



RIVER CROSSING YMCA

SUMMER

PROGRAM GUIDE

Quakertown | Jun 9-Aug 24, 2025

Welcome to River Crossing YMCA's summer program guide. We are pleased to provide clean facilities and safe programs to help you meet your health and wellness needs now more than ever.

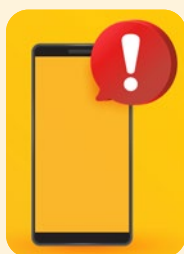
IT PAYS TO BELONG.

As a member you have a full list of facility amenities and program benefits! [Click here to learn more.](#)

PROGRAM REGISTRATION DATES

- **Family Members: Apr 16** (online, phone or in-person)
- **Member: Apr 18** (online, phone or in-person)
- **Non-member: Apr 21** (online, phone or in-person)

NOT A MEMBER? [Click here](#) to join today!



KNOW BEFORE YOU GO. Sign up for text alerts.

Receive notifications about changes, cancellations and closures for branch-specific programs including:

- building opening delays and closures
- pool closures
- group exercise class changes and cancellations

Sign up for alerts: [Click here to sign up.](#)

Having trouble opting in? Or already in the system but need to add new locations? [Click here](#) to email Brittney for help.

MONTHLY DRAFTS

For our regular youth and adult sports and swim programs, arts and enrichment classes, **we have transitioned to monthly drafts instead of requiring re-registration for a session with the exception of seasonal programs and leagues.** Register for your youth swim, sports or personal training program and we'll continue to bill you monthly until you request to stop! Super convenient and helpful in establishing schedules for your family! [Click here to learn more.](#)



Financial Assistance

At the Y, we believe in making a positive impact on individuals and families in need. Financial assistance is available for membership, programs and child care through an application process. For full information and application details [click here or scan the QR code.](#)

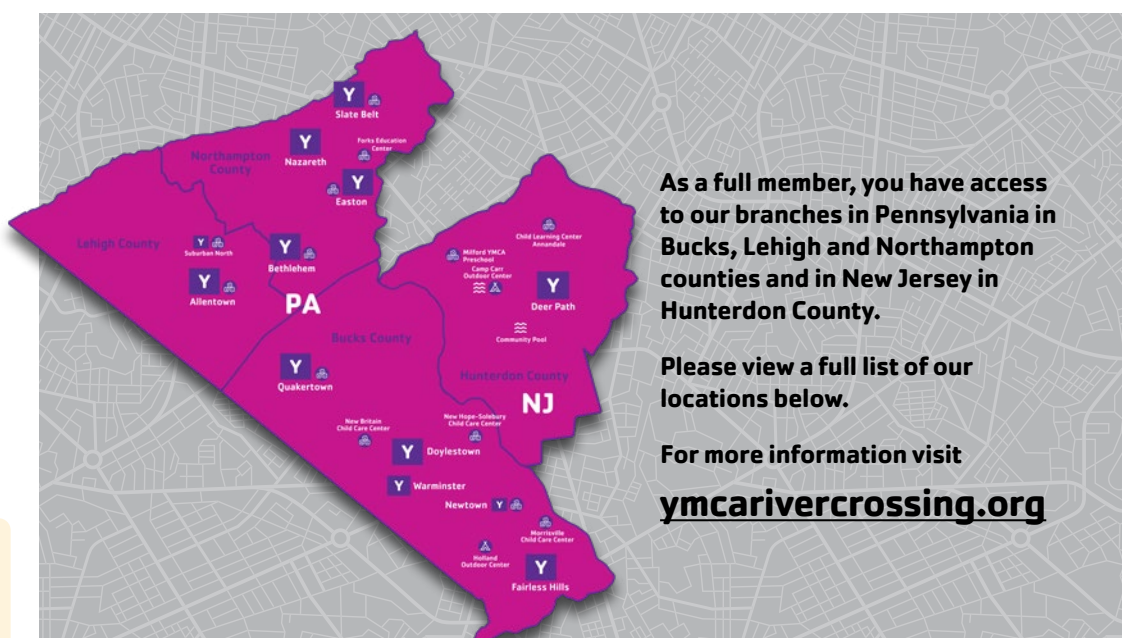


UPCOMING EVENTS AT THE Y! [Click here to learn more.](#)



KIDS TRIATHLON: August 10, 6:30-11:45 AM

Youth ages 3-15 are invited to compete in a triathlon designed for their age group. [Click here to register.](#)



As a full member, you have access to our branches in Pennsylvania in Bucks, Lehigh and Northampton counties and in New Jersey in Hunterdon County.

Please view a full list of our locations below.

For more information visit ymcarivercrossing.org

Allentown

425 South 15th Street
Allentown, PA 18102

[Click here](#) for hours and amenities

Bethlehem

430 East Broad Street
Bethlehem, PA 18018

[Click here](#) for hours and amenities

Deer Path

144 West Woodschurch Road
Flemington, NJ 08822

[Click here](#) for hours and amenities

Doylestown

2500 Lower State Road
Doylestown, PA 18901

[Click here](#) for hours and amenities

Easton/Phillipsburg

1225 West Lafayette Street
Easton, PA 18042

[Click here](#) for hours and amenities

Fairless Hills

601 South Oxford Valley Road
Fairless Hills, PA 19030

[Click here](#) for hours and amenities

Nazareth

33 South Main Street
Nazareth, PA 18064

[Click here](#) for hours and amenities

Newtown

190 South Sycamore Street
Newtown, PA 18940

[Click here](#) for hours and amenities

Quakertown

401 Fairview Avenue
Quakertown, PA 18951

[Click here](#) for hours and amenities

Slate Belt

315 West Pennsylvania Avenue
Pen Argyl, PA 18072

[Click here](#) for hours and amenities

Suburban North

880 Walnut Street
Catasauqua, PA 18032

[Click here](#) for hours and amenities

Warminster

624 York Road
Warminster, PA 18974

[Click here](#) for hours and amenities

FITNESS

We offer state-of-the-art wellness centers and group exercise studios, focused on the health and wellbeing of each of our members. Our wellness centers are open and spacious and well equipped with a variety of cardio, selectorized strength machines, free weight and functional training equipment.

FITNESS EQUIPMENT ORIENTATION

Fitness Equipment Orientations will acclimate you with the Wellness Center, teaching you how to use the equipment safely and effectively. [Click here to register.](#)



FITNESS CONSULTATIONS

Available free every 90 days, book an appointment with a fitness professional for guidance and support to help you reach your goals. [InBody Body Composition Scans](#) are available at select branches.

FITNESS TRAINING

Experienced trainers will design a program specific for you and help you create sustainable lifestyle changes to meet your health and wellness goals – no matter where you are in your journey. For questions, prices or to book a training package [click here](#) or scan the QR code.



GROUP EXERCISE

Group exercise classes are included free with membership. [Click here](#) for schedules and reservations.

GYMNASIUM

Available at Bethlehem, Deer Path, Doylestown, Easton, Fairless Hills, Quakertown, Slate Belt and Suburban North. Our gymnasiums are available for open gym, basketball and pickleball. To view our gymnasium schedules [click here](#).

AQUATICS

Available at Bethlehem, Deer Path, Doylestown, Easton, Fairless Hills, Nazareth, Quakertown, Slate Belt and Warminster. [Click here to learn more.](#)

In addition to our aquatics and swim programs, we offer lap swim, open/family swim, a whirlpool (Deer Path, Doylestown, Easton, Slate Belt) and aquatic group exercise classes. All aquatic exercise classes are available via a reservation system.

SWIM LESSONS

Swim instruction is available for all ages, including teens and adults, with options for private and semi-private lessons. Dive into our programs to enhance your swimming skills and confidence today! [Click here to learn more.](#)



DOYLESTOWN SKATEPARK HOURS

Mon-Thurs 4:30-8 PM; Fri 4:30-9 PM
Sat & Sun 12-6 PM

Hours and availability are subject to change due to weather conditions.

[Click here for more information.](#)

METRO ESPORTS GAMING LOUNGE HOURS

Doylestown Lounge
Mon-Fri | 2:30-9 PM
Sat & Sun | 2-6 PM

Warminster Lounge
Mon, Wed, Fri | 3-7 PM
Tues, Thurs | 5-7 PM
Sat & Sun | 9 AM-12 PM

Fairless Hills Lounge
Mon-Thurs | 3-7 PM
Fri | 3-8 PM; Sat & Sun | 2-5 PM

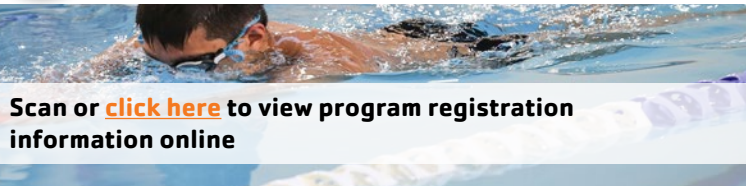


Teamwork • Leadership • Safety • Inclusion
[Click here for more information.](#)

STAY & PLAY

Child care while you work out! Make the most of your visit while we look after kids aged 3 months to 6th grade. This service is free to members with adult and family memberships, ensuring you can focus on your workout knowing your children are safe and supervised.

