORTS CAMP

Morning camp with exciting challenges, team-based activities, and guided free play across a variety of games.

June 16 to August 22 | Monday to Friday from 9AM to 4PM



GAME ON! INTRO TO GAMING FOR ACTIVE OLDER ADULTS

Specifically for active older adults, an instructional course on the world of gaming. Learn step-by-step instructions and enjoy gaming at your own pace!

Saturday, August 23 | 10:00 AM

FAIRLESS HILLS

MON - FRI: 4:30 PM to 7:00 PM
SAT - SUN: 2:00 PM to 5:00 PM

ESPORTS CAMP

Full day or half day camp options available. A dynamic camp environment to develop skills, make new friends, and explore the thrilling world of esports and gaming.

June 23 to August 29 | Monday to Friday from 9AM to 4PM



TECHU CAMP

Afternoon camp for young gaming enthusiasts to dive into game creation, media, and tech skill development. Learn to code, build computers, design games, and more!

June 16 to August 29 | Monday to Friday from 1PM to 4PM



PRIVATE SWIM LESSONS

Questions? Contact Jen Storz
at jstorz@ymcarivercrossing.org

Private Swim Lessons		Age		Member FLAT FEE	Non-member FLAT FEE	Location
Private Swim Lessons	(4) 30-minute lessons	3 yrs+		\$141	\$233	Bethlehem Pool
<i>1:1 Ratio Student / Instructor</i>	(8) 30-minute lessons	3 yrs+		\$277	\$457	Bethlehem Pool
Semi-Private Swim Lessons	(4) 30-minute lessons	3 yrs+	<i>Pricing is per person</i>	\$97	\$160	Bethlehem Pool
<i>2:1 Ratio Student / Instructor</i>	(8) 30-minute lessons	3 yrs+	<i>Pricing is per person</i>	\$191	\$315	Bethlehem Pool

GROUP SWIM LESSONS

Questions? Contact Vanessa Rex
at vrax@ymcarivercrossing.org

Please select your child's level based on their age and ability. Contact Vanessa Rex to set up an appointment for a free evaluation or:

[View our Swim Lesson selector here](#)

Parent & Child Swim Lessons				Member MONTHLY	Non-member MONTHLY	Location
	Age	Day	Time			
<i>All lessons are located in the Bethlehem Pool</i>						
A / Water Discovery						
Introduces infants and toddlers to the aquatic environment and encourages them to enjoy themselves while learning about the water with a parent/caretaker whom they trust. Parents practice the important survival skill of teaching their child to roll from front to back and float.	6-18 mos	Sat	10:20-11 AM	\$66	\$109	
B / Water Exploration						
Parents work with their toddlers to learn fundamental safety and pre-swimming skills like floating, blowing bubbles, paddle stroke and kicking. Skills are taught in the context of repetitive songs, fun activities and drills which reinforce physical learning and encourage positive interaction.	19 mos-4 yrs	Sat	11-11:40 AM	\$66	\$109	

Preschool Swim Lessons				Member MONTHLY	Non-member MONTHLY	Location
	Age	Day	Time			
<i>All lessons are located in the Bethlehem Pool</i>						
1 / Water Acclimation						
Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with underwater exploration and learn how to safely exit the water if they fall in.	3-5 yrs	Thu	4:30-5:10 PM	\$66	\$109	
	3-5 yrs	Sat	9-9:40 AM	\$66	\$109	
2 / Water Movement						
Students focus on body position and control, directional change and forward movement in the water while continuing to learn personal water safety skills including paddle stroke, floating, treading water and safely exiting the water should they fall in.	3-5 yrs	Thu	4:30-5:10 PM	\$66	\$109	
	3-5 yrs	Sat	9-9:40 AM	\$66	\$109	
3 / Water Stamina						
Students continue to learn personal water safety skills and learn to swim to safety from a longer distance using a swim/float/swim sequence. Rhythmic breathing and the purposeful integration of arm and leg movements are taught.	3-5 yrs	Tue	4:45-5:25 PM	\$66	\$109	
	3-5 yrs	Sat	9-9:40 AM	\$66	\$109	

4 / Stroke Introduction

Students develop stroke technique in front and back crawl and are introduced to breaststroke and butterfly kick. Water safety is reinforced through treading water and elementary backstroke. Sitting dives are introduced.

