



RIVER CROSSING YMCA

SPRING

PROGRAM GUIDE

Quakertown | Mar 1–May 31, 2026

Welcome to River Crossing YMCA's winter program guide. We are pleased to provide clean facilities and safe programs to help you meet your health and wellness needs now more than ever.

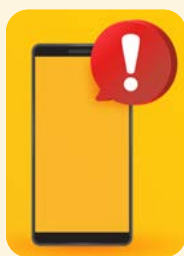
IT PAYS TO BELONG.

As a member you have a full list of facility amenities and program benefits! [Click here to learn more.](#)

PROGRAM REGISTRATION DATES

- **Family Members: February 18** (online, phone or in-person)
- **Member: February 20** (online, phone or in-person)
- **Non-member: February 23** (online, phone or in-person)

NOT A MEMBER? [Click here](#) to join today!



KNOW BEFORE YOU GO. Sign up for text alerts.

Receive notifications about changes, cancellations and closures for branch-specific programs including:

- building opening delays and closures
- pool closures
- group exercise class changes and cancellations

Sign up for alerts: [Click here to sign up.](#)

Having trouble opting in? Or already in the system but need to add new locations? [Click here](#) to email our team for help.

MONTHLY DRAFTS

With the monthly draft design, families will register for a program such as sports, or dance class just one time; and seamlessly we will continue to draft you monthly on the first day of each month until you provide notice to stop. The monthly draft method is super convenient and helpful in establishing routine schedules for your family! The convenient monthly draft promotes family registration ease while your child progresses monthly, simultaneously. [Click here to learn more.](#)

Financial Assistance

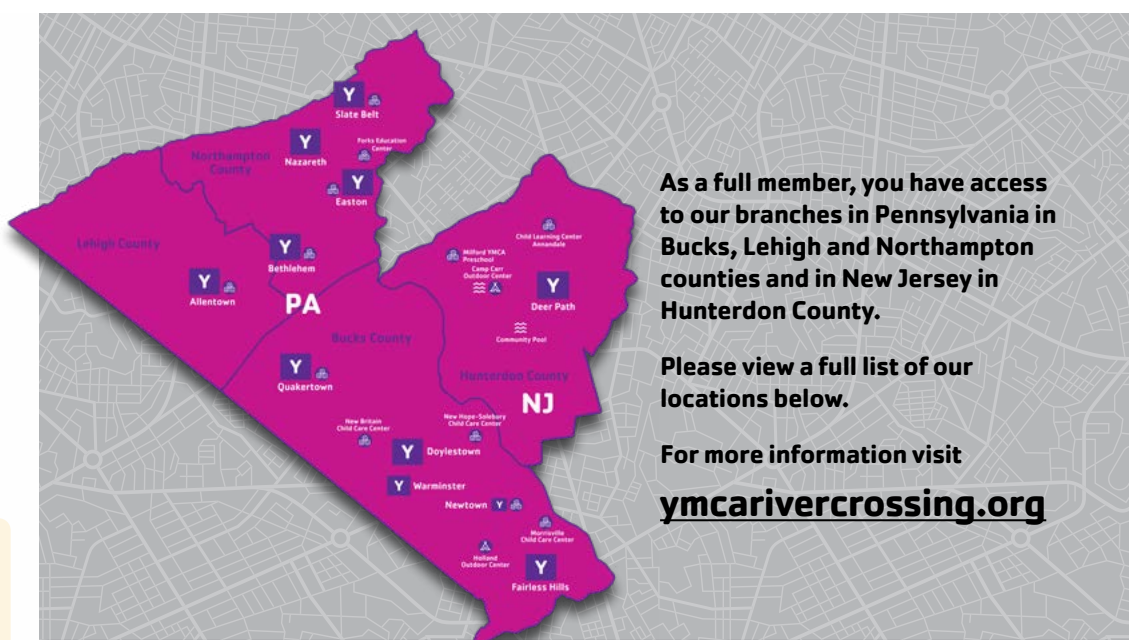
At the Y, we believe in making a positive impact on individuals and families in need. Financial assistance is available for membership, programs and child care through an application process. For full information and application details [click here or scan the QR code.](#)



UPCOMING EVENTS AT THE Y! [Click here to learn more.](#)

HOLIDAYS

In observance of holidays, the Y will be closed on Sunday, April 5 and Monday, May 25.



As a full member, you have access to our branches in Pennsylvania in Bucks, Lehigh and Northampton counties and in New Jersey in Hunterdon County.

Please view a full list of our locations below.

For more information visit ymcarivercrossing.org

Allentown

425 South 15th Street
Allentown, PA 18102

[Click here](#) for hours and amenities

Bethlehem

430 East Broad Street
Bethlehem, PA 18018

[Click here](#) for hours and amenities

Deer Path

144 West Woodschurch Road
Flemington, NJ 08822

[Click here](#) for hours and amenities

Doylestown

2500 Lower State Road
Doylestown, PA 18901

[Click here](#) for hours and amenities

Easton/Phillipsburg

1225 West Lafayette Street
Easton, PA 18042

[Click here](#) for hours and amenities

Fairless Hills

601 South Oxford Valley Road
Fairless Hills, PA 19030

[Click here](#) for hours and amenities

Nazareth

33 South Main Street
Nazareth, PA 18064

[Click here](#) for hours and amenities

Newtown

190 South Sycamore Street
Newtown, PA 18940

[Click here](#) for hours and amenities

Quakertown

401 Fairview Avenue
Quakertown, PA 18951

[Click here](#) for hours and amenities

Slate Belt

315 West Pennsylvania Avenue
Pen Argyl, PA 18072

[Click here](#) for hours and amenities

Warminster

624 York Road
Warminster, PA 18974

[Click here](#) for hours and amenities

FITNESS

We offer state-of-the-art wellness centers and group exercise studios, focused on the health and wellbeing of each of our members. Our wellness centers are open and spacious and well equipped with a variety of cardio, selectorized strength machines, free weight and functional training equipment.

FITNESS EQUIPMENT ORIENTATION

Fitness Equipment Orientations will acclimate you with the Wellness Center, teaching you how to use the equipment safely and effectively. [Click here to register.](#)



FITNESS CONSULTATIONS

Available free every 90 days, book an appointment with a fitness professional for guidance and support to help you reach your goals. [InBody Body Composition Scans](#) are available at select branches.

FITNESS TRAINING

Experienced trainers will design a program specific for you and help you create sustainable lifestyle changes to meet your health and wellness goals - no matter where you are in your journey. For questions, prices or to book a training package [click here](#) or scan the QR code.



GROUP EXERCISE

Group exercise classes are included free with membership. [Click here](#) for schedules and reservations.



We are pleased to provide online access to group exercise classes and family and youth programs through our virtual platform, Y Wellnes 24/7. Included with your membership, our virtual platform Y Wellnes 24/7 is your solution to wellness conveniently available anytime, anywhere! Experience over 75+ weekly live group exercise classes and 1,000s of classes on demand including yoga, meditation, family and youth programming, sports performance training, HIIT, strength training, Pilates, chronic disease prevention, nutrition and more!

[Scan the QR code or click here to access Y Wellnes 24/7](#)



PROGRAMS AND CLASS REGISTRATION

Scan or [click here](#) to view program registration information online.



GYMNASIUM

Available at Bethlehem, Deer Path, Doylestown, Easton, Fairless Hills, Quakertown and Slate Belt. Our gymnasiums are available for open gym, basketball and pickleball. To view our gymnasium schedules [click here](#).

AQUATICS

Available at Bethlehem, Deer Path, Doylestown, Easton, Fairless Hills, Nazareth, Quakertown, Slate Belt and Warminster. [Click here to learn more.](#)

In addition to our aquatics and swim programs, we offer lap swim, open/family swim, a whirlpool (Deer Path, Doylestown, Easton, Slate Belt) and aquatic group exercise classes. All aquatic exercise classes are available via a reservation system.