[Click here for more information.](#)



Scan or [click here](#) to view program registration information online

CHILD CARE and SCHOOL AGE CHILD CARE



REGISTRATION OPEN!

[Click here for Child Care](#)

[Click here for School Age Child Care](#)

Camp Carr RV Campground Annandale, NJ

Reservations are now open for the season! Secure your spot today for a getaway filled with relaxation and adventure. Open April 1–October 31.

[Click here to make your reservation.](#)

**Don't miss out,
SUMMER CAMPS
are filling fast!**
[Click here to register.](#)



Member Referral Program

Current members will receive \$30 in Y Bucks when they refer a friend who joins the Y! Visit the Welcome Center to learn more.

beCAUSE together we're touching lives



This is a membership about community, caring and cause! You are supporting vital community programs in a meaningful way where everyone benefits!

SCAN THE QR CODE OR [CLICK HERE](#) TO LEARN MORE!



River Crossing YMCA is the nonprofit charity transforming **millions of dollars into moments** of impact. [Click here](#) to learn more.



**FIND YOUR
POTENTIAL.
FIND YOUR Y.
For a better us.®**

Enjoy a career with a future and the opportunity to make a lasting difference in the lives of those around you.

- Includes FREE YMCA membership & reduced membership and program fees for the family
- FREE virtual wellness platform for the entire family
- Competitive hourly pay rates
- Friendly, caring team environment
- Nurturing employee onboarding program

**Apply online at ymcarivercrossing.org/hr or
in person at the Welcome Center at one of our branches!**

RIVER CROSSING YMCA PHONE APP

Our app includes a "find a class" feature, electronic access to schedules and links to our reservation system and virtual wellness platform. Keep track of your workouts and participate in member challenges. Turn on notifications, and you'll receive push notifications when there is important information and closures.

HOW TO INSTALL:

1. Visit your app store.
2. Search for "River Crossing YMCA"
3. Download to your phone
4. Use your personal information to create an account



**Scan to download our app
for Android users or
[click here](#) to download.**



**Scan to download our app
for iPhone users or
[click here](#) to download.**



Available on the
App Store

GET IT ON
Google Play

METRO ESPORTS

SUMMER 2025

Summer camp registration available, and opportunities for party rentals!



EVERY WEEK

FORTNITE FRIDAY

AT DOYLESTOWN

Every Friday, 5-7 PM at Metro Esports. Compete in modes like Box Fights and Zone Wars to win Metro Coins for gaming gear and merch. Rookie or pro, the competition is fierce!

Every Friday | 5:00 PM

THE STORM - FORTNITE

AT FAIRLESS HILLS

Every Monday, battle it out in rotating Fortnite modes as a group or solo player. Win Metro Coins, redeemable for gaming gear, merch, and so much more!

Every Monday | 5:00 PM

IMPORTANT!

ALL LOCATIONS

Hours are changing for all locations to accommodate for summer camps! Be sure to check for our new schedule.



PARTY RENTALS

You can rent a Metro Esports facility for your own birthday party or event! Let your event host guide your party through unique challenges, competitions, and free play for the best birthday a gamer could have.

Visit metroesports.gg for more info

DOYLESTOWN

MON - FRI: 4:30 PM to 8:30 PM
SAT - SUN: 2:00 PM to 6:00 PM



GAMING & ESPORTS CAMP

Morning camp with exciting challenges, team-based activities, and guided free play across a variety of games.

June 16 to August 29 | Monday to Friday from 9AM to 12PM



WARMINSTER

FRI: 4:30 PM to 8:00 PM
SAT - SUN: 9:00 AM to 2:00 PM

GAMING & ESPORTS CAMP

Morning camp with exciting challenges, team-based activities, and guided free play across a variety of games.

June 16 to August 22 | Monday to Friday from 9AM to 4PM



GAME ON! INTRO TO GAMING FOR ACTIVE OLDER ADULTS

Specifically for active older adults, an instructional course on the world of gaming. Learn step-by-step instructions and enjoy gaming at your own pace!

Saturday, August 23 | 10:00 AM

FAIRLESS HILLS

MON - FRI: 4:30 PM to 7:00 PM
SAT - SUN: 2:00 PM to 5:00 PM



TECHU CAMP

Afternoon camp for young gaming enthusiasts to dive into game creation, media, and tech skill development. Learn to code, build computers, design games, and more!

June 16 to August 29 | Monday to Friday from 1PM to 4PM



ESPORTS CAMP

Full day or half day camp options available. A dynamic camp environment to develop skills, make new friends, and explore the thrilling world of esports and gaming.

June 23 to August 29 | Monday to Friday from 9AM to 4PM



PRIVATE SWIM LESSONS

Questions? Contact Jen Storz at
jstorz@ymcarivercrossing.org.

Private Swim Lessons		Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE	Location
Private Swim Lessons <i>1:1 Ratio Student / Instructor</i>	(4) 30-minute lessons	3 yrs+			\$141	\$233	
	(8) 30-minute lessons	3 yrs+			\$277	\$457	
Semi-Private Swim Lessons <i>2:1 Ratio Student / Instructor</i>	(4) 30-minute lessons	3 yrs+		Pricing is per person	\$97	\$160	
	(8) 30-minute lessons	3 yrs+		Pricing is per person	\$191	\$315	
Competitive Swim Lessons		Private & Semi-Private Packages listed above		6 yrs+	Prices listed above		

GROUP SWIM LESSONS

Questions? Contact Sarah Siegel at
ssiegel@ymcarivercrossing.org or
215.536.8841, x3125

Please select your child's level based on their age and ability. Contact Sarah Siegel to set up an appointment for a free evaluation or:

[View our Swim Lesson selector here](#)

Parent & Child Swim Lessons		Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
A / Water Discovery		All lessons are located in the Quakertown Pool					
Introduces infants and toddlers to the aquatic environment and encourages them to enjoy themselves while learning about the water with a parent/caretaker whom they trust. Parents practice the important survival skill of teaching their child to roll from front to back and float.	6-18 mos	Wed		6-6:40 PM	\$66	\$109	
	6-18 mos	Sat		9-9:40 AM	\$66	\$109	
B / Water Exploration							
Parents work with their toddlers to learn fundamental safety and pre-swimming skills like floating, blowing bubbles, paddle stroke and kicking. Skills are taught in the context of repetitive songs, fun activities and drills which reinforce physical learning and encourage positive interaction.	19 mos-4 yrs	Wed		6:30-7:10 PM	\$66	\$109	
	19 mos-4 yrs	Sat		9:30-10:10 AM	\$66	\$109	

Preschool Swim Lessons		Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
1 / Water Acclimation		All lessons are located in the Quakertown Pool					
Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with underwater exploration and learn how to safely exit the water if they fall in.	3-5 yrs	Tue		9:00-9:40 AM	\$66	\$109	
	3-5 yrs	Tue		5:00-5:40 PM	\$66	\$109	
	3-5 yrs	Wed		5:00-5:40 PM	\$66	\$109	
	3-5 yrs	Thu		7:15-7:55 PM	\$66	\$109	
	3-5 yrs	Sat		9:00-9:40 AM	\$66	\$109	
2 / Water Movement							
Students focus on body position and control, directional change and forward movement in the water while continuing to learn personal water safety skills including paddle stroke, floating, treading water and safely exiting the water should they fall in.	3-5 yrs	Tue		9:45-10:25 AM	\$66	\$109	
	3-5 yrs	Tue		5:45-6:25 PM	\$66	\$109	

2 / Water Movement

3-5 yrs	Thu	6:30-7:10 PM	\$66	\$109
3-5 yrs	Sat	9:45-10:25 AM	\$66	\$109

3 / Water Stamina

Students continue to learn personal water safety skills and learn to swim to safety from a longer distance using a swim/float/swim sequence. Rhythmic breathing and the purposeful integration of arm and leg movements are taught.

3-5 yrs	Tue	6:30-7:10 PM	\$66	\$109
3-5 yrs	Wed	5:45-6:25 PM	\$66	\$109
3-5 yrs	Thu	9:00-9:40 AM	\$66	\$109
3-5 yrs	Thu	5:45-6:25 PM	\$66	\$109
3-5 yrs	Sat	10:30-11:10 AM	\$66	\$109

4 / Stroke Introduction

Students develop stroke technique in front and back crawl and are introduced to breaststroke and butterfly kick. Water safety is reinforced through treading water and elementary backstroke. Sitting dives are introduced.

3-5 yrs	Tues	7:15-7:55 PM	\$66	\$109
3-5 yrs	Thurs	9:45-10:25 am	\$66	\$109
3-5 yrs	Thu	5:00-5:40 PM	\$66	\$109
3-5 yrs	Sat	11:15AM-12:00 PM	\$66	\$109

School Age Swim Lessons

Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
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1 / Water Acclimation

Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with underwater exploration and learn how to safely exit the water if they fall in.

All lessons are located in the Quakertown Pool					
6-12 yrs	Tue	5:00-5:40 PM	\$66	\$109	
6-12 yrs	Thu	7:15-7:55 PM	\$66	\$109	
6-12 yrs	Sat	9:00-9:40 AM	\$66	\$109	

2 / Water Movement

Students focus on body position and control, directional change and forward movement in the water while continuing to learn personal water safety skills including paddle stroke, floating, treading water and safely exiting the water should they fall in.