3-5 yrs	Tue	4:45-5:25 PM	\$66	\$109
3-5 yrs	Sat	9-9:40 AM	\$66	\$109

School Age Swim Lessons

Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
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1 / Water Acclimation

Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with underwater exploration and learn how to safely exit the water if they fall in.

All lessons are located in the Bethlehem Pool

6-12 yrs	Thu	5:10-5:50 PM	\$66	\$109
6-12 yrs	Sat	9:40-10:20 AM	\$66	\$109

2 / Water Movement

Students focus on body position and control, directional change and forward movement in the water while continuing to learn personal water safety skills including paddle stroke, floating, treading water and safely exiting the water should they fall in.

6-12 yrs	Thu	5:10-5:50 PM	\$66	\$109
6-12 yrs	Sat	9:40-10:20 AM	\$66	\$109

3 / Water Stamina

Students continue to learn personal water safety skills and learn to swim to safety from a longer distance using a swim/float/swim sequence. Rhythmic breathing and the purposeful integration of arm and leg movements are taught.

6-12 yrs	Tue	5:25-6:05 PM	\$66	\$109
6-12 yrs	Sat	9:40-10:20 AM	\$66	\$109

4 / Stroke Introduction

Students develop stroke technique in front and back crawl and are introduced to breaststroke and butterfly kick. Water safety is reinforced through treading water and elementary backstroke. Diving is introduced.

6-12 yrs	Tue	5:25-6:05 PM	\$66	\$109
6-12 yrs	Sat	9:40-10:20 AM	\$66	\$109

5 / Stroke Development

Students perfect rotary breathing and backstroke while learning breaststroke, butterfly and starts and turns. Emphasis is on improving technique and endurance. Personal water safety continues through treading, water and sidestroke.

6-12 yrs	Sat	10:20-11 AM	\$66	\$109
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6 / Stroke Mechanics

Students learn butterfly while continuing to develop technique and endurance while refining breaststroke, back and front crawl and diving. Flip turns and diving from the block are introduced as they learn about competitive swimming.

6-12 yrs	Sat	10:20-11 AM	\$66	\$109
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Teen & Adult Swim Lessons

Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
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Teen & Adult Swim Lessons

Students learn personal water safety and achieve basic swimming competency by learning benchmark skills.

All lessons are located in the Bethlehem Pool

Teen - 1-3 / Swim Basics	12-17 yrs	Tue	4:45-5:25 PM	\$66	\$109
Adult - 1-3 / Swim Basics	18 yrs+	Sat	11-11:40 AM	\$66	\$109

FAMILY & COMMUNITY

All Branches | Summer

AMERICAN RED CROSS CLASSES

Contact Anahita Mir at
amir@ymcarivercrossing.org

Please visit website for full details on all American Red Cross Classes.

Lifeguarding Training with Deep Water (Blended Full Course)