SWIM LESSONS

Swim instruction is available for all ages, including teens and adults, with options for private and semi-private lessons. Dive into our programs to enhance your swimming skills and confidence today! [Click here to learn more.](#)



DOYLESTOWN SKATEPARK HOURS

Mon-Thurs 4:30-8 PM; Fri 4:30-9 PM
Sat & Sun 12-6 PM

Hours and availability are subject to change due to weather conditions.

[Click here for more information.](#)

METRO ESPORTS GAMING LOUNGE HOURS

Doylestown Lounge
Mon-Fri | 2:30-9 PM
Sat & Sun | 2-6 PM

Warminster Lounge
Mon-Thurs | 5-7 PM
Fri | 3-7 PM
Sat & Sun | 9 AM-2 PM

Fairless Hills Lounge
Mon-Fri | 3:30-8 PM
Sat & Sun | 2-5 PM



Teamwork • Leadership • Safety • Inclusion
[Click here for more information.](#)



STAY & PLAY

Child care while you work out! Make the most of your visit while we look after kids aged 3 months to 6th grade. This service is free to members with adult and family memberships, ensuring you can focus on your workout knowing your children are safe and supervised.

[Click here for more information.](#)

CHILD CARE and SCHOOL AGE CHILD CARE



Camp Carr RV Campground Annandale, NJ

Reservations are now open for the season! Secure your spot today for a getaway filled with relaxation and adventure. Open April 1–October 31.

[Click here to make your reservation.](#)

REGISTRATION OPENS APRIL 1.

[Click here for Child Care](#)

[Click here for School Age Child Care](#)

DON'T MISS OUT, SUMMER CAMPS ARE FILLING FAST!



Member Referral Program

Current members will receive a free month of membership in Y Bucks when they refer a friend who joins the Y! Visit the Welcome Center to learn more.

beCAUSE together we're touching lives



This is a membership about community, caring and cause! You are supporting vital community programs in a meaningful way where everyone benefits!

SCAN THE QR CODE OR [CLICK HERE TO LEARN MORE!](#)

River Crossing YMCA is the nonprofit charity transforming millions of dollars into moments of impact. [Click here](#) to learn more.



FIND YOUR POTENTIAL. FIND YOUR Y.

For a better us.®

Enjoy a career with a future and the opportunity to make a lasting difference in the lives of those around you.

- Includes FREE YMCA membership & reduced membership and program fees for the family
- FREE virtual wellness platform for the entire family
- Competitive hourly pay rates
- Friendly, caring team environment
- Nurturing employee onboarding program

Apply online at ymcarivercrossing.org/hr or in person at the Welcome Center at one of our branches!

RIVER CROSSING YMCA PHONE APP

Our app includes a “find a class” feature, electronic access to schedules and links to our reservation system and virtual wellness platform. Keep track of your workouts and participate in member challenges. Turn on notifications, and you’ll receive push notifications when there is important information and closures.

HOW TO INSTALL:

1. Visit your app store.
2. Search for “River Crossing YMCA”
3. Download to your phone
4. Use your personal information to create an account



Scan to download our app for Android users or [click here](#) to download.



Scan to download our app for iPhone users or [click here](#) to download.



Available on the App Store

GET IT ON Google Play

GROUP SWIM LESSONS

Questions? Contact Sarah Siegel
at ssiegel@ymcarivercrossing.org
or 215.536.8841, x3125

NEW! All group swim lessons are now offered as a 12-month draft - no need to reregister during the year!

MONTHLY DRAFT - Members \$66 / Non-members \$109

All group swim lessons are 40 minutes unless noted otherwise

Please select your child's level based on their age and ability. Contact Sarah Siegel to set up an appointment for a free evaluation or:

[View our Swim Lesson selector here](#)

Parent & Child Swim Lessons

A / Water Discovery

Introduces infants and toddlers to the aquatic environment and encourages them to enjoy themselves while learning about the water with a parent/caretaker whom they trust. Parents practice the important survival skill of teaching their child to roll from front to back and float.

Age	Day	Time
6-18 mos	Wed	6-6:40 PM
6-18 mos	Sat	9-9:40 AM

B / Water Exploration

Parents work with their toddlers to learn fundamental safety and pre-swimming skills like floating, blowing bubbles, paddle stroke and kicking. Skills are taught in the context of repetitive songs, fun activities and drills which reinforce physical learning and encourage positive interaction.

19 mos-4 yrs	Wed	6:30-7:10 PM
19 mos-4 yrs	Sat	9:30-10:10 AM

Combined Class - A / Water Discovery & B / Water Exploration

6 mos-4 yrs	Tue	10:30-11:10 AM
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Preschool Swim Lessons

1 / Water Acclimation

Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with underwater exploration and learn how to safely exit the water if they fall in.

Age	Day	Time
3-5 yrs	Mon	5:45-6:25 PM
3-5 yrs	Tue	9-9:40 AM
3-5 yrs	Tue	5:45-6:25 PM
3-5 yrs	Tue	6:30-7:10 PM
3-5 yrs	Wed	5-5:40 PM
3-5 yrs	Thu	5-5:40 PM
3-5 yrs	Sat	9-9:40 AM

2 / Water Movement

Students focus on body position and control, directional change and forward movement in the water while continuing to learn personal water safety skills including paddle stroke, floating, treading water and safely exiting the water should they fall in.

3-5 yrs	Mon	6:30-7:10 PM
3-5 yrs	Tue	5-5:40 PM
3-5 yrs	Thu	5-5:40 PM
3-5 yrs	Thu	5:45-6:25 PM
3-5 yrs	Sat	9:45-10:25 AM
3-5 yrs	Sat	10:30-11:10 AM

3 / Water Stamina

Students continue to learn personal water safety skills and learn to swim to safety from a longer distance using a swim/float/swim sequence. Rhythmic breathing and the purposeful integration of arm and leg movements are taught.

3-5 yrs	Mon	5-5:40 PM
3-5 yrs	Tue	9:45-10:25 AM

	3-5 yrs	Thu	5:45-6:25 PM
	3-5 yrs	Thu	6:30-7:10 PM
4 / Stroke Introduction			
Students develop stroke technique in front and back crawl and are introduced to breaststroke and butterfly kick. Water safety is reinforced through treading water and elementary backstroke. Sitting dives are introduced.	3-5 yrs	Wed	5-5:40 PM
	3-5 yrs	Sat	12-12:40 PM

School Age Swim Lessons

1 / Water Acclimation

Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with underwater exploration and learn how to safely exit the water if they fall in.

Age	Day	Time
6-12 yrs	Mon	6:30-7:10 PM
6-12 yrs	Wed	5:45-6:25 PM
6-12 yrs	Sat	9:45-10:25 AM

2 / Water Movement

Students focus on body position and control, directional change and forward movement in the water while continuing to learn personal water safety skills including paddle stroke, floating, treading water and safely exiting the water should they fall in.

6-12 yrs	Sun	12:45-1:25 PM
6-12 yrs	Mon	5:45-6:25 PM
6-12 yrs	Tue	5-5:40 PM
6-12 yrs	Thu	5-5:40 PM
6-12 yrs	Sat	10:30-11:10 AM

3 / Water Stamina

Students continue to learn personal water safety skills and learn to swim to safety from a longer distance using a swim/float/swim sequence. Rhythmic breathing and the purposeful integration of arm and leg movements are taught.

6-12 yrs	Mon	5-5:40 PM
6-12 yrs	Tue	6:30-7:10 PM
6-12 yrs	Thu	5:45-6:25 PM
6-12 yrs	Sat	9-9:40 AM

4 / Stroke Introduction

Students develop stroke technique in front and back crawl and are introduced to breaststroke and butterfly kick. Water safety is reinforced through treading water and elementary backstroke. Diving is introduced.

6-12 yrs	Tue	5-5:40 PM
6-12 yrs	Wed	6:30-7:10 PM
6-12 yrs	Thu	6:30-7:10 PM
6-12 yrs	Sat	11:15-11:55 AM

5 / Stroke Development

Students perfect rotary breathing and backstroke while learning breaststroke, butterfly and starts and turns. Emphasis is on improving technique and endurance. Personal water safety continues through treading, water and sidestroke.