6-12 yrs	Tue	5:45-6:25 PM	\$66	\$109
6-12 yrs	Wed	5:00-5:40 PM	\$66	\$109
6-12 yrs	Thu	6:30-7:10 PM	\$66	\$109
6-12 yrs	Sat	9:45-10:25 AM	\$66	\$109

3 / Water Stamina

Students continue to learn personal water safety skills and learn to swim to safety from a longer distance using a swim/float/swim sequence. Rhythmic breathing and the purposeful integration of arm and leg movements are taught.

6-12 yrs	Tue	6:30-7:10 PM	\$66	\$109
6-12 yrs	Thu	5:45-6:25 PM	\$66	\$109
6-12 yrs	Sat	10:30-11:10 AM	\$66	\$109

4 / Stroke Introduction

Students develop stroke technique in front and back crawl and are introduced to breaststroke and butterfly kick. Water safety is reinforced through treading water and elementary backstroke. Diving is introduced.

6-12 yrs	Tue	7:15-7:55 PM	\$66	\$109
6-12 yrs	Wed	5:45-6:25 PM	\$66	\$109
6-12 yrs	Thu	5:00-5:40 PM	\$66	\$109
6-12 yrs	Sat	11:15-11:55 AM	\$66	\$109

5 / Stroke Development

Students perfect rotary breathing and backstroke while learning breaststroke, butterfly and starts and turns. Emphasis is on improving technique and endurance. Personal water safety continues through treading, water

6-12 yrs	Wed	6:30-7:10 PM	\$66	\$109
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Emphasis is on improving technique and endurance. Personal water safety continues through treading, water and sidestroke.

6-12 yrs	Sat	12-12:40 PM	\$66	\$109
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6 / Stroke Mechanics

Students learn butterfly while continuing to develop technique and endurance while refining breaststroke, back and front crawl and diving. Flip turns and diving from the block are introduced as they learn about competitive swimming.

6-12 yrs	Wed	6:30-7:10 PM	\$66	\$109
6-12 yrs	Sat	12-12:40 PM	\$66	\$109

Stroke & Turn - Swim Clinic

Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
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Stroke & Turn Clinic

Participants focus on stroke technique and distance. Open turns, flip turns, and diving starts are introduced. Age appropriate games, drills, and activities encourage practice which builds endurance and technical proficiency while learning about competitive swimming. 1:8 ratio (Not part of Competitive Swim Team)

Prerequisite: Students must have completed level 6 swim lessons or set up an evaluation.

6-12 yrs	Mon	5-6 PM	\$100	\$165	Lap Pool
6-12 yrs	Wed	5-6 PM	\$100	\$165	Lap Pool

Teen & Adult Swim Lessons

Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
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Teen & Adult Swim Lessons

Students learn personal water safety and achieve basic swimming competency by learning benchmark skills.

All lessons are located in the Quakertown Pool

Teen - 1-3 / Swim Basics	12-17 yrs	Wed	7:15-7:55 PM	\$66	\$109
Adult - 1-3 / Swim Basics	18 yrs+	Wed	7:15-7:55 PM	\$66	\$109

COMMUNITY AQUATIC PROGRAMS

Questions? Contact Sarah Siegel at
ssiegel@ymcarivercrossing.org or
215.536.8841, x3125

Community Aquatics

Member FLAT FEE	Non-member FLAT FEE	Location
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Water Safety Classes

DHS Child Care water safety certifications. Please contact Becky for more information.

\$11	\$15	Community Ed Room
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Scout Merit Badge

Boy scout merit badge counselor for: swimming, life saving and first aid available. Please contact Becky for more information.

\$23	\$31	Pool
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Scout Swim Testing

Please contact Becky Musselman for more information.

\$10	\$10	Pool
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FAMILY & COMMUNITY

All Branches | Summer

AMERICAN RED CROSS CLASSES

Please visit website for full details on all American Red Cross Classes.

Contact Anahita Mir at
amir@ymcarivercrossing.org

Lifeguarding Training with Deep Water (Blended Full Course)

Branch	Class Dates	Age			Member FLAT FEE	Non-member FLAT FEE	Location
Attendance at all class dates is required to complete certification		15 yrs+ for all branch locations			\$340	\$390	Listed below
Bethlehem							
April	Sat Apr 26 (10 AM-7 PM) - Sun Apr 27 (10 AM-6:30 PM) - Fri May 2 (5-9 PM)						CE Room
May	Fri May 23 (5-9 PM) - Sat May 24 (8 AM-6 PM) - Sun May 25 (9 AM-4:30 PM)						CE Room
Deer Path							
April	Sat Apr 5 (9 AM-5 PM) - Sun Apr 6 (9 AM-5 PM) - Sat Apr 12 (9 AM-5 PM)						Pool Deck
May	Sat May 17 (9 AM-5 PM) - Sun May 18 (9 AM-5 PM) - Sat May 24 (9 AM-5 PM)						Pool Deck
Doylestown							
May (1)	Fri May 2 (4-9 PM) - Sat May 3 (9 AM-6 PM) - Sun May 4 (9 AM-6 PM)						Lobby at WC
May (2)	Fri May 17 (4 PM-9 PM) - Sat May 18 (9 AM-6 PM) - Sun May 24 (9 AM-6 PM)						Lobby at WC
July	Fri Jul 11 (4 PM-9 PM) - Sat Jul 12 (9 AM-6 PM) - Sun Jul 13 (9 AM-6 PM)						Lobby at WC
Fairless Hills							
April	Fri Apr 25 (5-8 PM) - Sat Apr 26 (8 AM-5:30 PM) - Sat May 3 (8 AM-5:30 PM)						Lobby at WC
Quakertown							
April	Fri Apr 4 (4-9 PM) - Sat Apr 5 (9 AM-6 PM) - Sun Apr 6 (9 AM-6 PM)						Lobby at WC
May	Fri May 23 (4-9 PM) - Sat May 24 (9 AM-6 PM) - Sun May 25 (9 AM-6 PM)						Lobby at WC
June (1)	Fri Jun 6 (4-9 PM) - Sat Jun 7 (9 AM-6 PM) - Sun Jun 8 (9 AM-6 PM)						Lobby at WC
June (2)	Fri Jun 27 (4-9 PM) - Sat Jun 28 (9 AM-6 PM) - Sun Jun 29 (9 AM-6 PM)						Lobby at WC
July	Fri Jul 25 (4-9 PM) - Sat Jul 26 (9 AM-6 PM) - Sun Jul 27 (9 AM-6 PM)						Lobby at WC

Lifeguarding Recertification Training

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
		15 yrs+ for all branch locations			\$175	\$195	Listed below
Deer Path	May 17		Sat	9 AM-6 PM			Pool Deck
	July 20		Sun	9 AM-6 PM			Pool Deck
	August 3		Sun	9 AM-6 PM			Pool Deck

Doylestown	May 10		Sat	9 AM-6 PM			Lobby at WC
	June 21		Sat	9 AM-6 PM			Lobby at WC
Fairless Hills	June 15		Sun	9 AM-6 PM			Lobby at WC
	June 29		Sun	9 AM-6 PM			Lobby at WC
	July 19		Sat	9 AM-6 PM			Lobby at WC
Quakertown	April 26		Sat	9 AM-6 PM			Lobby at WC
	May 4		Sun	9 AM-6 PM			Lobby at WC
	July 20		Sun	9 AM-6 PM			Lobby at WC
Bethlehem	May 18		Sun	10 AM-7:30 PM			Looby at WC

Lifeguarding Instructor Training (Blended Full Course)

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
Attendance at all class dates is required to complete certification		17 yrs+ for all branch locations			\$415	\$475	Gene Smith Conf Rm
Doylestown							
April	Fri Apr 11 (4-9 PM) - Sat Apr 12 (9 AM-6 PM) - Sun Apr 13 (9 AM-6 PM)						
June	Fri Jun 13 (4-9 PM) - Sat Jun 14 (9 AM-6 PM) - Sun Jun 15 (9 AM-6 PM)						
August	Fri Aug 1 (4-9 PM) - Sat Aug 2 (9 AM-6 PM) - Sun Aug 3 (9 AM-6 PM)						

Lifeguarding Instructor Recertification Training (Blended Full Course)

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
Doylestown	May 12	17 yrs+	Mon	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room
	June 22	17 yrs+	Sun	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room
	July 19	17 yrs+	Sat	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room
	August 9	17 yrs+	Sat	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room
	August 16	17 yrs+	Sat	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room

CPR/AED for Professional Rescuers with First Aid and Administering Emergency Oxygen (Blended Full Course)

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
Class times will be posted as they become available							

Basic Life Support / BLS (Blended Full Course)

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
Class times will be posted as they become available		15 yrs+	Sun		\$65	\$95	Studio 2

ARC Adult and Pediatric First Aid/CPR/AED with Administering Emergency Oxygen (Blended Full Course)