Branch	Class Dates	Age	Member FLAT FEE	Non-member FLAT FEE	Location
Attendance at all class dates is required to complete certification		15 yrs+ for all branch locations	\$340	\$390	Listed below
Bethlehem					
April	Sat Apr 26 (10 AM-7 PM) - Sun Apr 27 (10 AM-6:30 PM) - Fri May 2 (5-9 PM)				CE Room
May	Fri May 23 (5-9 PM) - Sat May 24 (8 AM-6 PM) - Sun May 25 (9 AM-4:30 PM)				CE Room
Deer Path					
April	Sat Apr 5 (9 AM-5 PM) - Sun Apr 6 (9 AM-5 PM) - Sat Apr 12 (9 AM-5 PM)				Pool Deck
May	Sat May 17 (9 AM-5 PM) - Sun May 18 (9 AM-5 PM) - Sat May 24 (9 AM-5 PM)				Pool Deck
Doylestown					
May (1)	Fri May 2 (4-9 PM) - Sat May 3 (9 AM-6 PM) - Sun May 4 (9 AM-6 PM)				Lobby at WC
May (2)	Fri May 17 (4 PM-9 PM) - Sat May 18 (9 AM-6 PM) - Sun May 24 (9 AM-6 PM)				Lobby at WC
July	Fri Jul 11 (4 PM-9 PM) - Sat Jul 12 (9 AM-6 PM) - Sun Jul 13 (9 AM-6 PM)				Lobby at WC
Fairless Hills					
April	Fri Apr 25 (5-8 PM) - Sat Apr 26 (8 AM-5:30 PM) - Sat May 3 (8 AM-5:30 PM)				Lobby at WC
Quakertown					
April	Fri Apr 4 (4-9 PM) - Sat Apr 5 (9 AM-6 PM) - Sun Apr 6 (9 AM-6 PM)				Lobby at WC
May	Fri May 23 (4-9 PM) - Sat May 24 (9 AM-6 PM) - Sun May 25 (9 AM-6 PM)				Lobby at WC
June (1)	Fri Jun 6 (4-9 PM) - Sat Jun 7 (9 AM-6 PM) - Sun Jun 8 (9 AM-6 PM)				Lobby at WC
June (2)	Fri Jun 27 (4-9 PM) - Sat Jun 28 (9 AM-6 PM) - Sun Jun 29 (9 AM-6 PM)				Lobby at WC
July	Fri Jul 25 (4-9 PM) - Sat Jul 26 (9 AM-6 PM) - Sun Jul 27 (9 AM-6 PM)				Lobby at WC

Lifeguarding Recertification Training

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
		15 yrs+ for all branch locations			\$175	\$195	Listed below
Deer Path	May 17		Sat	9 AM-6 PM			Pool Deck
	July 20		Sun	9 AM-6 PM			Pool Deck
	August 3		Sun	9 AM-6 PM			Pool Deck

Doylestown	May 10		Sat	9 AM-6 PM			Lobby at WC
	June 21		Sat	9 AM-6 PM			Lobby at WC
Fairless Hills	June 15		Sun	9 AM-6 PM			Lobby at WC
	June 29		Sun	9 AM-6 PM			Lobby at WC
	July 19		Sat	9 AM-6 PM			Lobby at WC
Quakertown	April 26		Sat	9 AM-6 PM			Lobby at WC
	May 4		Sun	9 AM-6 PM			Lobby at WC
	July 20		Sun	9 AM-6 PM			Lobby at WC
Bethlehem	May 18		Sun	10 AM-7:30 PM			Lobby at WC

Lifeguarding Instructor Training (Blended Full Course)

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
Attendance at all class dates is required to complete certification		17 yrs+ for all branch locations			\$415	\$475	Gene Smith Conf Rm
Doylestown							
April	Fri Apr 11 (4-9 PM) - Sat Apr 12 (9 AM-6 PM) - Sun Apr 13 (9 AM-6 PM)						
June	Fri Jun 13 (4-9 PM) - Sat Jun 14 (9 AM-6 PM) - Sun Jun 15 (9 AM-6 PM)						
August	Fri Aug 1 (4-9 PM) - Sat Aug 2 (9 AM-6 PM) - Sun Aug 3 (9 AM-6 PM)						

Lifeguarding Instructor Recertification Training (Blended Full Course)

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
Doylestown	May 12	17 yrs+	Mon	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room
	June 22	17 yrs+	Sun	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room
	July 19	17 yrs+	Sat	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room
	August 9	17 yrs+	Sat	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room
	August 16	17 yrs+	Sat	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room

CPR/AED for Professional Rescuers with First Aid and Administering Emergency Oxygen (Blended Full Course)

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
<i>Class times will be posted as they become available</i>							

Basic Life Support / BLS (Blended Full Course)