6-12 yrs	Tue	5:45-6:25 PM
6-12 yrs	Thu	7:15-7:55 PM
6-12 yrs	Sat	12-12:40 PM

6 / Stroke Mechanics

Students learn butterfly while continuing to develop technique and endurance while refining breaststroke, back and front crawl and diving. Flip turns and diving from the block are introduced as they learn about competitive swimming.

6-12 yrs	Tue	6:30-7:10 PM
6-12 yrs	Thu	7:15-7:55 PM
6-12 yrs	Sat	12-12:40 PM

Teen & Adult Swim Lessons

Teen & Adult Swim Lessons

Students learn personal water safety and achieve basic swimming competency by learning benchmark skills.

Teen - 1-3 / Swim Basics
Adult - 1-3 / Swim Basics
Teen & Adult - 4-5 / Stroke Development

Age	Day	Time
12-17 yrs	Tue	7:15-7:55 PM
18 yrs+	Wed	7:15-7:55 PM
15 yrs+	Tue	7:15-7:55 PM

Stroke & Turn - Swim Clinic

Member
MONTHLY

Non-member
MONTHLY

Age

Day

Time

Stroke & Turn Clinic (60-minute class)

Participants focus on stroke technique and distance. Open turns, flip turns, and diving starts are introduced. Age appropriate games, drills, and activities encourage practice which builds endurance and technical proficiency while learning about competitive swimming. 1:8 ratio (Not part of Competitive Swim Team)

Prerequisite: Students must have completed level 6 swim lessons or set up an evaluation.

\$100	\$165	6-12 yrs	Mon	6:00-7:00PM
\$100	\$165	6-12 yrs	Wed	6:00-7:00PM

PRIVATE SWIM LESSONS

Questions? Contact Jen Storz at jstorz@ymcarivercrossing.org

Private Swim Lessons		Age	Member FLAT FEE	Non-member FLAT FEE
Private Swim Lessons	30 minutes - (4) lessons	3 yrs+	\$151	\$249
<i>1:1 Ratio Student / Instructor</i>	30 minutes - (8) lessons	3 yrs+	\$296	\$488
Semi-Private Swim Lessons	30 minutes - (4) lessons	3 yrs+	\$104	\$172 <i>(pricing is per person)</i>
<i>2:1 Ratio Student / Instructor</i>	30 minutes - (8) lessons	3 yrs+	\$204	\$337 <i>(pricing is per person)</i>

SWIM TEAM

Questions? Contact Tim Ryan at tryan@ymcarivercrossing.org

Barracudas Swim Team	Group	Age	Member MONTHLY
Competitive Swim Team			
Our Swim Team is a YMCA and USA Swimming sanctioned team with a mission to develop good swimmers and great kids. Our swimmers achieve success at all levels of competition. We provide the foundation for our athletes to excel based on their talent, skills and level of commitment. \$100 registration fee includes team cap, shirt, banquet and Y-USA registration. Swimmers also have the option to swim at the USA Swimming level in the Mid-Atlantic Division with meets held regionally.			
	Junior 1	6-12 yrs	\$141
	Junior 2	10-14 yrs	\$141
	Pre-Senior	12-15 yrs	\$160
	Senior / High School Swimmer	14-21 yrs	\$161
Competitive Swim Lessons (12-21 yrs)	<i>See Private & Semi-Private Lessons for package options & pricing</i>		

Swim Academy - Club Team

Intramural Swim Team (5-12 yrs)

Do you like to swim? Do you want to practice, get in great shape, make new friends and hone your swimming skills, but aren't sure that you want to swim in competitions? If you are thinking about joining the Competitive team, or if you just love swimming and making friends, then our Swim Academy: Intramural is the perfect place for you! Coaches will train swimmers to have more endurance and be more efficient with the four key swim strokes, starts and turns. \$100 registration fee includes team cap, shirt and Y-USA registration.

Member MONTHLY

\$121

COMMUNITY AQUATIC PROGRAMS

For more information, contact Sarah Siegel at ssiegel@ymcarivercrossing.org or 215.536.8841, x3125

Community Aquatics		Member FLAT FEE	Non-member FLAT FEE	Location
Water Safety Classes	DHS Child Care water safety certifications.	\$12	\$16	Community Ed Room
Scout Merit Badge	Boy scout merit badge counselor for: swimming, life saving and first aid available.	\$24	\$32	Pool
Scout Swim Testing		\$11	\$15	Pool

FAMILY & COMMUNITY

All Branches | Spring

AMERICAN RED CROSS CLASSES

Questions? Contact Anahita Mir
at amir@ymcarivercrossing.org

Please visit website for full details on all American Red Cross

Lifeguarding Training with Deep Water (Blended Full Course)

Members \$340 / Non-members \$390

15 yrs+ for all branch locations :e at all class dates is required to complete certification

Bethlehem

February **Sun Feb 15** (9 AM-5 PM) - **Sun Feb 22** (9 AM-5 PM)

April **Fri Apr 17** (5-9 PM) - **Sun Apr 19** (9 AM-6 PM) - **Sun Apr 26** (9 AM-6 PM)

Deer Path

February **Sat Feb 28** (9 AM-5 PM) - **Sun March 1** (9 AM-5 PM) - **Sat March 7** (9 AM-5 PM)

March **Sun March 22** (9 AM-5 PM) - **Sat March 28** (9 AM-5 PM) - **Sun March 29** (9 AM-5 PM)

Doylestown

February **Fri Feb 20** (4-9 PM) - **Sat Feb 21** (9 AM-6 PM) - **Sun Feb 22** (9 AM-6 PM)

March **Fri Mar 27** (4-9 PM) - **Sat Mar 28** (9 AM-6 PM) - **Sun Mar 29** (9 AM-6 PM)

Fairless Hills

March **Fri Mar 20** (5-9 PM) - **Sat Mar 21** (9 AM-6 PM) - **Sat Mar 28** (9 AM-6 PM)

Quakertown

March **Fri Mar 6** (4-9 PM) - **Sat Mar 7** (9 AM-6 PM) - **Sun Mar 8** (9 AM-6 PM)

Slate Belt

March **Fri Mar 20** (5-9 PM) - **Sat Mar 21** (9 AM-6 PM) - **Sat Mar 28** (9 AM-6 PM)

Lifeguarding Recertification Training

Babysitter's Training with Pediatric First Aid/CPR/AED (Blended Full Course)

Members \$115 / Non-members \$150

12 yrs+ for all branch locations

All classes 9:30 AM-3:30 PM unless noted otherwise

Doylestown

Saturday Sat Mar 21

Quakertown

Saturday Sat Feb 28

ARC Adult and Pediatric First Aid/CPR/AED with Administering Emergency Oxygen (Blended Full Course)

Members \$115 / Non-members \$150

15 yrs+ for all branch locations

Bethlehem

Fri Feb 13 (5 PM-8 PM) Sun Mar 8 (10 AM-1 PM)
Sun Feb 15 (10 AM-1 PM) Sat Mar 21 (10 AM-1 PM)
Sun Feb 22 (10 AM-1 PM) Sun Mar 29 (10 AM-1 PM)
Sun Mar 8 (10 AM-1 PM)

Deer Path

Sat March 14 (1 PM-4 PM)

Doylestown

Sun Feb 15 (10 AM-1 PM) Sun Mar 29 (10 AM-1 PM)
Tue Feb 24 (5:15-8:15 PM)
Tue Mar 3 (5:15-8:15 PM)
Tue Mar 10 (5:15-8:15 PM)
Tue Mar 24 (5:15-8:15 PM)

Easton

Sat Mar 7 (10 AM-1 PM)

Fairless Hills

Sun Feb 15 (10 AM-1 PM)

Fri Feb 20 (5 PM-8 PM)

Sun Mar 8 (10 AM-1 PM)

Sun Mar 29 (10 AM-1 PM)

Round Valley

Mon Feb 16 (6 PM-9 PM)

Sat March 21 (1 PM-4 PM)

SPORTS & ARTS

Quakertown | Spring

YOUTH & TEEN SPORTS

Questions? Contact Kyle Creighton at kcreighton@ymcarivercrossing.org or 215.536.8841, x3114

Spring Youth Leagues (Beginning March 2026)

RCY Postseason Basketball (Mar 3-Apr 21)

Continue your skill development following the Junior Sixers League with an 8-week postseason program. Program emphasizes the skills learned during the season in fun and interactive games. Drills and gameplay are incorporated in each week.