Branch		Age			Member FLAT FEE	Non-member FLAT FEE	Location
Bethlehem		15 yrs+ for all classes			\$115	\$140	Teen Center/SEFA ROOM
Wed Apr 2 (10:30 AM-1:30 PM)	Fri May 16 (5-8 PM)						
Sat Apr 26 (10:30 AM-1:30 PM)							
Deer Path		15 yrs+ for all classes			\$115	\$140	CE Room
Sat May 3 (11 AM-2 PM)							
Doylestown		15 yrs+ for all classes			\$115	\$140	Teen Center
Tue Apr 22 (5:15 PM-8:15 PM)	Tue Jun 3 (5:15 PM-8:15 PM)	Tue Jul 1 (5:15 PM-8:15 PM)			Tue Aug 5 (5:15 PM-8:15 PM)		
Tue Apr 29 (5:15 PM-8:15 PM)	Tue Jun 10 (5:15 PM-8:15 PM)	Tue Jul 15 (5:15 PM-8:15 PM)			Tue Aug 19 (5:15 PM-8:15 PM)		
Sun May 4 (11 AM- 2 PM)	Tue Jun 17 (5:15 PM-8:15 PM)	Tue Jul 29 (5:15 PM-8:15 PM)					
Tue May 6 (5:15 PM-8:15 PM)	Tue Jun 24 (5:15 PM-8:15 PM)						
Tue May 27 (5:15 PM-8:15 PM)							
Easton		15 yrs+ for all classes			\$115	\$140	SEFA Room
Fri Apr 18 (5 PM-8 PM)	Mon May 5 (10:30 AM-1:30 PM)						
	Sat May 24 (10:30 AM-1:30 PM)						
Fairless Hills		15 yrs+ for all classes			\$115	\$140	Studio 2
Sun Apr 27 (12 PM-3 PM)	Sun Jun 8 (11 AM-2 PM)	Sun Jul 13 (11 AM-2 PM)			Sun Aug 3 (11 AM-2 PM)		
Sun May 4 (11 AM-2 PM)	Sun Jun 15 (11 AM-2 PM)	Sun Jul 20 (11 AM-2 PM)			Sun Aug 17 (11 AM-2 PM)		
Fri May 9 (5 PM-8 PM)	Sun Jun 22 (11 AM-2 PM)	Sun Jul 27 (11 AM-2 PM)			Sun Aug 24 (11 AM-2 PM)		
Sun May 18 (11 AM-2 PM)	Sun Jun 29 (11 AM-2 PM)						
Sun May 25 (11 AM-2 PM)							
Round Valley		15 yrs+ for all classes			\$115	\$140	CE Room
Mon Apr 7 (5:30 PM-8:30 PM)	Mon May 12 (5:15 PM-8:15 PM)						
Fri Apr 18 (3 PM-6 PM)	Thu May 29 (5:30 PM-8:30 PM)						
Wed Apr 30 (5:30 PM-8:30 PM)							
Quakertown		15 yrs+ for all classes			\$115	\$140	Upstairs/CC Room
Wed Apr 9 (6:30-9:30 PM)	Sun May 4 (10 AM-12:30 PM)	Wed Jun 11 (6:30-9:30 PM)			Wed Aug 13 (6:30-9:30 PM)		
Sun Apr 13 (10 AM-12:30 PM)	Wed May 7 (6:30-9:30 PM)	Wed Jul 9 (6:30-9:30 PM)					

AQUATIC PROGRAMS

Questions? Contact us at
solecopool@ymcarivercrossing.org

Private Swim Lessons

Private Swim Lessons (3 yrs+) **(4) 30-minute lessons** (one-on-one with an instructor) **RCYMCA Memberships - \$140** **Summer Swim Only / Non-members - \$150**

Group Swim Lessons

[View our Swim Lesson selector here](#)

Please select your child's level based on their age and ability. Contact us at solecopool@ymcarivercrossing.org to set up an appointment for a free evaluation.

Accelerated Swim Lessons **4 days/week for 2 weeks (8 lessons total)** **RCYMCA Memberships - \$120** **Summer Swim Only / Non-members - \$135**

Session (1) - Jun 16-Jun 26

Preschool 3-5 yrs			School Age 6-12 yrs		
1 / Water Acclimation	Mon-Thu	9-9:40 AM	1 / Water Acclimation	Mon-Thu	9:45-10:25 AM
2 & 3 / Water Stamina & Movement	Mon-Thu	9-9:40 AM	2 & 3 / Water Stamina & Movement	Mon-Thu	9-9:40 AM
2 & 3 / Water Stamina & Movement	Mon-Thu	9:45-10:25 AM	4 / Stroke Introduction	Mon-Thu	9:45-10:25 AM

Session (2) - Jun 30-Jul 10

Preschool 3-5 yrs			School Age 6-12 yrs		
1 / Water Acclimation	Mon-Thu	9:45-10:25 AM	2 & 3 / Water Stamina & Movement	Mon-Thu	9-9:40 AM
2 & 3 / Water Stamina & Movement	Mon-Thu	9-9:40 AM	4 / Stroke Introduction	Mon-Thu	9-9:40 AM
2 & 3 / Water Stamina & Movement	Mon-Thu	9:45-10:25 AM	5 & 6 / Stroke Development & Mechanics	Mon-Thu	9:45-10:25 AM

Session (3) - Jul 14-Jul 24

Preschool 3-5 yrs			School Age 6-12 yrs		
1 / Water Acclimation	Mon-Thu	9-9:40 AM	1 / Water Acclimation	Mon-Thu	9:45-10:25 AM
2 & 3 / Water Stamina & Movement	Mon-Thu	9-9:40 AM	2 & 3 / Water Stamina & Movement	Mon-Thu	9-9:40 AM
4 / Stroke Introduction	Mon-Thu	9:45-10:25 AM	4 / Stroke Introduction	Mon-Thu	9:45-10:25 AM

Session (4) - Jul 28-Aug 7

Preschool 3-5 yrs			School Age 6-12 yrs		
1 / Water Acclimation	Mon-Thu	9-9:40 AM	2 & 3 / Water Stamina & Movement	Mon-Thu	9:45-10:25 AM
2 & 3 / Water Stamina & Movement	Mon-Thu	9-9:40 AM	4 / Stroke Introduction	Mon-Thu	9:45-10:25 AM
2 & 3 / Water Stamina & Movement	Mon-Thu	9:45-10:25 AM	5 & 6 / Stroke Development & Mechanics	Mon-Thu	9-9:40 AM

Accelerated Swim Lessons			4 days/week for 2 weeks (8 lessons total)			RCYMCA Memberships - \$120			Summer Swim Only / Non-members - \$135		
Session (5) - Aug 11-Aug 21											
Preschool 3-5 yrs			School Age 6-12 yrs								
1 / Water Acclimation		Mon-Thu	9-9:40 AM		1 / Water Acclimation		Mon-Thu	9:45-10:25 AM			
2 & 3 / Water Stamina & Movement		Mon-Thu	9:45-10:25 AM		2 & 3 / Water Stamina & Movement		Mon-Thu	9-9:40 AM			
4 / Stroke Introduction		Mon-Thu	9-9:40 AM		4 / Stroke Introduction		Mon-Thu	9:45-10:25 AM			

Weekly Swim		1 day/week for 4 weeks (4 lessons total)		RCYMCA Memberships - \$60		Summer Swim Only / Non-members - \$75	
Wed PM Session (1) - Jun 18, Jun 25, Jul 2, Jul 9							
Preschool 3-5 yrs			School Age 6-12 yrs				
1 / Water Acclimation		Wed	5-5:40 PM	1 / Water Acclimation		Wed	5:45-6:25 PM
2 & 3 / Water Stamina & Movement		Wed	5-5:40 PM	2 & 3 / Water Stamina & Movement		Wed	5-5:40 PM
2 & 3 / Water Stamina & Movement		Wed	5:45-6:25 PM	4 / Stroke Introduction		Wed	5:45-6:25 PM

Wed PM Session (2) - Jul 16, Jul 23, Jul 30, Aug 6											
Preschool 3-5 yrs						School Age 6-12 yrs					
1 / Water Acclimation			Wed	5:45-6:25 PM		2 & 3 / Water Stamina & Movement			Wed	5-5:40 PM	
2 & 3 / Water Stamina & Movement			Wed	5-5:40 PM		4 / Stroke Introduction			Wed	5-5:40 PM	
2 & 3 / Water Stamina & Movement			Wed	5:45-6:25 PM		5 & 6 / Stroke Development & Mechanics			Wed	5:45-6:25 PM	

Sat AM Session (1) - Jun 21, Jun 28, Jul 5, Jul 12											
Parent & Child 6 mos-4 yrs						Preschool 3-5 yrs			School Age 6-12 yrs		
A & B / Water Discovery & Exploration			Sat	9-9:40 AM		1 / Water Acclimation			Sat	9:45-10:25 AM	
						2 & 3 / Water Stamina & Movement			Sat	9:45-10:25 AM	
						4 / Stroke Introduction			Sat	9-9:40 AM	