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
<i>Class times will be posted as they become available</i>		15 yrs+	Sun		\$65	\$95	Studio 2

ARC Adult and Pediatric First Aid/CPR/AED with Administering Emergency Oxygen (Blended Full Course)

Branch	Age	Member FLAT FEE	Non-member FLAT FEE	Location
Bethlehem	15 yrs+ for all classes	\$115	\$140	Teen Center/SEFA ROOM
Wed Apr 2 (10:30 AM-1:30 PM)	Fri May 16 (5-8 PM)			
Sat Apr 26 (10:30 AM-1:30 PM)				
Deer Path	15 yrs+ for all classes	\$115	\$140	CE Room
Sat May 3 (11 AM-2 PM)				
Doylestown	15 yrs+ for all classes	\$115	\$140	Teen Center
Tue Apr 22 (5:15 PM-8:15 PM)	Tue Jun 3 (5:15 PM-8:15 PM)	Tue Jul 1 (5:15 PM-8:15 PM)	Tue Aug 5 (5:15 PM-8:15 PM)	
Tue Apr 29 (5:15 PM-8:15 PM)	Tue Jun 10 (5:15 PM-8:15 PM)	Tue Jul 15 (5:15 PM-8:15 PM)	Tue Aug 19 (5:15 PM-8:15 PM)	
Sun May 4 (11 AM- 2 PM)	Tue Jun 17 (5:15 PM-8:15 PM)	Tue Jul 29 (5:15 PM-8:15 PM)		
Tue May 6 (5:15 PM-8:15 PM)	Tue Jun 24 (5:15 PM-8:15 PM)			
Tue May 27 (5:15 PM-8:15 PM)				
Easton	15 yrs+ for all classes	\$115	\$140	SEFA Room
Fri Apr 18 (5 PM-8 PM)	Mon May 5 (10:30 AM-1:30 PM)			
	Sat May 24 (10:30 AM-1:30 PM)			
Fairless Hills	15 yrs+ for all classes	\$115	\$140	Studio 2
Sun Apr 27 (12 PM-3 PM)	Sun Jun 8 (11 AM-2 PM)	Sun Jul 13 (11 AM-2 PM)	Sun Aug 3 (11 AM-2 PM)	
Sun May 4 (11 AM-2 PM)	Sun Jun 15 (11 AM-2 PM)	Sun Jul 20 (11 AM-2 PM)	Sun Aug 17 (11 AM-2 PM)	
Fri May 9 (5 PM-8 PM)	Sun Jun 22 (11 AM-2 PM)	Sun Jul 27 (11 AM-2 PM)	Sun Aug 24 (11 AM-2 PM)	
Sun May 18 (11 AM-2 PM)	Sun Jun 29 (11 AM-2 PM)			
Sun May 25 (11 AM-2 PM)				
Round Valley	15 yrs+ for all classes	\$115	\$140	CE Room
Mon Apr 7 (5:30 PM-8:30 PM)	Mon May 12 (5:15 PM-8:15 PM)			
Fri Apr 18 (3 PM-6 PM)	Thu May 29 (5:30 PM-8:30 PM)			
Wed Apr 30 (5:30 PM-8:30 PM)				
Quakertown	15 yrs+ for all classes	\$115	\$140	Upstairs/CC Room
Wed Apr 9 (6:30-9:30 PM)	Sun May 4 (10 AM-12:30 PM)	Wed Jun 11 (6:30-9:30 PM)	Wed Aug 13 (6:30-9:30 PM)	
Sun Apr 13 (10 AM-12:30 PM)	Wed May 7 (6:30-9:30 PM)	Wed Jul 9 (6:30-9:30 PM)		

AQUATIC PROGRAMS

Questions? Contact us at solecopool@ymcarivercrossing.org

Private Swim Lessons

Private Swim Lessons (3 yrs+) **(4) 30-minute lessons** (one-on-one with an instructor) **RCYMCA Memberships - \$140** **Summer Swim Only / Non-members - \$150**

Group Swim Lessons

[View our Swim Lesson selector here](#) Please select your child's level based on their age and ability. Contact us at solecopool@ymcarivercrossing.org to set up an appointment for a free evaluation.