Member FLAT FEE	Non-member FLAT FEE	Age	Day	Time	Location
\$84	\$139	7-9 yrs	Tue	5:15-6:15 PM	Gymnasium
\$84	\$139	10-12 yrs	Tue	6:30-7:30 PM	Gymnasium

RCY Flag Football (Apr 11-Jun 6; off May 23)

Registration deadline April 1

Our Youth Flag Football program builds strong fundamentals in a fun, fast-paced environment. Athletes learn to throw, catch, run routes, and defend while developing speed, agility, coordination, and teamwork. Coaches keep the focus on growth, confidence, and enjoying the game.

\$104	\$172	7-9 yrs	Sat	10:15-11:15 AM	YMCA Field
\$104	\$172	10-12 yrs	Sat	11:30 AM-12:30 PM	YMCA Field

All sessions are split between skill development and game play. All players receive a team jersey. The 10-12 age group will play a tournament on Saturday, May 16 at the Doylestown branch.

RCY Cheetahs Track & Field (Apr 6-Jun 1; off May 25)

Registration deadline April 1

Our program is designed to help young athletes build a strong athletic foundation while discovering their individual potential in a positive, supportive environment. Training emphasizes long-term athlete development, teaching proper running mechanics, fundamental movement skills, strength and mobility, and event-specific technique.

\$94	\$155	7-13 yrs	Mon	6:00-7:00 PM	Sixth Grade Center Track
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Team meets 1x per week and all players receive a team uniform. Runners will also have the opportunity to compete in RCY team meets.

RCY Travel Leagues

RCY Travel Basketball: Boys & Girls

Season runs from March 30 to June 6. Registration deadline March 22.

Each team will practice twice per week and compete in two regional games against another branch—one hosted at their home branch and one played away. The season wraps up with an exciting end-of-season tournament featuring all teams on Saturday, June 6 at our Doylestown branch. Every player will receive an official team jersey. Program is available to Y members only. ***Quakertown team practices will be held on Monday's from 7:00-8:00pm and Wednesday's from 6:15-7:15pm**

Member FLAT FEE	Non-member FLAT FEE	Age	Day	Time	Location
\$192	N/A	Boys Gr 6-7	Mon/Wed	M 7:00-8:00 PM/Wed 6:15-7:15 PM	Gymnasium
\$192	N/A	Boys Gr 8-9	Mon/Wed	M 7:00-8:00 PM/Wed 6:15-7:15 PM	Gymnasium
\$192	N/A	Girls Gr 6-7	Mon/Wed	M 7:00-8:00 PM/Wed 6:15-7:15 PM	Gymnasium
\$192	N/A	Girls Gr 8-9	Mon/Wed	M 7:00-8:00 PM/Wed 6:15-7:15 PM	Gymnasium

Youth Sports Classes

MONTHLY DRAFT - Members \$43 / Non-members \$71

Tiny Teammates

Play a variety of sports and games while promoting skill development, self-confidence, movement, teamwork, sportsmanship, and fun. Sports include basketball, soccer, floor hockey, football and more! ***Wed Class begins March 4**

Soccer

Learn the basics of soccer, like dribbling, passing and striking. Participants will build confidence and develop skills in a fun environment.

All youth sports classes are 40 minutes unless noted otherwise

Member MONTHLY	Non-member MONTHLY	Age	Day	Time	Location
		3-4 yrs	*Wed	5:15-5:55 PM	Gymnasium
		5-7 yrs	Mon	5:15-5:55 PM	Gymnasium
		5-7 yrs	Mon	6:15-6:55 PM	Gymnasium (Front)
		8-10 yrs	Mon	6:15-6:55 PM	Gymnasium (Back)

Basketball							
A basketball skill development program designed to teach and strengthen fundamental techniques, including dribbling, shooting, passing, and defense, while building confidence and game awareness.			5-7 yrs	Thu	5:15-5:55 PM	Gymnasium	
Flat Fee - Members \$80 / Non-members \$132							
Volleyball Clinic							
April 2-May 21 (8 weeks) - Teaches the basics of volleyball. Each clinic will focus on development of a different skill, teaching athletes how to bump, set, spike, serve and block, with time to practice through gameplay.			9-11 yrs	Thu	6:15-7:15 PM	Gymnasium	
			12-14 yrs	Thu	7:30-8:30PM	Gymnasium	
Martial Arts		Member MONTHLY	Non-member MONTHLY	Age	Day	Time	Location
Dragon Warriorz							<i>Contact Jennefer Pursell with questions jpursell@ymcabhc.org</i>
Basic Shotokan Karate techniques mixed with interactive games and exercises to develop self-esteem and confidence. Learn respect, humility, focus and discipline.		\$54	\$89	5-8 yrs	Mon	6:15-6:45 PM	Upstairs Space
		\$54	\$89	5-8 yrs	Wed	6:15-6:45 PM	Upstairs Space
Youth & Adult Karate - All Levels							
JKA Style Shotokan Karate using the AJKA-I curriculum. Learn the traditional art of self defense, and enjoy the benefits of increased flexibility, balance, strength and character development.		\$115	\$189	8 yrs+	Mon & Wed	6:50-7:50 PM	Upstairs Space
Beginner (Belts: White and Candidate Yellow)	Intermediate (Belts: Intermediate Yellow-Candidate Green)						Advanced (Belts: Green through Black)
Free Classes for Youth Members				Age	Day	Time	Location
Powerplay							
Emphasizes activity through sports and active games. Kids stay moving and active throughout the class.			3-5 yrs	Mon	2-2:40 PM	Gymnasium	
Dodgeball							
Play a variety of dodgeball games including obstacle dodgeball, poison, jailbreak, etc.			6-14 yrs	Fri	5-5:40 PM	Gymnasium	
Sidekick Sports (Open Gym)							<i>Parent/Guardian required to stay with children.</i>
Come play with different sports equipment! This is an open gym style program, with no instructor.			1-4 yrs	Fri	1:10-1:50 PM	Gymnasium	
ARTS & HUMANITIES							<i>Contact Kyle Creighton with questions at kcreighton@ymcarivercrossing.org or 215.536.8841, x3114</i>
Youth Workshops		Member FLAT FEE	Non-member FLAT FEE	Age	Date	Time	Location
Canvas Painting							
In this workshop, we will explore different painting techniques to complete a beautiful piece for your home or give as a gift!		\$30	\$49	6-12 yrs	Fri 2/20	6-7:30 PM	Mixed Arts Studio
		\$30	\$49	6-12 yrs	Fri 3/20	6-7:30 PM	Mixed Arts Studio
		\$30	\$49	6-12 yrs	Fri 4/24	6-7:30 PM	Mixed Arts Studio
		\$30	\$49	6-12 yrs	Fri 5/22	6-7:30 PM	Mixed Arts Studio
Youth Cooking & Baking Workshops							
An introduction to cooking. Participants learn different cooking techniques and make various types of foods. March 2- Design-a-Cupcake This workshop encourages creativity, confidence, and teamwork. We will bake cupcakes and then use frosting techniques, piping skills, and decorating tips to create edible art work. April 6- Breakfast Kitchen Youth will chop, mix, and cook their way through quick and tasty breakfast favorites they can make at home. From smoothies to eggs and breakfast wraps, participants will learn basic kitchen skills. May 4- Taco Fiesta In this hands-on taco workshop, youth will learn how to build delicious tacos from start to finish. Participants will prep fresh ingredients, explore Mexican-inspired flavors, and create their own custom tacos while learning basic kitchen skills and food safety.		\$30	\$49	9-14 yrs	Mon 3/2	6:15-7:30 PM	Mixed Arts Studio
		\$30	\$49	9-14 yrs	Mon 4/6	6:15-7:30 PM	Mixed Arts Studio
		\$30	\$49	9-14 yrs	Mon 5/4	6:15-7:30 PM	Mixed Arts Studio