Sat AM Session (2) - Jul 19, Jul 26, Aug 2, Aug 9											
Parent & Child 6 mos-4 yrs						Preschool 3-5 yrs			School Age 6-12 yrs		
A & B / Water Discovery & Exploration			Sat	9:45-10:25 AM		1 / Water Acclimation			Sat	9-9:40 AM	
						4 / Stroke Introduction			Sat	9-9:40 AM	
						2 & 3 / Water Stamina & Movement			Sat	9:45-10:25 AM	
						2 & 3 / Water Stamina & Movement			Sat	9-9:40 AM	
						5 & 6 / Stroke Development & Mechanics			Sat	9:45-10:25 AM	

Stingrays Swim Team

Stingrays Swim Team			RCYMCA Memberships - \$140			Summer Swim Only - \$140		
SOLECO Swim Team is part of the Suburban Swim League.			8 yrs & under			11-12 yrs		
<i>Days and times to be announced.</i>			9-10 yrs			13-14 yrs		

YOUTH SPORTS

Contact Kyle Creighton with questions at
kcreighton@ymcarivercrossing.org or 215.536.8841, x3114

Summer Youth Leagues				Member FLAT FEE	Non-member FLAT FEE	Location	
	Age	Day	Time				
Summer Basketball Fun and instructive beginner basketball league. Class time is split between instruction/practice and scrimmaging.							
	June 10 to July 29	7-9 yrs	Tue	6:30-7:30 PM	\$84	\$139	Gymnasium
	June 12 to July 31	10-12 yrs	Thu	6:30-7:30 PM	\$84	\$139	Gymnasium

Fall Youth Leagues	Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE	Location
MLS Go Soccer Sep 6 to Oct 25 - Teams meet for one hour on Saturdays. Time is split between skill building and gameplay. All players will receive a reversible jersey, shorts and socks.	4-5 yrs	Sat	10:15-11:15 AM	\$114	\$169	Quakertown YMCA Field
	6-8 yrs	Sat	11:30 AM-12:30 PM	\$114	\$169	Quakertown YMCA Field
Preseason Basketball Sep 9 to Oct 28 - Fun and instructive beginner basketball league. Class time is split between instruction/practice and scrimmaging.	7-9 yrs	Tue	5:15-6:15 PM	\$84	\$139	Gymnasium
	10-12 yrs	Tue	6:30-7:30 PM	\$84	\$139	Gymnasium

Youth Sports Classes	Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
Tiny Teammates Play a variety of sports and games while promoting skill development, self-confidence, movement, teamwork, sportsmanship, and fun. Sports include basketball, soccer, floor hockey, football and more!	3-4 yrs	Wed	5:30-6:10 PM	\$43	\$71	Gymnasium
	5-7 yrs	Mon	5:30-6:10 PM	\$43	\$71	Gymnasium
Soccer Learn the basics of soccer, like dribbling, passing and striking. Participants will build confidence and develop skills in a fun environment.	5-7 yrs	Tue	5:30-6:10 PM	\$43	\$71	Gymnasium
Basketball Skill development program focusing on fundamental skills, split as 20 minute practice, then 20 minute game.	5-7 yrs	Thu	5:30-6:10 PM	\$43	\$71	Gymnasium

	Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE	Location	
Kids Triathlon 8-week Program							
Powered by USA Triathlon's USA Kids Tri, the 8 week YMCA Kids Triathlon program prepares your child for the annual YMCA Kids Triathlon races. Taught by YMCA and USA Triathlon Certified Coaches in a fun and rewarding setting, the program will introduce youth to multi-sport opportunities for lifelong success into the sport. Focus is on general conditioning, along with swim, bike, run, and transition skills to prepare for fun competition in youth triathlon. Weekly sessions include drills and games with an emphasis on fun, competition, and sportsmanship, capped off with a mini triathlon to celebrate program completion. All participants must be able to proficiently swim at least 25 yards continuously and be able to ride and safely control a two-wheel bicycle. All youth participants will receive a FREE USA Triathlon Youth annual membership, discounts off of the annual YMCA Kids Tri race, and USA Triathlon swag!							
Each week will focus on a specific aspect of a triathlon. Please see below for the breakdown of each week. For this program, kids will need a bicycle, helmet, and swimsuit. Weather permitting, run days and bike days will be held outdoors in an enclosed area. Swim days will be held in our indoor pool.							
Week 1: Introduction Week 2: Run Week 3: Bike Week 4: Swim Week 5: Run Week 6: Bike Week 7: Swim Week 8: Mini Triathlon							
	September 9-October 28	8-12 yrs	Tue	5:15-6 PM	\$113	\$186	Varies

Martial Arts		Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
Dragon Warriorz		Contact Jennefer Pursell with questions jpursell@ymcabhc.org					
Basic Shotokan Karate techniques mixed with interactive games and exercises to develop self-esteem and confidence. Learn respect, humility, focus and discipline.		5-8 yrs	Wed	6:15-6:45 PM	\$57	\$94	Gymnasium
Youth & Adult Karate - All Levels		JKA Style Shotokan Karate using the AJKA-I curriculum. Learn the traditional art of self defense, and enjoy the benefits of increased flexibility, balance, strength and character development.					
Beginner	Belts: White and Candidate Yellow	8 yrs+	Wed	6:50-7:50 PM	\$61	\$100	Auxiliary Gym
Intermediate	Belts: Intermediate Yellow-Candidate Green	8 yrs+	Wed	6:50-7:50 PM	\$61	\$100	Auxiliary Gym
Advanced	Belts: Green through Black	8 yrs+	Wed	6:50-7:50 PM	\$61	\$100	Auxiliary Gym

ARTS & HUMANITIES

Contact Kyle Creighton with questions at kcreighton@ymcarivercrossing.org or 215.536.8841, x3114

School Age Classes		Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE	Location
Youth Cooking							
An introduction to cooking. Participants will learn different cooking techniques and make various types of foods. Program will run 8 weeks from September 8 to October 27.		9-14 yrs	Mon	6:15-7:30 PM	\$100	\$165	Mixed Arts Studio

GYMNASTICS LESSONS

Contact Jolene Head with questions at
jhead@ymcarivercrossing.org

Gymnastics Classes	Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
Baby Ninja - Parent/Tot Class						All lessons are located in the Gymnastics Center
Baby Ninja allows your child to play, have fun, bond with their Ninja grown-up, and learn body awareness. Socialize your child, allow them to learn and understand what it means to follow instruction, and of course, get them moving. Class skills include fundamental movement, coordination, fine and gross motor skill development. For stable walkers through age 3.	12-36 mos	Wed	12-12:30 PM	\$37	\$61	
Kindergym						
Instructional preschool gymnastics classes. Children will use all pieces of apparatus; vault, bars, beam, floor and tumble trak. Evaluations will occur every other month to monitor progress. This is a child independent class and parents observe from the hallway. Children should be potty-trained to participate in this program.	3-5 yrs	Tue	10:30-11:30 AM	\$71	\$117	
	3-5 yrs	Tue	4:45-5:45 PM	\$71	\$117	
	3-5 yrs	Thu	12-1 PM	\$71	\$117	
	3-5 yrs	Thu	4:45-5:45 PM	\$71	\$117	
Progressive Gymnastics	Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
Gymnastics Level 1						All lessons are located in the Gymnastics Center
For the beginner gymnast with no formal gymnastics training and for those gymnasts who have not tested out of the Level 1 program. Skills are taught on all pieces of equipment (vault, bars, beam, floor, and tumble trak.) Evaluations will occur every other month to monitor progress.	5-14 yrs	Mon	12-1 PM	\$71	\$117	
	5-14 yrs	Mon	4:45-5:45 PM	\$71	\$117	
	5-14 yrs	Tue	12-1 PM	\$71	\$117	
	5-14 yrs	Tue	4:45-5:45 PM	\$71	\$117	
	5-14 yrs	Wed	5-6 PM	\$71	\$117	
	5-14 yrs	Thu	10:30-11:30 AM	\$71	\$117	
	5-14 yrs	Thu	4:45-5:45 PM	\$71	\$117	
	5-14 yrs	Fri	5:45-6:45 PM	\$71	\$117	
Gymnastics Level 2						
For the gymnast who has completed and/or tested out of the Level 1 program. Skills are taught on all pieces of equipment (vault, bars, beam, floor, and tumble trak.) Evaluations will occur every other month to monitor progress.	5-14 yrs	Mon	12-1 PM	\$71	\$117	
	5-14 yrs	Mon	4:45-5:45 PM	\$71	\$117	
	5-14 yrs	Tue	12-1 PM	\$71	\$117	
	5-14 yrs	Tue	4:45-5:45 PM	\$71	\$117	
	5-14 yrs	Wed	5-6 PM	\$71	\$117	
	5-14 yrs	Thu	10:30-11:30 AM	\$71	\$117	
	5-14 yrs	Thu	4:45-5:45 PM	\$71	\$117	
	5-14 yrs	Fri	5:45-6:45 PM	\$71	\$117	

Gymnastics Level 3

For the gymnast who has completed and/or tested out of the Level 2 program. Skills are taught on all pieces of equipment (vault, bars, beam, floor, and tumble trak.) Evaluations will occur every other month to monitor progress.