Accelerated Swim Lessons **4 days/week for 2 weeks (8 lessons total)** **RCYMCA Memberships - \$120** **Summer Swim Only / Non-members - \$135**

Session (1) - Jun 16-Jun 26

Preschool 3-5 yrs

1 / Water Acclimation	Mon-Thu	9-9:40 AM
2 & 3 / Water Stamina & Movement	Mon-Thu	9-9:40 AM
2 & 3 / Water Stamina & Movement	Mon-Thu	9:45-10:25 AM

School Age 6-12 yrs

1 / Water Acclimation	Mon-Thu	9:45-10:25 AM
2 & 3 / Water Stamina & Movement	Mon-Thu	9-9:40 AM
4 / Stroke Introduction	Mon-Thu	9:45-10:25 AM

Session (2) - Jun 30-Jul 10

Preschool 3-5 yrs

1 / Water Acclimation	Mon-Thu	9:45-10:25 AM
2 & 3 / Water Stamina & Movement	Mon-Thu	9-9:40 AM
2 & 3 / Water Stamina & Movement	Mon-Thu	9:45-10:25 AM

School Age 6-12 yrs

2 & 3 / Water Stamina & Movement	Mon-Thu	9-9:40 AM
4 / Stroke Introduction	Mon-Thu	9-9:40 AM
5 & 6 / Stroke Development & Mechanics	Mon-Thu	9:45-10:25 AM

Session (3) - Jul 14-Jul 24

Preschool 3-5 yrs

1 / Water Acclimation	Mon-Thu	9-9:40 AM
2 & 3 / Water Stamina & Movement	Mon-Thu	9-9:40 AM
4 / Stroke Introduction	Mon-Thu	9:45-10:25 AM

School Age 6-12 yrs

1 / Water Acclimation	Mon-Thu	9:45-10:25 AM
2 & 3 / Water Stamina & Movement	Mon-Thu	9-9:40 AM
4 / Stroke Introduction	Mon-Thu	9:45-10:25 AM

Session (4) - Jul 28-Aug 7

Preschool 3-5 yrs

1 / Water Acclimation	Mon-Thu	9-9:40 AM
2 & 3 / Water Stamina & Movement	Mon-Thu	9-9:40 AM
2 & 3 / Water Stamina & Movement	Mon-Thu	9:45-10:25 AM

School Age 6-12 yrs

2 & 3 / Water Stamina & Movement	Mon-Thu	9:45-10:25 AM
4 / Stroke Introduction	Mon-Thu	9:45-10:25 AM
5 & 6 / Stroke Development & Mechanics	Mon-Thu	9-9:40 AM

Accelerated Swim Lessons **4 days/week for 2 weeks (8 lessons total)** **RCYMCA Memberships - \$120** **Summer Swim Only / Non-members - \$135**

Session (5) - Aug 11-Aug 21

Preschool 3-5 yrs			School Age 6-12 yrs		
1 / Water Acclimation	Mon-Thu	9-9:40 AM	1 / Water Acclimation	Mon-Thu	9:45-10:25 AM
2 & 3 / Water Stamina & Movement	Mon-Thu	9:45-10:25 AM	2 & 3 / Water Stamina & Movement	Mon-Thu	9-9:40 AM
4 / Stroke Introduction	Mon-Thu	9-9:40 AM	4 / Stroke Introduction	Mon-Thu	9:45-10:25 AM

Weekly Swim **1 day/week for 4 weeks (4 lessons total)** **RCYMCA Memberships - \$60** **Summer Swim Only / Non-members - \$75**