Youth Art Workshops							
Skills incorporated will include drawing, painting, sculpting and building. Mediums incorporated will include color pencils, paints, markers, sculpting mediums and building mediums. March 3- Foam Block 3D Project Build: Minecraft themed 3D model building April 7- Watercolor and Color Pencil on Watercolor Paper: Painting of Animals May 5- Model Magic 3D Sculpture Project: Animal sculptures in 3D form	\$30	\$49	9-14 yrs	Tue 3/3	6:15-7:30 PM	Mixed Arts Studio	
	\$30	\$49	9-14 yrs	Tue 4/7	6:15-7:30 PM	Mixed Arts Studio	
	\$30	\$49	9-14 yrs	Tue 5/5	6:15-7:30 PM	Mixed Arts Studio	
Adult Workshops	Member FLAT FEE	Non-member FLAT FEE	Age	Date	Time	Location	
Adult Canvas Painting							
Get creative, and enjoy a relaxing afternoon of painting in our NEW Adult Canvas Painting class. Whether you're a beginner or have some experience, this guided session is designed to be fun, stress-free, and welcoming for all skill levels. You'll learn basic painting techniques while creating your own canvas artwork to take home. March 11- Watercolor on Watercolor Paper: Painting of a Koi Pond April 15- Acrylic on Canvas Bag: Painting of Tulips May 13- Watercolor on Watercolor Paper: Painting of Spring Animals	\$30	\$49	18+	Wed 2/18	12:30-2:00 PM	Recreation Center	
	\$30	\$49	18+	Wed 3/11	12:30-2:00 PM	Recreation Center	
	\$30	\$49	18+	Wed 4/15	12:30-2:00 PM	Recreation Center	
	\$30	\$49	18+	Wed 5/13	12:30-2:00 PM	Recreation Center	
Contact Kyle Creighton with questions at kcreighton@ymcarivercrossing.org or 215.536.8841, x3114							
PICKLEBALL							
Adult Pickleball	Member FLAT FEE	Non-member FLAT FEE	Age	Day	Time	Location	
Beginner Pickleball Clinics							
If you have never played pickleball or recently started, this is the clinic for you. Join the fastest growing sport in the country! Clinics cover basic stroke production and technique, scoring, court positioning and basic strategy. Each clinic will have 8 participants and 1 instructor.	\$26	\$43	18 yrs+	Sat 2/7	1-2:30 PM	Main Gymnasium	
	\$26	\$43	18 yrs+	Sat 4/11	1-2:30 PM	Main Gymnasium	
Beginner Pickleball Class							
March 10 - April 28 (8 weeks) - Specifically for beginners - learn Pickleball rules and gameplay. Class is led by a Pickleball Instructor.	\$101	\$167	18 yrs+	Tue	9:30-10:30 AM	Main Gymnasium	

SPORTS & ARTS

Quakertown | Spring

GYMNASTICS LESSONS

Questions? Contact Jolene Head at jhead@ymcarivercrossing.org

MONTHLY DRAFT - Members \$71 / Non-members \$117 - for all 60 minute classes

(30-min and 40-min classes are priced as indicated below)

Gymnastics Classes	Member MONTHLY	Non-member MONTHLY	Age	Day	Time
Baby Ninja - Parent/Tot Class					
	\$37	\$61	12-36 mos	Tue	9:30-10 AM
Baby Ninja allows your child to play, have fun, bond with their Ninja grown-up, and learn body awareness. Socialize your child, allow them to learn and understand what it means to follow instruction, and of course, get them moving. Class skills include fundamental movement, coordination, fine and gross motor skill development. For stable walkers through age 3.	\$37	\$61	12-36 mos	Wed	9:30-10 AM
	\$37	\$61	12-36 mos	Sat	9-9:30 AM
Kindergym Jr - Parent/Tot Class					
Instructional Parent tot class. Children will do basic gymnastics skills with guidance of their parents or caregiver and under instruction of a gymnastics teacher.	\$37	\$61	18 mos-3 yrs	Thu	9:30-10 AM
Kindergym					
Instructional preschool gymnastics classes. Children will use all pieces of apparatus; vault, bars, beam, floor and tumble trak. Evaluations will occur every other month to monitor progress. This is a child independent class and parents observe from the hallway. Children should be potty-trained to participate in this program.			3-5 yrs	Mon	10:30-11:30 AM
			3-5 yrs	Tue	10:30-11:30 AM
			3-5 yrs	Tue	4:45-5:45 PM
			3-5 yrs	Wed	10:30-11:30 AM
			3-5 yrs	Thu	10:30-11:30 AM
			3-5 yrs	Thu	4:45-5:45 PM
			3-5 yrs	Sat	9:30-10:30 AM
			3-5 yrs	Sat	10:30-11:30 AM
Tumbling Tigers					
Boys only preschool gymnastics classes. High energy kids will run through a floor circuit and then will also use other equipment each week such as vault, bars, beam or tumble trak. This is a child independent class and parents observe from the hallway. Children should be potty-trained to participate in this program.			Boys 3-5 yrs	Sat	9:30-10:30 AM
Obstacle Ninja					
Your child will run through obstacles like a warrior. This class will have physical challenges each week and children will work to improve physical strength and endurance.	\$43	\$71	5-12 yrs	Fri	5-5:40 PM
Progressive Gymnastics					
Gymnastics Level 1					
For the beginner gymnast with no formal gymnastics training and for those gymnasts who have not tested out of the Level 1 program. Skills are taught on all pieces of equipment (vault, bars, beam, floor, and tumble trak.) Evaluations will occur every other month to monitor progress.			5-14 yrs	Mon	9:30-10:30 AM
			5-14 yrs	Mon	4:45-5:45 PM
			5-14 yrs	Tue	4:45-5:45 PM
			5-14 yrs	Wed	5-6 PM
			5-14 yrs	Thu	4:45-5:45 PM
			5-14 yrs	Fri	5:45-6:45 PM
			5-14 yrs	Sat	9:30-10:30 AM

					5-14 yrs	Sat	10:30-11:30 AM
					5-14 yrs	Sat	11:30 AM-12:30 PM
Gymnastics Level 2							
For the gymnast who has completed and/or tested out of the Level 1 program. Skills are taught on all pieces of equipment (vault, bars, beam, floor, and tumble trak.) Evaluations will occur every other month to monitor progress.							
					5-14 yrs	Mon	9:30-10:30 AM
					5-14 yrs	Mon	4:45-5:45 PM
					5-14 yrs	Tue	4:45-5:45 PM
					5-14 yrs	Wed	5-6 PM
					5-14 yrs	Thu	4:45-5:45 PM
					5-14 yrs	Fri	5:45-6:45 PM
					5-14 yrs	Sat	9:30-10:30 AM
					5-14 yrs	Sat	10:30-11:30 AM
					5-14 yrs	Sat	11:30 AM-12:30 PM
Gymnastics Level 3							
For the gymnast who has completed and/or tested out of the Level 2 program. Skills are taught on all pieces of equipment (vault, bars, beam, floor, and tumble trak.) Evaluations will occur every other month to monitor progress.							
					5-14 yrs	Mon	4:45-5:45 PM
					5-14 yrs	Tue	4:45-5:45 PM
					5-14 yrs	Wed	5-6 PM
					5-14 yrs	Thu	4:45-5:45 PM
					5-14 yrs	Sat	10:30 AM-11:30 AM
					5-14 yrs	Sat	11:30 AM-12:30 PM
Gymnastics Level 4							
For the gymnast who has completed and/or tested out of the Level 3 program. Skills are taught on all pieces of equipment (vault, bars, beam, floor, and tumble trak.) Evaluations will occur every other month to monitor progress.							
					5-14 yrs	Mon	4:45-5:45 PM
					5-14 yrs	Wed	5-6 PM
					5-14 yrs	Sat	11:30 AM-12:30 PM
Boys Level 1 & 2							
Boys only beginner gymnastics - Boys focus on skills on floor, bar, tumble track, and vault, as well as some basic balance work.							
					5-10 yrs	Mon	4:45-5:45 PM
					5-10 yrs	Thu	4:45-5:45 PM
Quakertown Gymnastics Class Show 2026							
The gymnastics class show is an opportunity for participants to showcase skills they have learned during class. Gymnasts must be registered in a current gymnastics program for the months of March, April, May 2026 to participate.							
		\$30		\$48		Sat May 30 and Sun May	TBD