5-14 yrs	Mon	12-1 PM	\$71	\$117
5-14 yrs	Mon	4:45-5:45 PM	\$71	\$117
5-14 yrs	Tue	12-1 PM	\$71	\$117
5-14 yrs	Tue	4:45-5:45 PM	\$71	\$117
5-14 yrs	Wed	5-6 PM	\$71	\$117
5-14 yrs	Thu	4:45-5:45 PM	\$71	\$117

Gymnastics Level 4

For the gymnast who has completed and/or tested out of the Level 3 program. Skills are taught on all pieces of equipment (vault, bars, beam, floor, and tumble trak.) Evaluations will occur every other month to monitor progress.

5-14 yrs	Mon	4:45-5:45 PM	\$71	\$117
5-14 yrs	Wed	5-6 PM	\$71	\$117

Boys Level 1 & 2

Boys only beginner gymnastics: Boys focus on skills on floor, bar, tumble track, and vault, as well as some basic balance work.

5-10 yrs	Mon	4:45-5:45 PM	\$71	\$117
5-10 yrs	Thu	4:45-5:45 PM	\$71	\$117

GYMNASTICS TEAM

Questions? Contact Janine Brown at
jmbrown@ymcarivercrossing.org or 215.536.8841, x3116

Gymnastics Team Practice

Team Program - Invitation Only

All practice sessions are located in the Gymnastics Center

		Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
Xcel Silver	(4) hours per week practice schedule	6-18 yrs	Mon & Wed	5:30-7:30 PM 6-8 PM	\$148	n/a	
Level 3	(4) hours per week practice schedule	6-18 yrs	Mon & Wed	5:30-7:30 PM 5:30-7:30 PM	\$148	n/a	
Level 4, Xcel Gold	(6) hours per week practice schedule	6-18 yrs	Tue & Thu	5:30-8:30 PM	\$180	n/a	
Level 4, 6, 7, 8, Xcel Gold, Xcel Platinum, Xcel Diamond	(9) hours per week practice schedule	6-18 yrs	Mon 7-9 PM, Tue 5:30-9 PM & Thu 5:30-9 PM		\$215	n/a	

Pre Team - Invitation Only

For children who are looking to be part of our competitive program in the future. Must be recommended by the director or the child's current gymnastics coach. Contact the gymnastics director for additional information
jmbrown@ymcarivercrossing.org

4-8 yrs	Wed	4:30-5:30 PM	\$71	\$117
6-10 yrs	Fri	4:45-6:45 PM	\$121	\$200

Team Conditioning Class

Focus on conditioning skills and an extra opportunity to work bar skills. All participants must currently be on gymnastics team and enrolled in the monthly team program. This program follows the team schedule of holiday cancellations and team break weeks.

6-18 yrs	Tue	8:30-9 PM	\$20	n/a
6-18 yrs	Wed	8-8:30 PM	\$20	n/a

Gymnastics Team Lessons

Team Program - Invitation Only

	Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE	Location
(1) Private Lesson	6-18 yrs			\$41	n/a	Gymnastics Center
(5) Private Lessons	6-18 yrs			\$176	n/a	Gymnastics Center
(10) Private Lessons	6-18 yrs			\$326	n/a	Gymnastics Center
Routine Clinic	6-18 yrs			\$19	n/a	Gymnastics Center

SPORTS & ARTS

All Branches | Summer

METRO ESPORTS LOUNGE

Questions? Contact metroesports@ymcarivercrossing.org

Gaming Lounge Open Hours
6 yrs+ | Kids 8 and under must be accompanied by chaperone. | Kids 9-11 should have a parent in the building.

Doylestown	Fairless Hills	Warminster
Mon-Fri 4:30-8:30 PM Sat-Sun 2-6 PM	Mon-Fri 4:30-7 PM Sat-Sun 2-5 PM	Fri 4:30-8 PM Sat-Sun 9 AM-2 PM

Esports Lounge Daily Pass	Age	Member	Non-member Drop-In Pass
Daily Drop-In Pass / Friday Night Tournament Pass	6 yrs+	n/a	\$10

ESPORTS EVENTS & PROGRAMS

Questions? Contact metroesports@ymcarivercrossing.org

Doylestown	Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE
Fortnite Friday (June 6 to August 29)	All ages	Fri	5-7 PM	\$0	\$10 Drop-in

Think you’ve mastered Fortnite? Prove it at Fortnite Friday!

Every Friday at Metro Esports, battle it out in rotating Fortnite modes: Elimination Race, Box Fights, Zone Wars, and more. Bring your squad or enter solo and get matched against others to win Metro Coins - redeemable for gaming gear, merch, and so much more at the Metro Shop! Whether you’re a rookie or a pro, the competition is fierce, and the prizes are epic!

Stop by any Friday, from 4 to 6 PM to participate! Competition format changes each week.

Gaming & Esports Camp (Half Day AM)	Gr 3-7	Mon-Fri	9 AM-12 PM	\$196	\$275
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This half-day program is perfect for gamers of all skill levels, from beginners to aspiring pros! Campers will face exciting challenges, engage in team-based activities, and guided free play across a variety of their favorite games. Each day also offers structured competitions and tournaments for the featured games of the week. This camp offers short daily lessons and a curriculum that combines teamwork, leadership, game mechanics, sports psychology, and best practices for healthy gaming. Our dedicated staff, top-tier gaming equipment, and an immersive curriculum ensure an unparalleled experience. Parents love the Gaming & Esports Camp for its seamless integration of skill development, personal growth, and the campers’ love for gaming.

Jun 16-20 - Roblox	Jul 7-11 - Roblox	Aug 4-8 - Minecraft
Jun 23-27 - Minecraft	Jul 14-18 - Racing	Aug 11-15 - Fortnite
Jun 30-Jul 3 - Racing (no camp of Fri 7/4)	Jul 21-25 - Roblox	Aug 18-22 - Mario
	Jul 28-Aug 1 - Sports	Aug 25-29 - Camper's Favorites

TechU Camps (Half Day PM)	Gr 3-7	Mon-Fri	1-4 PM	\$216	\$295
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This camp invites young game enthusiasts to dive deep into the world of game creation, media, and tech skills. This isn’t your typical S.T.E.A.M. camp—each week focuses on a unique theme in the game and tech industry, from coding and computer-building to game design in some of today’s most popular platforms, like Roblox, Minecraft, and Unreal Engine. Kids won’t just play games; they’ll learn to build, design, and even create content around them! Through a mix of hands-on activities, creative projects, and teamwork, campers will gain valuable tech skills, explore potential career paths, and make lasting connections. Be sure to check out each week’s theme description to see what exciting new skills await your camper this summer! Whether they’re aspiring game developers, content creators, or tech enthusiasts, this camp is designed to help every young gamer turn their passion into a skill.

Jun 16-20 - Roblox Tech Adventures	Jul 7-11 - Fortnite Game Building	Aug 4-8 - Minecraft & Code
Jun 23-27 - Minecraft & Code	Jul 14-18 - YouTube Content Creators	Aug 11-15 - Game Building in Unreal Engine
Jun 30-Jul 3 - YouTube Content Creators (no camp of Fri 7/4)	Jul 21-25 - Roblox Game Design	Aug 18-22 - Esports Academy
	Jul 28-Aug 1 - Build-a-Computer	Aug 25-29 - Camper's Favorites (Esports)

Sensory Friendly Game Time

An afternoon of gaming designed specifically for Ability students, where everyone can play sensory-friendly casual games in a safe, welcoming space! Enjoy an engaging gaming session where every game is tailored to create a stress-free and welcoming experience. You'll not only get to play but also build valuable friendships while connecting with others who share your love for gaming. This is special time to enjoy and have fun!

All Ages Sat 7/12 12-2 PM \$0 \$10 Drop-in

Fairless Hills	Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE
The Storm - Fortnite Weekly (June 2 to September 1)	All ages	Mon	5-7 PM	\$0	\$10 Drop-in

Think you've mastered Fortnite? Prove it in The Storm!

Every Monday at Metro Esports, battle it out in rotating Fortnite modes: Elimination Race, Box Fights, Zone Wars, and more. Bring your squad or enter solo and get matched against others to win Metro Coins - redeemable for gaming gear, merch, and so much more at the Metro Shop! Whether you're a rookie or a pro, the competition is fierce, and the prizes are epic!

Stop by any Monday, from 5 to 7 PM to participate! Competition format changes each week.

Esports Camp	Gr 3-7	Mon-Fri	See times below	\$135	\$190
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Join the excitement at our half-day Esports Camp at Fairless Hills! Suitable for students in grades 3-7, this camp offers a unique blend of fun, competition, and learning. Each session focuses on a different game, ensuring a fresh and engaging experience every time. Whether you're a beginner or an aspiring pro, our camp provides a dynamic environment to develop skills, make new friends, and explore the thrilling world of esports and gaming. Sign up now for either our AM or PM sessions and dive into the action.