Wed PM Session (1) - Jun 18, Jun 25, Jul 2, Jul 9

Preschool 3-5 yrs			School Age 6-12 yrs		
1 / Water Acclimation	Wed	5-5:40 PM	1 / Water Acclimation	Wed	5:45-6:25 PM
2 & 3 / Water Stamina & Movement	Wed	5-5:40 PM	2 & 3 / Water Stamina & Movement	Wed	5-5:40 PM
2 & 3 / Water Stamina & Movement	Wed	5:45-6:25 PM	4 / Stroke Introduction	Wed	5:45-6:25 PM

Wed PM Session (2) - Jul 16, Jul 23, Jul 30, Aug 6

Preschool 3-5 yrs			School Age 6-12 yrs		
1 / Water Acclimation	Wed	5:45-6:25 PM	2 & 3 / Water Stamina & Movement	Wed	5-5:40 PM
2 & 3 / Water Stamina & Movement	Wed	5-5:40 PM	4 / Stroke Introduction	Wed	5-5:40 PM
2 & 3 / Water Stamina & Movement	Wed	5:45-6:25 PM	5 & 6 / Stroke Development & Mechanics	Wed	5:45-6:25 PM

Sat AM Session (1) - Jun 21, Jun 28, Jul 5, Jul 12

Parent & Child 6 mos-4 yrs			Preschool 3-5 yrs			School Age 6-12 yrs		
A & B / Water Discovery & Exploration	Sat	9-9:40 AM	1 / Water Acclimation	Sat	9:45-10:25 AM	1 / Water Acclimation	Sat	9:45-10:25 AM
			2 & 3 / Water Stamina & Movement	Sat	9-9:40 AM	2 & 3 / Water Stamina & Movement	Sat	9:45-10:25 AM
						4 / Stroke Introduction	Sat	9-9:40 AM

Sat AM Session (2) - Jul 19, Jul 26, Aug 2, Aug 9

Parent & Child 6 mos-4 yrs			Preschool 3-5 yrs			School Age 6-12 yrs		
A & B / Water Discovery & Exploration	Sat	9:45-10:25 AM	1 / Water Acclimation	Sat	9-9:40 AM	2 & 3 / Water Stamina & Movement	Sat	9:45-10:25 AM
			4 / Stroke Introduction	Sat	9-9:40 AM	2 & 3 / Water Stamina & Movement	Sat	9-9:40 AM
						5 & 6 / Stroke Development & Mechanics	Sat	9:45-10:25 AM

Stingrays Swim Team

Stingrays Swim Team	RCYMCA Memberships - \$140		Summer Swim Only - \$140
SOLECO Swim Team is part of the Suburban Swim League.	8 yrs & under	11-12 yrs	14-21 yrs
<i>Days and times to be announced.</i>	9-10 yrs	13-14 yrs	

SPORTS & ARTS

Bethlehem | Summer

YOUTH SPORTS							Contact Erika Proctor with questions at erikaproctor@ymcarivercrossing.org		
Summer Youth Leagues							Member FLAT FEE	Non-member FLAT FEE	Location
Summer Basketball Fun and instructive beginner basketball league. Class time is split between instruction/practice and scrimmaging.		June 9 to July 28	7-9 yrs	Mon	6-7 PM	\$84	\$139	Gymnasium	
		June 10 to July 29	10-12 yrs	Tues	5-6 PM	\$84	\$139	Gymnasium	
Youth Sports Classes							Member MONTHLY	Non-member MONTHLY	Location
Basketball Skill development program focusing on the fundamental skills of basketball. Ages 6-12 years are Level 1 - Wednesdays at 5:15 PM, and Level 2 - Wednesdays at 6 PM.		3-5 yrs	Mon	5:15-5:55 PM	\$43	\$71	Auxiliary Gym		
		6-12 yrs	Wed	5:15-5:55 PM	\$43	\$71	Saxton Gym		
		6-12 yrs	Wed	6-6:40 PM	\$43	\$71	Saxton Gym		
Soccer Learn the basics of soccer, like dribbling, passing and striking. Participants will build confidence and develop skills in a fun environment.		6-12 yrs	Thu	5-5:40 PM	\$43	\$71	Saxton Gym		
NERF Academy Create NERF course for every class and team up to win games like capture the flag and more. We provide NERF blasters, ammo and obstacles.		6-12 yrs	Thu	5:45-6:25 PM	\$43	\$71	Auxiliary Gym		
Private Coaching Choose between basketball, football, baseball, softball, and soccer. All lessons are 30 minutes. Please complete a request form at our Welcome Center.							Member FLAT FEE	Non-member FLAT FEE	Location
		Package Options:							
		6-12 yrs	(1) 30-minute session		\$30	\$45	Gym/Wellness/Training		
		6-12 yrs	(6) 30-minute sessions		\$150	n/a	Gym/Wellness/Training		
Gymnastics & Tumbling							Member MONTHLY	Non-member MONTHLY	Location
Gymnastics For the beginner gymnast with no formal gymnastics training. Beginner gymnasts will use beam, mats, and springboard in learning the basics of gymnastics.		6-12 yrs	Thu	6:20-7 PM	\$43	\$71	Court #2		
Kindergym Instructional preschool gymnastics classes. Children will use all pieces of apparatus; beam, floor and tumble trak. Evaluations will occur every other month to monitor progress. This is a child independent class and parents observe from the hallway.		3-5 yrs	Fri	5-5:40 PM	\$43	\$71	Court #2		