GYMNASTICS TEAM

Questions? Contact Janine Brown at
jmbrown@ymcarivercrossing.org or 215.536.8841, x3116

Gymnastics Team Practice		Member MONTHLY	Non-member MONTHLY	Age	Days & Times
Team Program - Invitation Only					
Xcel Silver	(4) hours per week practice schedule	\$148	--	6-18 yrs	Wed 6-8 PM & Sat 12:30-2:30 PM
Level 3	(4) hours per week practice schedule	\$148	--	6-18 yrs	Mon 5:30-7:30 PM & Wed 6-8 PM
Level 4, Xcel Gold	(6) hours per week practice schedule	\$180	--	6-18 yrs	Tue & Thu 5:30-8:30 PM
Level 4, 6, 7, 8, Xcel Gold, Xcel Platinum, Xcel Diamond	(9) hours per week practice schedule	\$215	--	6-18 yrs	Mon, Tue & Thu 5:30-8:30 PM
Pre Team - Invitation Only					

For children who are looking to be part of our competitive program in the future. Must be recommended by the director or the child's current gymnastics coach. Gymnasts must be at least a Level 3 to be recommended for this program. Contact the gymnastics director for additional information jmbrown@rivercrossingymca.org		\$121	\$200	6-10 yrs	Tue 11:30 AM-1:30 PM
		\$121	\$200	6-10 yrs	Fri 4:45-6:45 PM
		\$121	\$200	6-10 yrs	Sat 10:30 AM-12:30 PM
Pre Team Jr - Invitation Only					
For children who are looking to be part of our competitive program in the future. Must be recommended by the director or the child's current gymnastics coach and have the designated skill set for this program. This two hour a week program which will be broken up into two, one hour practice times. Contact the gymnastics director for additional information jmbrown@ymcarivercrossing.org		\$121	\$200	4-8 yrs	Wed 4:45-5:45 PM & Sat 9:30-10:30 AM
		\$121	\$200	4-8 yrs	Tue & Thu 4:45-5:45 PM
Team Conditioning Class					
Focus on conditioning skills and an extra opportunity to work bar skills. All participants must currently be on gymnastics team and enrolled in the monthly team program. This program follows the team schedule of holiday cancellations and team break weeks.		\$20	--	6-18 yrs	Tue 8:30-9 PM
		\$20	--	6-18 yrs	Wed 8-8:30 PM
Gymnastics Team Lessons					
				Member FLAT FEE	Non-member FLAT FEE
Team Program - Invitation Only	(1) Private Lesson	6-18 yrs		\$43	--
	(5) Private Lessons	6-18 yrs		\$185	--
	(10) Private Lessons	6-18 yrs		\$342	--
	Routine Clinic	6-18 yrs		\$20	--

SPORTS & ARTS

All Branches | Spring

METRO ESPORTS LOUNGE

Questions? Contact metroesports@ymcarivercrossing.org

Gaming Lounge Open Hours and age policy: 6 yrs+ Kids 8 and under must be accompanied by chaperone. Kids 9-11 should have a parent in the building.	Doylestown	Fairless Hills	Warminster
	Mon-Fri 2:30-9 PM Sat-Sun 2:00-6:00 PM	Mon-Fri 3:30-8:00 PM Sat-Sun 2:00-5:00 PM	Mon-Fri 4:00-7:00 PM Sat-Sun 9:00 AM-2:00 PM

Esports Lounge Daily Pass

Daily Drop-In Pass / Friday Night Tournament Pass

Age	Member	Non-member Drop-In Pass
6 yrs+	--	\$10

DAY-OFF-SCHOOL CAMPS

Doylestown

Broadcasting & Shoutcasting (Holiday School-Day-Off Camp)

Combine technology and creativity with our day off from school Content Creation program! Participants will explore the basics of content creation, learning essential skills like broadcast production, livestreaming, podcasting, recording, and editing. Whether you are an aspiring YouTuber, a future TikTok sensation, or a natural podcaster, this program will help you learn how to create engaging, high-quality content.

Fairless Hills

Esports Camp (President's Day School-Day-Off Camp)

Play, compete, and learn in this dynamic school day-off camp! Campers will experience a balanced mix of casual gaming, team-based challenges, mini-lessons, and friendly tournaments—all designed to build teamwork, confidence, and sportsmanship. The day also includes screen breaks, activity time in the gym, and lessons in healthy gaming habits, led by experienced Metro Esports instructors. With expert supervision and a focus on safe, positive play, participants will enjoy a fun and enriching day of esports excitement.

Build-a-PC (Eid al-Fitr School-Day-Off Camp)

Join us for a fun day-off school camp, and learn how to build your very own gaming computer! Our Build a PC Day Camp will show kids the different parts of a computer, how they work together, and even take a part and reassemble some Metro PCs. Kids will also get to play games on the computers they build. And to top it all off, they'll have a blast with a special computer-building simulator game and a casual gaming tournament at the Metro Esports day camp.

Warminster

Roblox & Minecraft (President's Day School-Day-Off Camp)

Spend your day off school exploring, building, and gaming in Minecraft and Roblox! Campers will enjoy hands-on play mixed with engaging lessons in Minecraft Education Edition and Roblox Studio. Kids will learn how games are made, practice coding and design basics, and jump into building their own creative worlds. The day also includes friendly gaming challenges, group activities, and plenty of time to team up with friends in the esports lounge for challenges and activities.

Esports Camp (Holiday School-Day-Off Camp)

Play, compete, and learn in this dynamic school day-off camp! Campers will experience a balanced mix of casual gaming, team-based challenges, mini-lessons, and friendly tournaments—all designed to build teamwork, confidence, and sportsmanship. The day also includes screen breaks, activity time in the gym, and lessons in healthy gaming habits, led by experienced Metro Esports instructors. With expert supervision and a focus on safe, positive play, participants will enjoy a fun and enriching day of esports excitement.

ESPORTS/GAMING PROGRAMS

Doylestown							Member FLAT FEE	Non-member FLAT FEE
	Date	Age	Day	Time				
Fortnite Friday	Every Friday	All ages	Fri	4-6 PM	\$0	\$10 drop-in		
Ready to mastered Fortnite? Raise your game at Fortnite Friday!								
Every Friday at Metro Esports, battle it out in rotating Fortnite modes: Elimination Race, Box Fights, Zone Wars, and more. Bring your squad or enter solo and get matched against others to win Metro Coins - redeemable for gaming gear, merch, and so much more at the Metro Shop! Whether you're a rookie or a pro, the competition is fierce, and the prizes are epic!								
Stop by any Friday, from 4 to 6 PM to participate! Competition format changes each week.								
Metro Esports - Parent's Night Out	Feb 13	All ages	Fri	5:30 - 9pm	\$35	\$57		
	Feb 27		Fri	5:30 - 9pm				
Enjoy a night out and drop off your kids at the YMCA x Metro Esports Lounge. Participants will enjoy a proctored, curated night of creativity and fun through a range of activities in Minecraft and Roblox! Group building projects, fun challenges, and so much more!								
Adaptive Arcade	Feb 15th	All ages	Sun	12:00-1:30pm	\$0	\$10 Drop-in		
Welcome to Adaptive Arcade — where every gamer gets to shine! This program is built for youth and teens with disabilities who want to play, create, laugh, and explore games in a calm, supportive space. Enjoy accessible gaming setups, friendly coaches, and fun co-op and creative games that encourage teamwork and social play — with lower noise, softer lighting, and flexible pacing for comfort.								
Metro Co-Op Night	March 13th	All ages	Fri	5pm-7pm	\$0	\$10 Drop-in		
Grab a friend, a sibling, or a parent and team up for Metro Co-Op — a fun, social game night built around the best two-player and team-based games! Each week features casual and competitive challenges for duos to complete together, from creative missions to friendly matchups against other pairs. Perfect for families who love gaming, players looking for a new duo partner, or friends who just want to hang out and play. Just good games, good vibes, and great company!								