AM Half Day Camps (9 AM-12 PM)		
Jun 23-27 - Minecraft	Jul 7-11 - Brawlhalla	Aug 4-8 - Rocket League
Jun 30-Jul 3 - Roblox (no camp of Fri 7/4)	Jul 14-18 - Roblox	Aug 11-15 - Minecraft
	Jul 21-25 - Fall Guys	Aug 18-22 - Smash Ultimate
	Jul 28-Aug 1 - Mario Kart	Aug 25-29 - Camper's Favorites
PM Half Day Camps (1-4 PM)		
Jun 23-27 - Madden	Jul 7-11 - Smash Ultimate	Aug 4-8 - Madden
Jun 30-Jul 3 - Mario Kart (no camp of Fri 7/4)	Jul 14-18 - Fall Guys	Aug 11-15 - NBA 2K
	Jul 21-25 - Fortnite	Aug 18-22 - Brawlhalla
	Jul 28-Aug 1 - NBA 2K	Aug 25-29 - Camper's Favorites

Warminster	Age	Day	Start Time	Member FLAT FEE	Non-member FLAT FEE
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Gaming & Esports Tech Camp

Our full-day esports camp offers an exciting, well-rounded experience for young gamers! Campers will enjoy fun challenges, team-based activities, and supervised free play across their favorite games. Each day includes structured competitions and tournaments based on the week's featured games. Curriculum combines competitive play, physical activity, and creative learning. More than just play, our program enhances strategic communication, teamwork, and confidence in a safe and structured environment. Open to gamers of all skill levels, the camp will leave participants with new skills, friendships, and memories to last a lifetime.

Families can choose full-day or half-day options. Morning sessions will feature brief lessons with insights into game design, coding, and other STEAM themes, giving campers a glimpse into how their favorite games are built and run. Afternoon sessions will feature an activity period where campers participate in gym games, swimming, and more. Campers will enjoy esports activities in both the morning and afternoon.

Camp Week	Full Day Camp (AM Session & PM Session)		Gr 3-7	Mon-Fri	9 AM-4 PM	\$250	\$350
	Half Day Camp (PM Session Only)		Gr 3-7	Mon-Fri	1-4 PM	\$135	\$189
	AM Session	PM Session					
	Jun 16-20	Sports Games	Esports & Sports Psychology				
	Jun 23-27	Fornite & Smash	Unreal Engine: Careers in 3D				

Camp Week	AM Session	PM Session
Jun 30-Jul 3 (no camp Fri 7/4)	Roblox & Fall Guys	Esports Performance Training
Jul 7-11	Minecraft & Mario	Minecraft & Code
Jul 14-18	Roblox & Fall Guys	Build-a-Computer
Jul 21-25	Fornite & Smash	Fortnite & Unreal Engine
Jul 28-Aug 1	Sports Games	Cybersecurity
Aug 4-8	Fornite & Smash	Streaming with OBS
Aug 11-15	Minecraft & Mario	Minecraft Art & Tech Adventures
Aug 18-22	Roblox & Fall Guys	Roblox Game Design

Game On! - Intro to Gaming for Active Older Adults

Discover the fun and excitement of video games in our "Game On!" program, designed specifically for active older adults. From old-school classics to easy-to-play modern favorites, this program offers a relaxed and supportive environment where you can learn step-by-step instructions and enjoy gaming at your own pace. Join us for a casual and enjoyable experience, and explore a new world of entertainment and cognitive stimulation. No prior gaming experience required!

45 yrs+ **Sat 8/23** 10 AM-12 PM \$0 \$10 Drop-in

ESPORTS Parties

Questions? Contact metroesports@ymcarivercrossing.org

Esports Parties		Member FLAT FEE	Non-member FLAT FEE
Doylestown Esports Parties	Options Available by Location:		
	Open Hours - 15 kids included	\$365	\$450
	After Hours - 25 kids included	\$499	\$595
	<i>Add-on - Doylestown After Hours Rentals - Party Theme:</i>		included
Fairless Hills Esports Parties	Before Hours - 18 kids included	\$289	\$384
	After Hours - 18 kids included	\$339	\$434
	<i>Add-on - Additional Studio Space added to all Rentals:</i>	\$54	\$54
Warminster Esports Party	Before Hours / Open Hours - 16 kids included	\$289	\$384
	<i>Add-on - Additional Studio Space added to all Rentals:</i>		included
Add-Ons Available at All Locations	Additional Child	\$10 each	
	1 Additional Hour added to Rentals	\$160	

FAMILY & TEEN

Parent's Night Out		Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE	Location
Parent's Night Out (PNO)		Questions? Contact Tiffany Drews at tdrews@ymcarivercrossing.org					
Kids enjoy a fun evening at the Y and parents can enjoy a night out! All children will enjoy a night of games, a craft, pizza, snacks, and a movie. Registration for two or three children pricing must be completed over the phone or in person to receive the reduced rate. (Member rate available to children with a youth or family membership)		3 mos-12 yrs	Fri	5:30-9 PM	Pricing listed below		Stay & Play
		(1) child			\$31	\$51	
		(2) children <i>(requires phone / in-person registration)</i>			\$43	\$71	
		(3) children <i>(requires phone / in-person registration)</i>			\$51	\$84	
		<i>Each additional child</i>			\$8	\$13	
Spring 2025		Summer 2025					
May 9, May 23		June 6, July 11, August 8					

STAY & PLAY

Questions? Contact Tiffany Drews at tdrews@ymcarivercrossing.org

Member Use - Open Hours		Visit our website for more detailed information					
Stay & Play is provided free of charge for up to two hours per day to Adult, Adult Couple, Family 1 and Family 2 membership type categories.		3 mos-12 yrs	Mon-Thu 8:30 AM-12:30 PM Mon-Thu 4-7:30 PM		Fri 8:30 AM-12:30 PM Sat 8:30 AM-12:30 PM		

Sitter Service		Member FLAT FEE	Non-member FLAT FEE	Member FLAT FEE	Non-member FLAT FEE	Location	
For ages 3 months through 12 years - Offered during Stay & Play hours to those who need to leave the Y campus for errands, appointments, shopping, etc. Registration required prior to drop-off.		90 minutes		Purchase Options		Stay & Play	
		\$18	\$29	(1) Child	\$29		\$47
		\$23	\$38	(2) Children	\$34		\$56
		\$28	\$47	(3) Children	\$39		\$65
		\$5	\$9	each additional child	\$5		\$9
AVAILABLE HOURS							
Monday thru Saturday, 8:30 AM-12:30 PM 90 minute & 3 hour options available		Monday thru Thursday, 4-7:30 PM 90 minute only					

ABILITY LESSONS & CLASSES

Contact Tim Ryan with questions at
tryan@ymcarivercrossing.org or 215.536.8841, x3126

Adapted Aquatics Private Lessons		Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE	Location
Private Swim Lessons <i>1:1 Ratio Student / Instructor</i>	(4) 30-minute lessons	5 yrs+			\$154	\$253	
	(8) 30-minute lessons	5 yrs+			\$304	\$502	

Adapted Aquatics Group Lessons		Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
Adapted Group Swim Lessons See website for description	1 / Water Acclimation	3 yrs+	Wed	5:00-5:40 PM	\$66	\$109	Pool
	1 / Water Acclimation	3 yrs+	Sat	9:45-10:25 AM	\$66	\$109	Pool
	1 / Water Acclimation	3 yrs+	Sat	11:15-11:55 AM	\$66	\$109	Pool

Mainstream Group Classes - With Adapted Support		Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
<i>In addition to ability-specific programs, the below youth programs can become an ability program through our Inclusive Programming Model. Children can join their peers of all abilities in a variety of mainstreamed youth programs with the assistance of an ability instructor.</i>							

Dragon Warriorz Basic Shotokan Karate techniques mixed with interactive games and exercises to develop self-esteem and confidence. Learn respect, humility, focus and discipline.		5-8 yrs	Wed	6:15-6:45 PM	\$57	\$94	Upstairs Space
Youth & Adult Karate - Beginner (Belts - White & Candidate Yellow) JKA Style Shotokan Karate using the AJKA-I curriculum. Learn the traditional art of self defense, and enjoy the benefits of increased flexibility, balance, strength and character development.		8 yrs+	Wed	6:50-7:50 PM	\$61	\$100	Upstairs Space

ABILITY EVENTS

Contact Tim Ryan with questions at
Tryan@ymcarivercrossing.org or 215.536.8841, x3126

Youth & Teen Events		Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE	Location
Ability Teen Night A night for teens to come together for dancing, food and activities. Teens will enjoy pizza with friends, then participate in the night's activity. The night ends with a dance party.	13-21 yrs	Fri 6/27		6:30-8:30 PM	\$15	\$25	Rec Center
	13-21 yrs	Fri 7/25		6:30-8:30 PM	\$20	\$30	Rec Center

WELLNESS TOOLS & PROGRAMS

Stay Well Coaching

Member FLAT FEE	Non-member FLAT FEE
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Stay Well Coaching (12 yrs+)

Let River Crossing YMCA guide you on your health and wellness journey with Stay Well Coaching! Designed with friends in mind, sign up with a group of 3 or more to meet regularly for ten 60 minute in-person sessions. A Y fitness professional will work with your group in behavior change techniques, nutrition coaching, stress reduction, fitness, accountability, and support.