Free Member Classes							
	Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location	
Kickball Play a variety of different rules each game. Ball caught off the wall is out, run the bases backwards, etc.	6-11 yrs	Tue	4:15-5 PM	\$0	n/a	Saxton Gym	
Basketball Play pick-up games and work on skills with other teen members.	11-14 yrs	Fri	4:30-5:10 PM	\$0	n/a	Saxton Gym	
ARTS & HUMANITIES					Contact Erika Proctor with questions at erikaproctor@ymcarivercrossing.org		
Dance							
	Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location	
Ballet 1 Emphasizes the development of age appropriate ballet positions and steps with a focus on imagery to make learning fun.	3-5 yrs	Fri	5:40-6:20 PM	\$43	\$71	Court #2	
Art							
	Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location	
Mixed Arts For students who are predisposed to art fundamentals. Explore drawing styles and painting skills as well as unique materials, concepts and processes using ink, paint, clay and more.	6-12 yrs	Mon	6:30-7:10 PM	\$43	\$71	Niven School Age Room	
ADULT & TEEN SPORTS					Contact Erika Proctor with questions at erikaproctor@ymcarivercrossing.org		
Teen Sports							
	Age			Member FLAT FEE	Non-member FLAT FEE	Location	
Private Coaching Choose between basketball, football, baseball, softball, and soccer. All lessons are 30 minutes. Please complete a request form at our Welcome Center.		Package Options:					
	13-18 yrs	(1)	30-minute session	\$30	\$45	Gym/Wellness/Training	
	13-18 yrs	(6)	30-minute sessions	\$150	n/a	Gym/Wellness/Training	
Adult Sports							
	Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location	
Men's Basketball Pick-up style format.	25 yrs+	Mon, Wed, Fri	11 AM-1 PM	\$0	\$16	Saxton Gym	

FAMILY & COMMUNITY

Bethlehem | Summer

FAMILY & YOUTH

Questions? Contact Erika Proctor
at erikaproctor@ymcarivercrossing.org

Family Events

Age	Date	Time	Member FLAT FEE	Non-member FLAT FEE	Location
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Join us for Fun Family Friday! Each Friday one of our branches will host a free activity for our family memberships. Only one member of the family needs to register.

Can You Dig It? Garden Club

Spring has sprung! Dig deep in our garden bed by helping us start planting for our garden. And you may find some prehistoric surprises while digging!