Fairless Hills							Member FLAT FEE	Non-member FLAT FEE
	Date	Age	Day	Time				
\$100 Madden Tournament	February 23rd	All ages	Monday	5:00 - 7:00 PM	\$0	\$10 Drop-in		
Here's your shot to win \$100 gaming gift card — no strings, just skill. Free for YMCA members, and friends can join with a \$10 day pass. This 1v1 double-elimination showdown follows the standard Madden competitive ruleset, so bring your best game and stay sharp. Players will battle through the bracket until one champion remains — every match counts, and every play matters! Whether you're here to compete or just watch the action, this is where bragging rights get earned in Fairless Hills.								

Warminster							Member FLAT FEE	Non-member FLAT FEE
	Date	Age	Day	Start Time				
Motion & Memory Game Time	Feb 19th	All ages	Thursday	9:30-10:30 AM	\$0	\$10		
Get moving, laughing, and thinking with Motion & Memory Game Party — a social videogaming experience designed just for Active Older Adults! Join us for lighthearted party games that blend fun, movement, and mental fitness. Using easy-to-learn technology like the Nintendo Switch and interactive games, participants team up, play, and challenge both body and mind in a relaxed, inclusive environment. No gaming experience needed — just bring your sense of humor and a readiness to play!								

S.T.E.A.M. Programs

Doylestown							Member FLAT FEE	Non-member FLAT FEE
	Date	Age	Day	Time				
Film & Storytelling (Course)	Feb 7th - March 28th	All ages	Sat	12:00 - 1:30 PM	\$165	\$270		
Film & Storytelling @ Metro Esports is an 8-week, hands-on creative program at YMCA Doylestown where participants turn their ideas into compelling on-screen stories from concept to final cut. Across the session, we explore visual storytelling, scriptwriting, shot composition, and pacing while introducing professional-grade cameras, audio, lighting, and beginner-friendly editing tools in an accessible, supportive environment. Participants will rotate through real production roles—director, camera, sound, talent, editor—learn how to plan and organize shoots, practice hands-on with professional equipment, and collaborate to create a short film or content piece to share at the end of the program.								
A.I. Pioneers Lab (Course)	Mar 7 - Apr 25	All ages	Sat	9:30 - 11:00 AM	\$165	\$270		

Artificial Intelligence is transforming the world, and today's students have the chance to be part of that future. AI Pioneers introduces kids to the exciting world of artificial intelligence and machine learning through creativity, curiosity, and hands-on exploration. Students will learn how machines "think" and make decisions, explore real-world examples of AI in gaming, coding, and design, and experiment with beginner-friendly tools that bring these concepts to life. Rather than teaching kids to use AI as a shortcut, this program helps them understand how it actually works, and how it's powering the next generation of technology, from smarter video games to digital art, music, and storytelling. Whether your child dreams of becoming a developer, designer, or digital innovator, AI Pioneers builds the foundation for understanding and shaping the future of technology.

Fairless Hills	Date	Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE
Minecraft & Code (Course)	Mar 7 - Apr 25	All ages	Sat	12:30 - 2:00 PM	\$125	\$206

Join us for Metro Esports's "Minecraft & Code" program at the YMCA, an exciting eight-week adventure where participants of all skill levels can dive into Minecraft challenges and learn coding through both the classic game and Microsoft's Minecraft Education Edition. This program is perfect for coding beginners and offers a fun, engaging way to gain foundational coding skills. Participants will enhance their problem-solving and strategic thinking abilities, culminating in a STEM.org certified certification in Coding in Minecraft upon completion.

Warminster	Date	Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE
Roblox Studio Weekly Workshop (Course)	Jan 12 -Mar 2	All ages	Mon	5:30 - 7:00 PM	\$125	\$206

Campers will be immersed in game development basics using Roblox Studio, where they'll learn beginner coding skills to create and test mini-games. Campers engage in level design, game mechanics, and peer collaboration, gaining valuable insights into game structure and digital storytelling in a fun, interactive setting. By the end of the day, campers will have all the fundamental skills to build their very own Roblox map!

ESPORTS Parties

Questions? Contact metroesports@ymcarivercrossing.org

Esports Parties		Member FLAT FEE	Non-member FLAT FEE
Options Available by Location:			
Doylestown Esports Parties	Friday 6-8 PM or Saturday & Sunday 3-5 PM During Hours - 15 kids included - Shared Space	\$365	\$450
	Saturday & Sunday 6-8 PM After Hours - 25 kids included - Private Rental	\$499	\$595
Fairless Hills Esports Parties	Saturday & Sunday 12-2 PM Before Hours - 18 kids included - Private Rental	\$289	\$384
	Saturday & Sunday 5-7 PM After Hours - 18 kids included - Private Rental	\$339	\$434
	<i>Add-on - Additional Studio Space added to all Rentals:</i>	\$54	\$54
Warminster Esports Party	Saturday & Sunday 12-2 PM and 3-5 PM - 16 kids included - Private Rental	\$289	\$384
	<i>Add-on - Additional Studio Space added to all Rentals:</i>	\$54	\$54
Add-Ons Available at All Locations	Additional Child		\$10 each
	1 Additional Hour added to Rentals		\$160

FAMILY & COMMUNITY

Quakertown | Spring

Parent's Night Out

Parent's Night Out (PNO)

Kids enjoy a fun evening at the Y and parents can enjoy a night out! Includes games, a craft, pizza, snacks, and a movie. - Registration for two or three children pricing must be completed over the phone or in person to receive the reduced rate. Member rate available to children with a youth or family membership. Questions? Contact Tiffany Drews at tdrews@ymcarivercrossing.org.

2026 - Mar. 13, Apr. 10, May 8, Jun. 5

Member FLAT FEE	Non-member FLAT FEE	Age	Date	Time	Location
		3-12 yrs	Fri	5:30-9 PM	Stay & Play
\$33	\$54	(1) child			Quakertown
\$45	\$74	(2) children <i>(requires phone / in-person registration)</i>			
\$54	\$89	(3) children <i>(requires phone / in-person registration)</i>			
\$9	\$15	<i>Each additional child</i>			

STAY & PLAY

Questions? Contact Tiffany Drews at tdrews@ymcarivercrossing.org

Member Use - Open Hours

Children 3 months through 12 years can play and have fun in Stay & Play while you workout or utilize the facility. Stay & Play is provided free of charge for up to two hours per day to Adult, Adult Couple, Family 1 and Family 2 membership type categories.

[Visit our website for more detailed information](#)

3 mos-12 yrs	Mon-Thu 8:30 AM-12:30 PM Mon-Thu 4-7:30 PM	Fri 8:30 AM-12:30 PM Sat 8:30 AM-12:30 PM
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Try Our Sitter Service!

For ages 3 mos-12 years - Offered during Stay & Play hours to those who need to leave the Y campus for errands, appointments, shopping, etc. Registration required prior to drop-off.

90 minutes or 3 hours
Prices start at \$19 member / \$31 non-member

PARTIES & RENTALS

Celebrate your next party at the Y!

Pool parties and facility rentals are available at the Quakertown branch.