	Package Options	<i>Pricing is per person</i>	
3 people	60 minutes - (10) Sessions	\$149	\$246
4 people	60 minutes - (10) Sessions	\$132	\$218
5 people	60 minutes - (10) Sessions	\$116	\$191

Keep the Beat - A Cardiopulmonary Maintenance Program

Member FLAT FEE	Non-member FLAT FEE
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Keep the Beat 4-Week Program (12 yrs+)

Keep the Beat is a cardiac rehab maintenance program that promotes the continuation of exercise beyond cardiopulmonary rehabilitation with the support of a fitness professional to build lifelong healthy habits and maintain a healthy heart and lungs. This program is specifically for patients who've graduated from cardiac or cardiopulmonary rehabilitation and want to maintain optimal heart and vascular health. A collaboration between St. Luke's Cardiopulmonary Rehabilitation and the Y, this 4-week program includes an initial fitness consultation appointment with a cardiac rehab certified personal trainer to discuss your goals and establish an exercise plan in continuation of your rehab, an optional InBody body composition scan, and six 30-minute personal training sessions.

(6) 30-minute Sessions

Participation in the program includes four weeks of full branch access.

\$165	\$165
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InBody Scan

Member FLAT FEE	Non-member FLAT FEE
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InBody Scan (12 yrs+)

Members receive a complimentary InBody scan with fitness consultation every 3 months with their YMCA membership. Additional scans may be purchased at \$25 per scan.

**Free every 3 months for
YMCA members, with consultation**

Additional available at:

\$25	\$40
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PERSONAL TRAINING

Questions? Contact Chloe Ghirardi
at cghirardi@ymcarivercrossing.org

Personal Training Club

Member MONTHLY	Non-member MONTHLY
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Personal Training Club (12 yrs+)

Join the PT Club and get one-on-one time with a personal fitness trainer who can help you to meet your goals or get started on your fitness journey.

Club prices are lower than package pricing, clients may carry over one unused session per month, and the monthly draft is automatically taken out at the beginning of each month with no additional need to register each month.

There is a three month minimum commitment in order to receive the discounted pricing.

	Package Options		
30 minutes	(4) per Month / 1x per Week	\$99	n/a
	(8) per Month / 2x per Week	\$198	n/a
	(12) per Month / 3x per Week	\$298	n/a
45 minutes	(4) per Month / 1x per Week	\$144	n/a
	(8) per Month / 2x per Week	\$289	n/a
	(12) per Month / 3x per Week	\$433	n/a

	60 minutes	(4) per Month / 1x per Week	\$190	n/a
		(8) per Month / 2x per Week	\$379	n/a
		(12) per Month / 3x per Week	\$569	n/a

Personal Training	Member FLAT FEE	Non-member FLAT FEE
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Personal Training Packages (12 yrs+) One-on-one time with a personal fitness trainer who can help you to meet your goals or get started on your fitness journey.	30 minutes	Package Options (5) Sessions	\$143	\$236
		(10) Sessions	\$265	\$437
	45 minutes	(5) Sessions	\$204	\$337
		(10) Sessions	\$384	\$633
	60 minutes	(5) Sessions	\$265	\$437
		(10) Sessions	\$505	\$833

First Time Client Promotion Special pricing for first time personal training clients. Three 45-minute introductory sessions. All sessions must be used within 60 days of purchase.	45 minutes	(3) Sessions	\$90	n/a
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Partner Training	Member FLAT FEE	Non-member FLAT FEE
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Partner Training Packages (12 yrs+) There's no better way to stay motivated than to train with a friend. Partner Training allows you both to train, side-by-side with a Personal Trainer and stay on target!	45 minutes	Package Options (5) Sessions	\$127	\$209
		(10) Sessions	\$221	\$364
	60 minutes	(5) Sessions	\$165	\$273
		(10) Sessions	\$294	\$485

Team Training	Member FLAT FEE	Non-member FLAT FEE
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Team Training Packages (12 yrs+) There's no better way to stay motivated than to train with a friend. Partner Training allows you both to train, side-by-side with a Personal Trainer and stay on target!	3 People <i>Pricing is per person</i>	45 minutes	Package Options (5) Sessions	\$66	\$109
			(10) Sessions	\$116	\$191
		60 minutes	(5) Sessions	\$83	\$136
			(10) Sessions	\$149	\$246
	4 People <i>Pricing is per person</i>	45 minutes	(5) Sessions	\$55	\$91
			(10) Sessions	\$94	\$155
		60 minutes	(5) Sessions	\$74	\$121
			(10) Sessions	\$132	\$218
	5 People <i>Pricing is per person</i>	45 minutes	(5) Sessions	\$46	\$76
			(10) Sessions	\$78	\$128
		60 minutes	(5) Sessions	\$66	\$109
			(10) Sessions	\$116	\$191

FAMILY & COMMUNITY

All Branches | Summer

For questions or inquiries on availability, contact:

Doylestown, Fairless Hills, Holland, Deer Path & Warminster - Hannah Keller, hkeller@ymcarivercrossing.org

Quakertown - Danielle Leatherman, dleatherman@ymcarivercrossing.org

Camp Carr - Andy Cogen, acogen@ymcarivercrossing.org

PARTIES

After Hours Splash 'N Bash	Branch Location	Day	Time	Member FLAT FEE	Non-member FLAT FEE
After Hours Splash 'N Bash Party This party is EXCLUSIVE and held after-hours on Saturdays. Great option for boy scouts/girl scouts, school celebrations, church groups and more! Please see pool policies for important safety information. 25 guests maximum. 15 min swim testing, 1 hr pool celebration, 15 min changing time and 30 min party room. 3-4 lifeguards. Ages 4 yrs+.	Deer Path	Saturday	5-7 PM	\$406	\$507
	Doylestown	Saturday	6-8 PM	\$406	\$507
	Fairless Hills	Saturday	6-8 PM	\$406	\$507
	Quakertown	Saturday	5-7 PM	\$406	\$507
	Warminster	Saturday	4:30-6:30 PM	\$323	\$404
	Additional hour at all branches:			\$173	\$173

NinjaZone Parties				Member FLAT FEE	Non-member FLAT FEE
NinjaZone Party Join us for a birthday party in Warminster Branch's new NinjaZone space. Where kids can practice gymnastics, parkour and martial arts moves. All parties will also include a NinjaZone coach to assist in running games and obstacles.	Warminster	Saturday	2:30-4:30 PM	\$309	\$399
	Warminster	Sunday	12-2 PM	\$309	\$399

Esports Parties				Member FLAT FEE	Non-member FLAT FEE
Love gaming? Celebrate your birthday at our new gaming lounge! Guests enjoy all lounge amenities and party space for food and cake. Ages 7 yrs+					
Esports Party during Open Lounge Hours		(Shared Space with Community)			
Doylestown Two Hour Party	Monday-Friday 4:30-6:30 PM	Saturday & Sunday 3:30-5:30 PM		\$365	\$450
Fairless Hills Two Hour Party	Saturday & Sunday 12-2 PM			\$289	\$384
Warminster Two Hour Party	Mon-Wed 5 PM-7 PM	Saturday & Sunday 12-2 PM		\$289	\$384
				Additional hour at all branches:	\$160
Esports After Hours Party					
Doylestown	Saturday 6-8 PM			\$499	\$595
Fairless Hills	Saturday 5-7 PM			\$339	\$434
				Additional hour at all branches:	\$160

Skatepark Party	Branch Location	Day	Time	Member FLAT FEE	Non-member FLAT FEE
Skatepark Party Available seasonally upon request, during shared hours with community members.	Doylestown	Saturday	3:30-5:30 PM	\$323	\$404

RENTALS

After Hours Full Facility Rental			Branch Location	Day	Time	Member FLAT FEE	Non-member FLAT FEE	
After Hours Full Facility Rentals Pool, gymnasium, locker rooms, studios.			Deer Path	Saturday / Sunday	6-9 PM	\$811	\$1,054	
			Doylestown		6-9 PM	\$811	\$1,054	
			Fairless Hills		6-9 PM	\$811	\$1,054	
			Quakertown		5-8 PM	\$811	\$1,054	
			Additional hour at all branches:				\$270	\$270

Facility Space Rentals		Branch Location	Day	Available Hours	Member RENTAL FEE	Non-member RENTAL FEE
Individual Space Rentals						
All rates listed are hourly	Teen Center / Pavilions	Doylestown	Sat / Sun	2-9:30 PM	\$78	\$156
			Additional fee for rentals after 6 PM:		\$108	\$108
	Outdoor Basketball Courts	Doylestown	Sat / Sun	12-5 PM	\$27	\$41
	Gymnasium	Quakertown	Contact for availability		\$108	\$129
	Auxiliary Gymnasium	Quakertown	Contact for availability		\$81	\$101
	Pool / Aquatic Center - After Hours Only	Warminster	Sat / Sun	12:30-2:30 PM	\$323	\$404
			Additional hour:		\$173	\$173
	Studio	Warminster	After Hours or Weekends 12-2 PM		\$108	\$189
	Holland Pool Rental		After Hours Only - Seasonal, Mid-June thru August	Saturdays	5-7 PM	\$314
		Additional hour:		\$173	\$173	

Hunterdon County Seasonal Rentals

Camp Carr Rental A campground that operates April 1-October 31. Facilities include 2 pavilions, field space, an outdoor swimming pool, and trails along the scenic South Branch of the Raritan River.	Email Andy Cogen at acogen@ymcarivercrossing.org for availability and pricing
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