All Ages	Fri 5/23	5:30-7:30 PM	\$0	n/a	Backyard Garden
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Parent's Night Out

Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE	Location
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Parent's Night Out (PNO)

Kids enjoy a fun evening at the Y and parents can enjoy a night out! All children will enjoy a night of games, a craft, pizza, snacks, and a movie. Registration for two or three children pricing must be completed over the phone or in person to receive the reduced rate. (Member rate available to children with a youth or family membership)

5-12 yrs	Fri	5:30-9 PM	Pricing listed below		Stay & Play
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(1) child			\$31	\$51	
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(2) children (requires phone / in-person registration)			\$43	\$71	
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(3) children (requires phone / in-person registration)			\$51	\$84	
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Summer 2025 - Fri 6/6 - Fri 7/11 - Fri 8/8

Each additional child			\$8	\$13	
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PERSONAL TRAINING

Questions? Contact Chloe Ghirardi at cghirardi@ymcarivercrossing.org

Personal Training Club

Personal Training Club (12 yrs+)

Join the PT Club and get one-on-one time with a personal fitness trainer who can help you to meet your goals or get started on your fitness journey.

Club prices are lower than package pricing, clients may carry over one unused session per month, and the monthly draft is automatically taken out at the beginning of each month with no additional need to register each month.

There is a three month minimum commitment in order to receive the discounted pricing.

		Member MONTHLY	Non-member MONTHLY
30 minutes	Package Options		
	(4) per Month / 1x per Week	\$99	n/a
	(8) per Month / 2x per Week	\$198	n/a
45 minutes	(12) per Month / 3x per Week	\$298	n/a
	(4) per Month / 1x per Week	\$144	n/a
	(8) per Month / 2x per Week	\$289	n/a
60 minutes	(12) per Month / 3x per Week	\$433	n/a
	(4) per Month / 1x per Week	\$190	n/a
	(8) per Month / 2x per Week	\$379	n/a
	(12) per Month / 3x per Week	\$569	n/a

Personal Training

Personal Training Packages (12 yrs+)

One-on-one time with a personal fitness trainer who can help you to meet your goals or get started on your fitness journey.

		Member FLAT FEE	Non-member FLAT FEE
30 minutes	Package Options		
	(5) Sessions	\$143	\$236
45 minutes	(10) Sessions	\$265	\$437
	(5) Sessions	\$204	\$337
60 minutes	(10) Sessions	\$384	\$633
	(5) Sessions	\$265	\$437
	(10) Sessions	\$505	\$833

First Time Client Promotion

Special pricing for first time personal training clients. Three 45-minute introductory sessions. All sessions must be used within 60 days of purchase.

45 minutes	(3) Sessions	\$90	N/A
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Partner Training

Partner Training Packages (12 yrs+)

There's no better way to stay motivated than to train with a friend. Partner Training allows you both to train, side-by-side with a Personal Trainer and stay on target!

		Member FLAT FEE	Non-member FLAT FEE
45 minutes	Package Options	<i>Pricing is per person</i>	
	(5) Sessions	\$127	\$209
	(10) Sessions	\$221	\$364

Partner Training Packages (12 yrs+)	60 minutes	(5) Sessions	\$165	\$273
		(10) Sessions	\$294	\$485

Team Training

			Member FLAT FEE	Non-member FLAT FEE
Team Training Packages (12 yrs+)				
<p>There's no better way to stay motivated than to train with a friend. Partner Training allows you both to train, side-by-side with a Personal Trainer and stay on target!</p> <p>3 People <i>Pricing is per person</i></p> <hr/> <p>4 People <i>Pricing is per person</i></p> <hr/> <p>5 People <i>Pricing is per person</i></p>	45 minutes	Package Options (5) Sessions	\$66	\$109
		(10) Sessions	\$116	\$191
	60 minutes	(5) Sessions	\$83	\$136
		(10) Sessions	\$149	\$246
	45 minutes	(5) Sessions	\$55	\$91
		(10) Sessions	\$94	\$155
60 minutes	(5) Sessions	\$74	\$121	
	(10) Sessions	\$132	\$218	
45 minutes	(5) Sessions	\$46	\$76	
	(10) Sessions	\$78	\$128	
60 minutes	(5) Sessions	\$66	\$109	
	(10) Sessions	\$116	\$191	