[Visit our website for all of our party options](#)

ABILITY LESSONS & CLASSES

Contact Tim Ryan with questions at tryan@ymcarivercrossing.org

Adapted Aquatics Private Lessons		Age	Member FLAT FEE	Non-member FLAT FEE
Private Swim Lessons	30 minutes - (4) lessons	5 yrs+	\$165	\$272
<i>1:1 Ratio Student / Instructor</i>	30 minutes - (8) lessons	5 yrs+	\$325	\$536

Mainstream Group Classes - With Adapted Support	Member MONTHLY	Non-member MONTHLY	Age	Day	Time	Location
<i>In addition to ability-specific programs, the below youth programs can become an ability program through our Inclusive Programming Model. Children can join their peers of all abilities in a variety of mainstreamed youth programs with the assistance of an ability instructor.</i>						
Dragon Warriorz Basic Shotokan Karate techniques mixed with interactive games and exercises to develop self-esteem and confidence. Learn respect, humility, focus and discipline.	\$54	\$89	5-8 yrs	Wed	6:15-6:45 PM	Upstairs Space
Youth & Adult Karate - Beginner (Belts - White & Candidate Yellow) JKA Style Shotokan Karate using the AJKA-I curriculum. Learn the traditional art of self defense, and enjoy the benefits of increased flexibility, balance, strength and character development.	\$61	\$100	8 yrs+	Wed	6:50-7:50 PM	Upstairs Space

ABILITY EVENTS

Contact Tim Ryan with questions at Tryan@ymcarivercrossing.org or 267-884-9461

Youth & Teen Events	Member FLAT FEE	Non-member FLAT FEE	Age	Day	Time	Location
Ability Teen Night A night for teens to come together for dancing, food and activities. Teens will enjoy pizza with friends, then participate in the night's activity. The night ends with a dance party.	\$25	\$35	13-21 yrs	Fri	6:30-8:30 PM	Rec Center
Feb. 27, 2026	\$25	\$35	13-21 yrs	Fri	6:30-8:30 PM	Rec Center
March 27, 2026	\$25	\$35	13-21 yrs	Fri	6:30-8:30 PM	Rec Center
April 24, 2026	\$25	\$35	13-21 yrs	Fri	6:30-8:30 PM	Rec Center
May 29, 2026	\$25	\$35	13-21 yrs	Fri	6:30-8:30 PM	Rec Center

All YMCA River Crossing wellness programs and personal training packages are available for ages 12 years and older unless otherwise noted.

WELLNESS TOOLS & PROGRAMS

Stay Well Coaching

Let River Crossing YMCA guide you on your health and wellness journey with Stay Well Coaching! Designed with friends in mind, sign up with a group of 3 or more to meet regularly for (10) 60-minute in-person sessions. A Y fitness professional will work with your group in behavior change techniques, nutrition coaching, stress reduction, fitness, accountability, and support.

ONE TIME FEE / PRICING IS PER PERSON	NON-MEMBER		MEMBER		NON-MEMBER	
	MEMBER	NON-MEMBER	MEMBER	NON-MEMBER	MEMBER	NON-MEMBER
Package Options	3 People		4 People		5 People	
60 minutes - (10) Sessions	\$156	\$257	\$139	\$229	\$122	\$201

Keep the Beat - A Cardiopulmonary Maintenance Program

Specifically for patients who've graduated from cardiac or cardiopulmonary rehabilitation and want to maintain optimal heart and vascular health, this cardiac rehab maintenance program promotes the continuation of exercise with the support of a fitness professional to build lifelong healthy habits and maintain a healthy heart and lungs. As a collaboration between St. Luke's Cardiopulmonary Rehabilitation and the Y, this program includes an initial fitness consultation appointment with a cardiac rehab certified personal trainer to discuss your goals and establish an exercise plan in continuation of your rehab, an optional InBody body composition scan, and six 30-minute personal training sessions. Participation in the program includes four weeks of full branch access.

ONE TIME FEE	MEMBER	NON-MEMBER
4-week Program (6) Sessions - 30 minutes	\$170	\$170

Heart Strong

A unique exercise program specifically for patients who've participated in Doylestown Health cardiac rehabilitation and want to maintain optimal heart and vascular health. A collaboration between Doylestown Health and community gyms, the Heart Strong program keeps patients fit with prescribed exercises from their cardiac rehab team. Participation in the program includes six weeks of full branch access.

ONE TIME FEE	MEMBER	NON-MEMBER
6-week Program (12) Sessions - 30 minutes	\$436	\$436

InBody Scan

Members receive a complimentary InBody scan with fitness consultation every 3 months with their YMCA membership. Additional scans may be purchased at \$25 per scan.

ONE TIME FEE	MEMBER	NON-MEMBER
Free every 3 months for YMCA members, with consultation		
<i>Additional available at:</i>	\$25	\$40

PERSONAL TRAINING

Questions? Contact fitnessinquiries@ymcarivercrossing.org

Personal Training Club

Join the PT Club and get one-on-one time with a personal fitness trainer who can help you meet your goals or get started on your fitness journey. Club prices are lower than package pricing. Clients may carry over one unused session per month. Fees run as a continual draft on the 1st of the month with no need to reregister each month.

There is a three month minimum commitment in order to receive the discounted pricing.

MONTHLY RATES	MEMBER	MEMBER	MEMBER
Monthly Package Options	30 minutes	45 minutes	60 minutes
(4) Sessions (1 per week)	\$104	\$152	\$199
(8) Sessions (2 per week)	\$208	\$303	\$398
(12) Sessions (3 per week)	\$313	\$455	\$597

Personal Training

ONE TIME FEE	MEMBER	NON-MEMBER	MEMBER	NON-MEMBER	MEMBER	NON-MEMBER
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Personal Training Packages

One-on-one time with a personal fitness trainer who can help you to meet your goals or get started on your fitness journey.

Package Options	30 minutes		45 minutes		60 minutes	
(5) Sessions	\$150	\$248	\$214	\$353	\$278	\$459
(10) Sessions	\$278	\$459	\$403	\$665	\$530	\$875

First Time Personal Training Client Promotion

Special pricing for first time clients. All sessions must be used within 60 days of purchase.

(3) Sessions - 45 minutes	\$95	--				
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Limited Time - First Time Client Personal Training Promotion

From February 16 to March 8, River Crossing YMCA members who have never booked personal training can unlock exclusive first-time personal training packages at special discounted rates. Limit one offer per person. Package must be purchased by March 8, 2026, and all sessions must be used within 90 days of purchase.

(6) Sessions - 45 minutes			\$190	--		
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Limited Time - First Time Client Personal Training Promotion

From February 16 to March 8, River Crossing YMCA members who have never booked personal training can unlock exclusive first-time personal training packages at special discounted rates. Limit one offer per person. Package must be purchased by March 8, 2026, and all sessions must be used within 90 days of purchase.

(9) Sessions - 45 minutes			\$285	--		
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Partner Training

ONE TIME FEE / PRICING IS PER PERSON	MEMBER	NON-MEMBER	MEMBER	NON-MEMBER
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Partner Training Packages

There's no better way to stay motivated than to train with a friend. Partner Training allows you both to train, side-by-side with a Personal Trainer and stay on target!

Package Options	45 minutes		60 minutes	
(5) Sessions	\$133	\$219	\$173	\$285
(10) Sessions	\$232	\$383	\$309	\$510

Team Training

ONE TIME FEE / PRICING IS PER PERSON	MEMBER	NON-MEMBER	MEMBER	NON-MEMBER
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Team Training Packages

There's no better way to stay motivated than to train with a friend. Partner Training allows you both to train, side-by-side with a Personal Trainer and stay on target!

3 People

4 People

5 People

Package Options	45 minutes		60 minutes	
(5) Sessions	\$69	\$114	\$87	\$144
(10) Sessions	\$122	\$201	\$156	\$257
(5) Sessions	\$58	\$96	\$78	\$129
(10) Sessions	\$99	\$163	\$139	\$229
(5) Sessions	\$48	\$79	\$69	\$114
(10) Sessions	\$82	\$135	\$122	\$201